



# Health For All

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PROCEEDINGS

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# PROCEEDINGS



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INTERNATIONAL CONFERENCE ON PUBLIC HEALTH 2020

# THEME:

CHILDHOOD STUNTING, WASTING, AND OBESITY, AS CRITICAL GLOBAL HEALTH ISSUES: FORGING CROSS-SECTORAL SOLUTIONS



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Masters Program in Public Health Graduate Program, Universitas Sebelas Maret



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#### PREFACE

Welcome to the 7th International Conference on Public Health. This conference is hosted by Universitas Sebelas Maret, in Solo city, Indonesia. It is organized by the Master's Program in Public Health, Universitas Sebelas Maret. This is the 7th of the International Conference on Public Health since 2016 and yet it is the first to be conducted online.



The theme of this meeting is "Childhood Stunting, Wasting, and Obesity, as the Critical Global Health Issues: Forging Cross-Sectoral Solutions". But beforehand, I would like to greet warmly all of the participants of this meeting. It is my privilege and my pleasure to see all of you albeit virtually. I am pleased to acknowledge and welcome the honorable invited officials, the respectable guests, the distinguished international and national speakers, and the admirable participants.

Specifically, I would like to express appreciation to Prof. Ahmad Yunus the Vice Rector of Academic Affairs, who is on behalf of the Rector of Universitas Sebelas Maret, to open this conference officially.

Then, I would like to extend my gratitude to all of the international and national speakers who have spared their valuable time to attend this online conference. Our distinguished invited speakers to whom we will listen their presentation are as follows:

- 1. Prof. Sandra Lopez Arana from the Department of Nutrition, the University of Chile, in Santiago, Chile
- 2. Prof. Linda Adair from the Department of Nutrition, Gillings School of Global Public Health, the University of North Carolina, in Chapel Hill, North Carolina, USA
- 3. Prof. Jenny Ruducha, the Director of the Braintree Global Health, in Vancouver, British Columbia, Canada.
- 4. Prof. Ashir Ahmed from the Department of Advanced Information Technology, the Kyushu University, in Fukuoka, Japan
- 5. Prof. Michael Dibley from the Sydney School of Public Health, the University of Sydney, in Sydney, Australia
- 6. Prof. Sanjay Mohanty from the Department of Fertility Studies, the International Institute for Population Sciences (IIPS), in Mumbai, India
- 7. Prof. Adang Bachtiar from the Faculty of Public Health, Universitas Indonesia, in Jakarta, Indonesia, who is also the Chairman of the Advisory Board, the Indonesian Public Health Association (IAKMI).
- 8. Dr Hanung Prasetya from the School of Health Polytechnics, Ministry of Health, in Solo, Indonesia, who is also the Secretary of this conference.

Next, I would like to acknowledge the important participation of more than 667 participants coming from 5 countries including Myanmar, Taiwan, Japan, Malaysia, and Indonesia. These participants are mainly graduate students, and the remaining are academicians, public health and nutrition professionals, clinicians, and health researchers.

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, November 18-19, 2020 | iii V e More than 74 institutions are participating in this meeting, including universities, schools of health sciences, schools of health polytechnics, schools of midwifery, hospitals, and district health offices.

Due to time constraint, I would mention just two of them with the largest contingents, they are the University of Indonesia in Jakarta and the University of Aisyiah in Yogyakarta. As I mentioned before the theme of this conference is *"Childhood Stunting, Wasting, and Obesity, as the Critical Global Health Issues: Forging Cross-Sectoral Solutions"*. This conference aims to discuss the current problems of childhood malnutrition (including stunting, wasting, overweight, and obesity), their causes and consequences. It also aims to discuss and provide recommendations of the multisectoral and transdisciplinary solutions to childhood malnutrition that can lead to a damaging long-term impact but also because it may emerge as an adverse impact of Covid-19 pandemic.

