

## SUMMARY

# PENGARUH EFEK SAMPING KEMOTERAPI TERHADAP GANGGUAN CITRA TUBUH PASIEN KANKER PAYUDARA DI PAVILİYUN KARTIKA RSPAD GATOT SOEBROTO JAKARTA

EFFECT OF CHEMOTHERAPY SIDE EFFECTS OF BODY IMAGE DISTURBANCE BREAST CANCER  
PATIENTS IN PAVILİYUN KARTIKA ARMY CENTRAL HOSPITAL JAKARTA

Created by WIDANTI VIRGIAN

**Subject** : EFEK SAMPING KEMOTERAPI  
**Subject Alt** : EFEK SAMPING KEMOTERAPI  
**Keyword** : Chemotherapy Side Effects;Body Image Disturbance

### Description :

Latar Belakang : Kanker payudara adalah suatu keganasan yang terjadi karena adanya sel dalam tubuh yang berkembang secara tidak terkendali. Di RSPAD Gatot Soebroto Jakarta, ditemukan data tahun 2013 kanker payudara 48,7% menduduki urutan pertama. Datapatient yang sedang menjalankan kemoterapi di Paviliyun Kartika sebanyak 6 orang (60%) mengalami gangguan citra tubuh.

Tujuan : Penelitian ini bertujuan untuk mengidentifikasi tentang efek samping kemoterapi terhadap gangguan citra tubuh pasien kanker payudara di paviliyun kartika RSPAD Gatot Soebroto Jakarta.

Metode Penelitian : Sampel yang digunakan adalah pasien kanker payudara yang menjalani kemoterapi yang lebih dari 2 kali, sebanyak 40 orang responden dengan teknik non probability sampling dan jenis purposive sampling. Metode yang digunakan dengan rancangan penelitian yang digunakan adalah penelitian analitik dengan desain cross sectional.

Hasil Penelitian : Berdasarkan 40 responden didapatkan hasil 24 orang (60.0%) terjadi efek kemoterapi dan 16 orang (40.0%) tidak terjadi efek kemoterapi, 22 orang (55.0%) citra tubuhnya terganggu dan 18 orang (45.0%) citra tubuhnya tidak terganggu. Hasil uji statistik dengan Alpha Cronbach nilai  $P=0,005$  ( $p<0,05$ ).

Kesimpulan : Penelitian ini dapat memberikan informasi bagi institusi pelayanan kesehatan tentang efek samping obat kemoterapi yang dapat menimbulkan dampak psikologis pada gangguan citra tubuh pasien kanker payudara, dapat menjadikan Standar Pelaksanaan Operasional (SPO) edukasi pasien tentang efek samping kemoterapi terhadap gangguan citra tubuh pada pasien kanker payudara.

### Description Alt:

Background: Breast cancer is a malignancy that occurs due to the presence of cells in the body grow out of control. Gatot Soebroto Army Hospital in Jakarta, the data in 2013 found 48.7% of breast cancer ranks first. Datapatient that are running in the Paviliyun Kartika chemotherapy for 6 people (60%) experienced body image disturbance. Objective: This study aimed to identify about side effects of chemotherapy on body image disturbance in patients with breast cancer Paviliyun Kartika Gatot Soebroto Army Central Hospital in Jakarta. Methods: The samples used were breast cancer patients who undergo chemotherapy are more than 2 times, as many as 40 respondents with a non-probability sampling techniques and types of purposive sampling. The method used to design the research study is a cross sectional analytic design. Results: Based on the result derived from 40 respondents 24 (60.0%) occurring effects of chemotherapy and 16 (40.0%) did not occur the effects of chemotherapy, 22 (55.0%) disturbed body image, and 18 people (45.0%) was not disturbed body image. The results of statistical tests with Cronbach alpha value of  $P = 0.005$  ( $p < 0.05$ ). Conclusion: This research may provide information to the health care institution about the side effects of chemotherapy drugs can cause a psychological impact on body image disturbance breast cancer patients, can make Operational Standards (SPO) educate

patients about the side effects of chemotherapy on body image disorder in breast cancer patients.

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**Contact Person :**

Astrid Chrisafi (mutiaraadinda@yahoo.com)

Thank You,

Astrid ( astrid.chrisafi@esaunggul.ac.id )

Supervisor