

## SUMMARY

# EFEK PENAMBAHAN THERABAND EXERCISE PADA INTERVENSI ULTRASOUND TERHADAP PENURUNAN NYERI KONDISI SPRAIN ANKLE KRONIK

Created by Kusuma Dirgantara

- Subject** : EFEK PENAMBAHAN THERABAND EXERCISE PADA INTERVENSI  
ULTRASOUND TERHADAP PENURUNAN NYERI  
KONDISI SPRAIN ANKLE KRONIK
- Subject Alt** : Tujuan : Penelitian ini bertujuan untuk mengetahui efek penambahan theraband  
exercise pada intervensi ultrasound terhadap penurunan nyeri kondisi sprain ankle  
konik. Sampel : Sampel terdiri dari 16 orang atlet yang datang ke unit fisioterapi  
POLIKLINIK
- Keyword** : theraband exercise, intervensi ultrasound, sprain ankle, teknik purposive  
sampling, tabel assessment, penelitian kuasi eksperimental, uji T Test Related, uji T Test  
Independent
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Supervisor