The conference is conducted in two days. It has 3 programs including: (1) Symposium; (2) Workshop; and (3) Oral Presentation of the participant research work. The oral presentation is divided into five areas including: (1) Epidemiology and Public Health; (2) Health Promotion and Behavior; (3) Maternal and Child Health; (4) Health Policy and Management; and (5) Medicine.

Finally, I wish you all could benefit much from this conference. Please enjoy yourself to listen, present, discuss, get inspired, and recommend. Thank you.

Bh The

Surakarta (Indonesia), November 18-19, 2020.

Prof. Bhisma Murti Chair, 7th International Conference on Public Health (7th ICPH)

> The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, November 18-19, 2020 | iv

TABLE OF CONTENT	
Cover	i
Preface	iii
Table of Content	v
I. Background	1
II. Mission	29 Vers
III. Theme	29
IV. Aim and Objectives	29
V. Venue and Date	29
VI. Participants	29
VII. Curriculum Vitae	30
VIII. Programs	32
IX. Invited Speakers	33
X. Schedule of International Conference on Public Health	36
XI. Subject	39
XII. Abstract Oral Presentation XIII. Oral Presentation Schedule	45
XIV. The 7 <sup>th</sup> ICPH 2020 Organizing Committee	430 465
AIV. The / TOFTI 2020 Organizing Committee	405
<b>TOPIC I: EPIDEMIOLOGY AND PUBLIC HEALTH</b>	
Patient Characteristics with the Drugs Provocation Test in Sanglah	
Hospital from 2017 to 2018	46
I Kadek Adi Paramartha, I Ketut Suadarmana	40
1 Radok Hat I ar amar tha, 1 Rotat Sadaar mana	
Hypertension Risk Factors Among Obese Adolescent	47
Reny Tri Febriani, Nining Loura Sari	77
Analysis of the Causes of Death in Indonesia Due to Accident Based	
on the Sample Registration System from 2014 to 2016	48
Retno Widyastuti, Anhari Achadi, Yuslely Usman, Tita	
Rosita, Merry Lusiana	
Covid-19 Prevention in Micronutrients Perspective: A Narrative	
Review	49

Febry Istyanto

The Association Between Patient Satisfaction, Nutrition Expert Consultation Practice, and the Quality of Nutrition Service at Inpatient Ward, Hanau Hospital *Atet Kurniadi, Pujiyanto* 

Determinants of Language Development among 1 Year Old Children in Malang, East Java Yuniastuti Ni Putu Ayu Krisna, Tarsikah, Widyana Erni Dwi

Disability Perception in Sexuality and Reproductive Health Needs: a Scoping Review

Youlenta Ernesontha, Nurul Kurniati, Mufdlilah

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | v V C I

50

51

Burden and Quality of Life of Dependent Elderly Caregivers in Pakuncen Village Yogyakarta Herose Cendrasilvinia, The Maria Meiwati Widagdo, Widya Christine Manus	53
The Correlation between Secretory Phospholipase A2 Type IIa Levels and Mean Platelet Volume among Type 2 Diabetes Mellitus Patients Woro Ayu Sekararum, Nurfitri Bustamam, Hikmah Muktamiroh, Harli Amir Mahmudji	Universi 54
Determinant of Malaria Incidence in the Coastal Area of East Lombok, West Nusa Tenggara <i>Muhammad Kazwaini, Chatarini U. Wahyuni</i>	55
Risk Factors of Malaria Cases among Children Under Five in Bonggo Community Health Center, Sarmi, Papua Province Lalu Irwandi, Hari Basuki Notobroto	56
The Correlation between Social Determinants and Environmental Condition with Measles Cases among Infants in Padang, West Sumatera Iyana Putri, Adang Bachtiar	57
The Relationship between <mark>Sun</mark> Exposure, Hat, and Pterygium Disease among Fisherman in Bengkulu <i>Dwi Putri Sulistiya Ningsih, Ida Rahmawati</i>	58
Gender and Occupation on Fine Motor Skill among Infants Aged 6- 11 Months <i>Catur Retno Lestari</i>	59 SC
The Influence of Social Capital, Parenting, and Environment on Quality of Life among 2-4 Years Old Children Heni Puji Wahyuningsih, Bhisma Murti, Eny Lestari, Reviono	60
A Compliance on Profilactical as a Dominant Factor Towards Filariasis Events in Jambi Province as a High Endemis Regency <i>Ummi Kalsum, Jumati, Damris Muhammad</i>	61
Determinant Factors of Covid-19 Transmission among of Health Personnel: A Systematic Review <i>Wenny Wiharsini, Wahyu Sulistiadi</i>	62
Development of Surveillance for Stunting in Parigi-Moutong, Central Sulawesi	63

