ABSTRACT

Diabetes Mellitus is the 10th largest disease on the 3rd floor of the General Hospital of RSPAD Hospital Gatot Soebroto. Based on the data obtained on the 3rd floor of general care of the Presidential Hospital of Gatot Subroto, Gatot Soebroto showed that the cases of Diabetes Mellitus in January-December 2017 reached 108 patients for Diabetes Mellitus disease. The purpose of this case study was able to perform nursing care with Diabetes Mellitus with a nursing process approach. Results of age studies over 45 years, high school education, Islamic religion, family history of DM, less physical activity and history of hypertension. Nursing issues include Nutrition Less than Body Needs, Pain, Infection Risk, Lack of Liquid Volume, Activity Intolerance, Lack of Knowledge. Nursing interventions carried out in the case studies of the 5 Diabetes Mellitus clients performed interventions in accordance with the nursing problems found in clients by addressing nutritional problems, pain, infection risk, fluid volume deficiency, activity intolerance, and lack of client knowledge about the disease. Implementation of nursing performed conducted in accordance with nursing interventions that have been prepared independent actions and collaborative action. The results of the evaluation obtained during the implementation of nursing for 3x24 hours, only partially solved by the problem, a small part is not resolved. The results of this case study by conducting health education for home planning on diet, drug therapy (insulin), control of blood glucose (GDS), and foot care.

Keywords : Nursing Care, Diabetes Mellitus, Health Education
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