

SUMMARY

BEDA PENGARUH PENAMBAHAN LATIHAN SKIPPING PADA INTERVENSI ULTRASOUND & CALF RAISE TERHADAP STABILITY PADA KASUS SPRAINED ANKLE KRONIS

Created by SAYDAH

Subject : latihan skipping, intervensi ultrasound, latihan calf raise, stability ankle, sprain ankle

Subject Alt : latihan skipping, intervensi ultrasound, latihan calf raise, stability ankle, sprain ankle

Keyword : : latihan skipping; intervensi ultrasound; latihan calf raise; stability ankle; sprain ankle

Description :

Penelitian ini bertujuan untuk mengetahui perbedaan pengaruh penambahan latihan skipping pada intervensi ultrasound & latihan calf raise dapat meningkatkan stability ankle pada kasus sprain ankle kronis.

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Date Create : 24/07/2013

Type : Text

Format : pdf

Language : Indonesian

Identifier : UEU-Undergraduate-200865035

Collection : 200865035

Source : Undergraduate theses hygiene faculty

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