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | vi

Revy Tilaar, Asmaraf <mark>ia, K</mark> urniati, Ismi Maudi <mark>la</mark> h Hardianti, Rossi Sanusi	
The Effect of Infection Prevention and Control Link Nurse Supervision and Resource Availability on Paramedic Hand Hygiene at Hanau Hospital, Seruyan District, Central Kalimantan <i>Jhonferi Sidabalok, Pujiyanto</i>	64 iversit
Rubella Outbreak in School Age Children in Kulon Progo District, Yogyakarta Siti Nurfadilah H, Riris Andono Ahmad, Sugiarto	65
Factors Related to Malnutrition Events in Under-Five Children in Kabukarudi Village, East Nusa Tenggara Nepriana Buta Rade, Theresia Puspitawati, Jati Untari	66
The Influence of Behavior Factors on the Incidence of Syphilis in High-Risk Men in Public Health Centers, Medan, North Sumatera Vicky Arfeni Warongan, Fazidah Aguslina Siregar, Etti Sudaryati	67
Risk Factors of Covid-19 Transmission between Hospital Employess Siti Ulfah, Cicilya Candi, Ede Surya Darmawan	68
Analysis of Earthquake P <mark>repa</mark> redness Measures in Students at Elementary School, Denpasar, Bali <i>Yustina Ni Putu Yusniawati, Putu Inge Ruth Suantika</i>	69
A Cohort Study on the Primary Prevention of Stroke Incidence in Adult Population in Bogor, West Java Woro Riyadina, Dewi Kristanti, Julianty Pradono, Ekowati Rahajeng, Yuda Turana	<sup>70</sup> niversit
Risk Factors for Mortality in Patients with Covid-19: A Systematic Review Ratna Yustinawati, Anhari Achadi	71
Nitrate in Groundwater and Health Risk Assessment: A Cross- Sectional Study in Three Villages in Tanah Merah District, Kelantan, Malaysia During Paddy Pre-Planting Season Muhammad Syafiq N, Shaharuddin MS, Zaenal Abidin	72
Analysis of Individual, Physical, and Psychosocial Risk Factors on Work-Related Skeletal Muscle Disorders in Workers in Tourism Sector: A Systematic Review <i>Muhammad Luthfi, Baiduri Widanarko</i>	73
The Obesity Prevalence in Navy Personal and Civil Servants at Lantamal X Jayapura	74

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | vii / e 15 11 a 5 Yuli Arisanti, Janri Manullang

Mujahidah

Multilevel Analysis of Factors Associated with Performance of Midwives in Integrated Antenatal Care Service in Pati, Central Java

