

## SUMMARY

# HUBUNGAN PEMBERIAN ASUHAN KEPERAWATAN DAN KECEMASAN KLIEN KANKER PAYUDARA YANG MENJALANI KEMOTERAPI DI RUANG INAP V BEDAH RSPAD GATOT SOEBROTO JAKARTA

NURSING CARE AND FEEDING RELATIONSHIPS  
BREAST CANCER THE ANXIETY CLIENTS  
UNDERGOING CHEMOTHERAPY IN THE HOSPITAL  
V SURGICAL OPERATION RSPAD GATOT SUBROTO JAKARTA

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**Subject** : KEPERAWATAN, KANKER PAYUDARA, KEMOTERAPI

**Subject Alt** : NURSING, BREAST CANCER, CHEMOTHERAPI

**Keyword** : Asuhan Keperawatan; Kecemasan; Kemoterapi

### Description :

Latar Belakang: Kemoterapi merupakan salah satu penatalaksanaan kanker yang dapat menimbulkan kecemasan sebagai akibat dari efek samping kemoterapi tersebut. Dilaporkan 15-40% dari pasien onkologi mengalami gangguan kecemasan. Kecemasan dapat dikurangi dengan pemberian asuhan keperawatan yang komprehensif secara biologis, psikologis, sosial dan spritual.

Tujuan Penelitian : untuk mengidentifikasi hubungan pemberian asuhan keperawatan terhadap kecemasan klien kanker payudara yang menjalani kemoterapi di ruang inap V bedah RSPAD Gatot Soebroto Jakarta.

Desain penelitian: yang digunakan adalah desain deskriptif korelasional dengan menggunakan metode cross- sectional dengan besar sampel berdasarkan Total Sampling sebanyak 32 responden. Uji statistik yang digunakan adalah Uji Square, dengan variabel independen asuhan keperawatan dan variabel dependennnya tingkat kecemasan.

Hasil penelitian: menunjukkan bahwa sebagian besar pasien menilai asuhan keperawatan yang diberikan baik (53%) dan yang kurang baik (46,9%) dengan tingkat kecemasan ringan 40,6% dan tingkat kecemasan berat 59,4%. Penelitian ini menunjukkan pemberian asuhan keperawatan yang baik akan menurunkan kecemasan klien yang menjalani kemoterapi dengan pengkajian keperawatan (p value 0.04), diagnosa keperawatan ( p value 0.01), rencana keperawatan ( p value 0.02), implementasi keperawatan ( p value 0.01), evaluasi keperawatan (p value 0,008). Nilai signifikan < 0,05 ( alpha 5%).

Simpulan: Disarankan agar perawat ruangan khususnya bagian kemoterapi untuk menerapkan komunikasi terapeutik yang efektif dengan mengadakan pelatihan intern in house training.

### Description Alt:

Background: Chemotherapy is one of the cancer treatment that could raise anxiety as a result and the side effects. Reported 15-40% of oncology patient experiencing anxiety disorders. Anxiety can be reduced by the provision of nursing care. The purpose of this research is identify a correlation between the provision of nursing care; biologically, psychologically, sociologically and spiritually.

Purpose of Research: to identify a correlation between the provision of nursing care wih anxiety of breast cancer client who are undergoing chemotherapy at Surgical Ward Room V of RSPAD Gatot Soebroto Jakarta.

Research Design: using descriptive correlations design with cross sectional method which sample amount based on Total Sampling are 32 respondents. The statistical test is using Chi- Square with the independent variable is nursing care and dependent variable is anxiety.

Result of Research: shows that majority of patient gave good value for nursing care (53%) and less value (46,9%) with

light anxiety level 40,6% and severe anxiety level 59,4%. This research shows that a good nursing care will reduce client anxiety undergoing chemotherapy with nursing assesment (p value 0,04), nursing diagnosis (p value 0,01), nursing planning ( p value 0,02), nursingf implementation ( p value 0,01), nursing evaluations (p value 0,008). Significant value < 5% (alpha 5%).

Conclusion: suggested to the room nurses especially in the chemotherapy departmen to implementing effective therapeutic communication by relying on internal training such as in- house training.

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