Determinants of Knowledge About Covid-19 Transmission

Endah Mulyani, Sulastri, Zahrotul Hidayati, Khaulah

Siti Marfu'ah, Irfana Tri WIjayanti, Ana Rofika

Preventionand Antenatal Care Visit in Gresik, East Java

Predisposing and Reinforcing Factors in Patients with Breast Cancer in Samarinda, East Kalimantan Lia Kurniasari, Aji Mohammad Irfannur, Ayu Mardiana, Elvi Natalia, Erlinda Rara Sulviana, Nur Ainun Jariah Spatio-Temporal Analysis on ENdemicity of Dengue Hemorrhagic Fever in Sragen District, Central Java Wiwik Setyaningsih, Dodiet Aditya Setyawan Factors Associated with Stroke: Evidence from Indonesian Family Life Surveys 2015 Trisakti Halimah Delima Sari, Vitri Widyaningsih Biopsychosocial Determinants of Quality of Life in Post Stroke Patients: A Multiple Logistic Regression Analysis Maki Zamzam. Didik Gunawan Tamtomo, Vitri Widyaningsih Meta Analysis on Obesity and Diabetes Mellitus as Risk Factor Hypertension in Police and Military Personnel Firman Pardosi, Setyo Sri Rahardjo, Yulia Lanti Retno Dewi Meta-Analysis: Gender and the Risk of Lower Extremity Amputation in Patients with Type 2 Diabetes Mellitus and Foot Ulcer Anissa Eka Septiani, Bhisma Murti, Setyo Sri Rahardjo, Hanung Prasetya Biopsychosocial Determinants of Hepatitis a Outbreaks in Pacitan, East Java Sugeng Retyono, Setyo Sri Rahardjo, Bhisma Murti Obesity and the Risk of Suicide in Adults: A Meta-Analysis Hisyam Syafi'ie, Hanung Prasetya, Bhisma Murti Social Capital Phenomenology Study among People Who Treat a Mental Disorder Person The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | viii

75

77

- 78 79 80

82

83

84

Adriesti Herdaetha, A <mark>ris</mark> Sudiyanto, RB Sum <mark>a</mark> nto, Endang Sutisna Sulaeman, Wi <mark>jaya</mark> Kusuma	
Path Analysis on the Biophychosocial Factors Influencing the Quality of Life of Elderly in Surakarta Central Java Dwi Tour Kumalasari, Bhisma Murti, Vitri Widyaningsih	86
The Effects of Family Support and Peer Support on the Quality of Life in Elderly in Jember, East Java Malinda Capri Nurul Satya, RB. Soemanto, Bhisma Murti	87
Factors Affecting Tertiary Preventive Behaviors among Patients with High Blood Pressure Angga Ferdianto, Didik Gunawan Tamtomo, Endang Sutisna Sulaeman	88
Application of Precede Proceed Model on Factors Affecting Depression Symptom in the Elderly: Evidence from Surakarta, Central Java Zela Tunurrohmin, RB. Soemanto, Eti Poncorini Pamungkasari	89
Biological, Social, and Economic Risk Factors of Child Tuberculosis in Surakarta Central Java: A Multiple Logistic Regression <i>Dyah Ayu Saputri, Yulia Lanti Retno Dewi, Bhisma Murti</i>	90
Biopsychosocial Determinants of Diabetes Mellitus Type 2: Evidence from Surakarta, Sentral Java Anggi Putri Aria Gita, Isna Qadrijati, Bhisma Murti	91 Univer
The Biopsychosocial Determinants of Quality of Life in Patients with Breast Cancer: A Multilevel Logistic Regression Evidence from Surakarta, Central Java <i>Rizka Amalia Dewi, Ambar Mudigdo, Eti Poncorini</i> <i>Pamungkasari</i>	92 92
Effect on Neuropsychiatric Disorders of Organophosphate Pesticides Exposure aming Rice Farmers in Sukoharjo, Central Java Ayu Laela Fitriyani, Setyo Sri Rahardjo, Bhisma Murti	93
How Do Psychological, Nutritional Factors, and Ambient Smoke Exposure, Affect the Risk of Low Birth Weight?: A Path Analysis Evidence Isne Susanti, Harsono Salimo, Yulia Lanti Retno Dewi	94
Factors Associated with Hypertension among Adults in Magelang, Central Java <i>Wawan Diyantana, Dono Indarto, Bhisma Murti</i>	95

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | ix Constants

Length of Working and Low Back Pain in Health Workers: A Meta- Analysis Muh. Syaiful Akbar, Bhisma Murti, Setyo Sri Rahardjo, Dono Indarto	96
Effect of HIV Infection on Mortality in Patients with Tuberculosis in Asia: A Meta Analysis <i>Liza Laela Abida, Bhisma Murti, Hanung Prasetya</i>	97 97
Personel Hygiene and the Risk of Leprosy: A Meta-Analysis from Case Control Study Priscilla Jessica Pihahey, Bhisma Murti, Yulia Lanti Retno Dewi	98
The Association between Indoor Household Polution and Acute Respiratory Infection in Children Under Five in Selat Community Health Center, Batanghari District, Jambi, Indonesia Nanda Agustian Simatupang, Laras Ayu Wulandari	99
Effect of Obesity on Hypertension in Adults: Meta Analysis Muhammad Zia Ulhaq, Eti Poncorini Pamungkasari, Bhisma Murti	100
The Effect of Depression Comorbidity on the Quality of Life of Patients with Type 2 Diabetes Mellitus: Meta-Analysis Rofana Aghniya, Bhisma Murti, Didik Gunawan Tamtomo, Hanung Prasetya	101
Cigarette Smoke Exposure and Acute Respiratory Infection in Children Under Five: A Meta-Analysis Maya Ayu Riestiyowati, Setyo Sri Rahardjo, Vitri Widyaningsih	102 ivers
Incomplete Medication Intake and Multidrug Resistant Tuberculosis Widya Kurnianingsih, Didik Gunawan Tamtomo, Bhisma Murti	103
Meta-Analysis: Effect of Exposure to Rodent on The Risk of Leprosy in Adults <i>Rizki Kurniawan Saputra, Setyo Sri Rahardjo, Bhisma Murti</i>	104
Meta-Analysis: Effect of Physical Activity on The Incidence of Obesity in Female Adolescents Putri Isriyatil Jannah, Eti Poncorini Pamungkasari, Hanung Prasetya	105
Effect of Low Birth Weight on The Risk of Pneumonia in Children Under Five: Meta-Analysis	106

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | x

Putu Anggi Widia Karmany, Setyo Sri Rahardjo, Bhisma Murti	
Effect of Obesity on Hypertens <mark>ion in Elderly</mark> Maria Imakulata Berek	107
Association between Overweight and Hypertension in Adolescents: A Meta-Analysis Fadhila Firmanurulita, Agus Kristiyanto, Hanung Prasetya	108 Sa U
Effect of Social Support on The Quality of Life of People Living with HIV/AIDS: Meta Analisis Maria Regina Tri Yonita, Setyo Sri Rahardjo, Bhisma Murti	109
Biopsychosocial and Economic Factors Affecting the Quality of Life in Patients with Type II Diabetes Mellitus Rahsunji Intan Nurvitasari, Didik Gunawan Tamtomo, Yulia Lanti Retno Dewi	110
<b>TOPIC II: HEALTH PROMOTION AND BEHAVIOR</b> Factors Associated with Early Detection Behavior on Breast Cancer Among Women in Reproductive Age Using Sadanis Method <i>Silvia Rizki Syah Putri, Widayati, Moneca Diah L</i>	112
Health Belief Model Approach on the Prevention of HIV/AIDS Among Pregnant Women in Madiun, East Java <i>Wida Rahma Arwiyantasari, Budi Laksana</i>	113
Association Between Compliance Level on Fixed-Dose Combination Antiretroviral Drug and CD4 Level Among HIV Patients Fadhil Ilham Mustafa, Nurfitri Bustamam, Andri Pramesyanti	114 iversitas
The Effectiveness of Health Promotion on Increasing the Knowledge of Covid-19 among Islamic High School Students in Depok, West Java <i>Yanti Harjono Hadiwiardjo, Sri Wahyuningsih, Pritha Maya</i> Savitri	115
Factors Relating to Knowledge About Gastritical Swamedcation Among Students At Pondok Hidayatussalikin Pangkalpinang Rachmawati Felani Djuria	116
Relationship between Snacks and Beverages with the Nutritional Status among 'SAD' Children in Nyogan Village, Muaro Jambi, Jambi Province Ummi Kalsum, Hendra Dhermawan Sitanggang	117

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xi / e 15 1 a 5

Family's Role on Stunting among Children in Bojong Jaya Village, Tangerang, Banten <i>Roichatul Djannah, Siti Maisaroh</i>	118
Association between Pocket Money Availability and Frequency of Fast-Food Consumption toward Overnutrition Case among Junior High School Student, South Jakarta Dias Puspitaning Mawarni, Lisa Safira, Citra Ayu Aprilia	Universitas
The Effectiveness of Mobile Application as Educational Intervention to Prevent Stunting: a Systematic Review Naenda Stasya, Wahyu Sulistiadi	120
Physical Activity Pattern among Students of Health Sciences in Yogyakarta Indriani, Ade Rachma Safira, Ummy Aisyiyah N	121
Implementation of Home Visit Programs in Improving Nutritional Status of Under-Five Children in Developing Countries: a Scoping Review Siti Zakiah Zulfa, Cesa Septiana Pratiwi	122
Relationship of Number of Children with Early Menop <mark>au</mark> se <i>Iftah Tazkiyah, Sudarto <mark>R</mark>onoatmodjo</i>	123
The Association between Food Hygiene and the Escherichia Coli Contamination on School Snack at Elementary School in Cakung Subdistrict, East Jakarta <i>Hanifatun Nisa Ath Thoriqoh, Budi Haryanto, Ela Laelasari</i> The Effect of Electric Cigarette Nicotine Levels on Peak Expiratory Flow in Vape User Communities, South Jakarta <i>Hesketh Hans, Mila Citrawati, Citra Ayu Aprilia</i>	124 Universitas 125
Experience of Students in the Menstrual Hygiene Management in Schools: A Scoping Review <i>Menik Mutiarini, Rosmita Nuzuliana</i>	126
Implementation of Immunization Services for the Under-Five Children During Covid-19 Pandemic at Twano Community Health Center, Jayapura <i>Goklian Paraduan Haposan, Pujiyanto</i>	127
The Effect of Education Through Google Meet Media on Knowledge and Attitude About Balanced Diet in Youth During Covid-19 Pandemic in Medan, North Sumatera Septo Tepriandy, R Kintoko Rochadi, Etti Sudaryati	129

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xii

Relationship between Water Hardness and Incidence of Stunting in
Brati District, Central Java
Bara Kharisma, Victori <mark>a Sari,</mark> Amelia Khasanah

The Effect of Health Education on Prevention of Cardiovascular Disease Risk Factors Towards Knowledge and Attitudes of Overweight Adolescents

Li Solihah, Amelia Arnis

The Pattern of Snack and Beverage Consumption for Suku Anak Dalam (SAD) Children in the Trans Social Area of Nyogan Village, Muaro Jambi, Jambi Province *Hendra Dhermawan Sitanggang, Ummi Kalsum* 

Risk	Factors	of	Noised	Induced	Hearing	Loss	in	Workers	at
Bevel	ling Unit	in I	ndustry	X, Bekasi,	West Jav	a			
Annisaur Rohmatun Jannah, Aulia Chairani, Yanti Harjono									

Effect of Hypnoparenting on Nutritional Status in Preschool Age Children at Al-Fathir Kindergarten, Tangerang, Banten Diani Maryani, Liza Anggraeni

Mixed Method Study on Evaluation of the Impact of the Family Hope Program on Birth Weight in Nganjuk, East Java Ratna Frenty Nurkhalim, Sukamdi, Djauhar Ismail

## Application Development of Inspection of Fire Protection Equipment, First Aid Kit and Incident Reporting Case Study Ike Pertiwi Windasari, Jojor Kakanda Purba, Dania Eridani, Risma Septiana, Manik Mahachandra

Effect	of	Early	Menarche	on	Reproductive	Health:	Α	Scoping
Review	V							
H	Ian	ny Wu	landari, Du	vi Er	mawati			

Sex Education Strategy for Adolescents: A Scoping Review Yustika Rahmawati Pratami, Nurul Kurniati

Experience of Adolescent Mothers During Pregnancy: A Scoping Review

Sumarni, Farida Kartini

Effectiveness of Muscle Energy Technique to Increase Hamstring Muscle Flexibility in Adolescents *Afif Ghufroni, Jasmine Kartiko Pertiwi* 

Relationship between Family Support and Self-Efficacy among Pregnant Women in Yogyakarta Sumiati, Evi Nurhidayati

> The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xiii V e I

130

131

132

133

134

135

136

137

138

139

140

Relationship between Fast Food Diet and Body Mass Index in Vocational Students at Unversitas Respati, Yogyakarta <i>A.A. Putri Melastini, Dewi Setyaningsih, Nonik Ayu Wantini</i>
Compliance Characteristic of Community Health Assistant Cadre in Implementing Health Protocols During Covid-19 Pandemic Sri Wahyuningsih, Hany Yusmaini, Erna Harfiani, Meiskha Bahar
Caregiver Coping Mechanism in Providing Care for Dependent Elderly People in Pakuncen, Yogyakarta Maharani Dyah Kusumastuti, The Maria Meiwati Widagdo, Mitra Andini Sigilipoe
Evaluation of HIV-AIDS Prevention Program in Homosexual Men in Jambi <i>Hubaybah, Adelina Fitri</i>
HIV/AIDS Prevention Program: A Mixed Method Study on the Implementation of Voluntary Counseling and Testing Services at Primary Health Center, Jambi Hubaybah, Evi Wisudariani, Usi Lanita
Effect oh Health Education with Elip Chart and Video on Knowledge about Early Detection of Cervical Cancer in Women or Reproductive Age in Nganjuk District, East Java <i>Ike Nurrochmawati, Ambar Dwi Retnoningrum, Remita Yuli</i> <i>Kusumaningrum</i>
Effect of Balanced Diet Education with Media Comic on Modification of Eating Behavior in Adolescents at Middle School, Malang Rani Nurmayanti, I Nengah Tanu Komalyna, Sugeng Iwan Setyobudi Maryam Razak
Youth Health Smartphone Application "Teenfit" in Increasing Adolescent Knowledge about Anemia, in Bantul, Yogyakarta <i>Tuti Rohani, Hartono, Muhammad Akhyar, Sri Mulyani</i>
Effectiveness of Holistic Self Care to Overcome Work-Related Skeletal Muscle Disorder in Palm Workers Using Harvasting Tools Dodos: A Systematic Review Siti Umairah, Vanessa Adela Putri, Rosyda, Raihanatu Binqalbi Ruzain
The Mediation Effect of Health Behavior on the Relationship between Maternal Depression and Maternal-Fetal Attachment <i>Rufidah Maulina, SU-Chen Kuo, Chieh Yu Liu, Yu-Ying Lu</i>

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xiv

<sup>143</sup>

The Associaton of Family Characteristics and Local Support	
(Servant Leadership) in TB Case Finding among People Living with HIV AIDS in East Nusa Tenggara, Indonesia Chatarina Umbul Wahyuni, Erni Astutik, Imelda F.E.	152
Manurung Universitas	
Application of Health Belief Model and Theory of Planned Behavior on Factors Affecting Breast Self Examination Among University Students Asruria Sani Fajriah, Supriyadi Hari Respati, Bhisma Murti	153
Effect of Peer Based Intervention On Unwanted Pregnancy Prevention Behavior in Adolescents: A Meta Analysis Denanda Agnes, Safitri, Setyo Sri Rahardjo, Bhisma Murti	154
Analysis of Online Reproductive Health Learning in Elementary School Students Nur Laili Qomariah, Wafda Ardhian Latansyadiena, Indriana Widya Puspitasari	155
Effectiveness of Audiovisual-Based Training on Basic Life Support Knowledge of Students in Bengkulu <i>Ida Rahmawati, Dwi Putri Sulistya Ningsih</i>	156
Occupational Illness Due to <mark>Erg</mark> onomic Factors in Textile Industry Workers <i>Pamogsa Daniyar, Edo Riyandani, Vitri Widyaningsih</i>	157
The Effectiveness of Web Based Health Promotion Intervention on Fruits Consumption in Children in America, Australia, and Europe Sinar Perdana Putra, Yulia Lanti Retno Dewi, RB. Soemanto	158
A Meta Anaysis on The Association between Family Behavior of Smoking and Smoking Behavior in Adolescents Florida Betty Apriliyani, Agus Kristiyanto, Bhisma Murti	159
Difference of Knowledge Toward HIV/Aids in Adolescents in Sleman, Yogyakarta <i>Mario Febrianus Helan Sani, Nanda Agustian Simatupang</i>	160
Factors Affecting the Use of Personal Protective Equipment Among Workers at a Plywood Plants, in Lumajang, East Java: Application of Health Belief Model and Social Cognitive Theory Bayu Putra De wantara, Bhisma Murti, Vitri Widyaningsih	161
Breakfast and Hemoglobin Level among Female Junior High School Student in Surakarta, Central Java	162

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xv | er Statas Ropitasari, Fanny Kartika F, Rachmi Fauziah R, Sri Anggarini

Factors Associated with non Smoking Behavior in High School Students in Bantul, Yogyakarta: Application of Theory of Planned Behavior

Roviana Nurda Agustin, Endang Sutisna Sulaeman, Hanung Prasetya

Factors Affecting Adherence to Antiretroviral Therapy: Application of Theory of Planned Behavior in Malang, East Java *Fitria Diyah Ayu Pangerti, Pawito, Hanung Prasetya* 

Factors Affecting the Use of Personal Protective Equipment among Tobacco Farmers: Application of Theory of Planned be havior in Temanggung, Central Java

Yovita Eka Ratna Kumala, Setyo Sri Rahardjo, Endang Sutisna Sulaeman

Path Analysis on The Determinants of Tertiary Preventive Behavior among Patients with Type 2 Diabetes Mellitus: Application of Theory of Planned be havior and Social Cognitive Theory

Yudi Andriyaningtiyas, Didik Guna wan Tamtomo, Bhisma Murti

The Effect of Bullying on Depression in Adolescents in Surakarta: Application of Health Belief Model

Kiyat Sudrajad, RB. Soemanto, Hanung Prasetya

Personal and Social Factors Affecting the Preventive Behavior Among Patients with Type II Diabetes Mellitus in Ponorogo, East Java, Indonesia

Nur Aida Yuliana, Pawito, Bhisma Murti

Application of Social Cognitive Theory on the Determinants of Exclusive Breastfeeding Practice in Madiun, East Java *Rezyana Budi Syahputri, Pawito, Bhisma Murti* 

Influences of Peer Support Group and Psychosocio-Economic Determinants on Treatment Compliance in HIV/AIDS Patients in Sragen, Central Java

Yusuf Bachtiyar Lobis, Bhisma Murti, Yusuf Bachtiyar Lobis, Bhisma Murti

Biopsychosocial Determinants of Tertiary Preventive Behaviors among Patients with Hypertension in Sragen, Central Java Very Retnowati, Pawito, Bhisma Murti

> The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xvi

163 iversitas

164

165

166

167

168

169

170

The Effects of Iron Tablet Program, Intrapersonal, and Social Factors on Nutrition Intake to Prevent Anemia in Female Adolescents in Yogyakarta <i>Ailsa Clarissa Cynara, Eti Poncorini Pamungkasari, Bhisma</i>	172
Murti Health Belief Model on Determinant of Caries Preventive Behavior: Evidence on Klaten Central Java Dewi Mustika Ratih, Yulia Lanti Retno Dewi, Bhisma Murti	Universit
Factors Affecting Healthy Behavior among Primary School Children: Application of Health Belief Model Frida Indriani, Pawito, Eti Poncorini Pamungkasari	174
The Effect of Physical Activity on the Depression: A Meta Analysis Dyah Mubarokah Ahadiyati, Didik Gunawan Tamtomo, Vitri Widyaningsih	175
Reliability Tests on Dietary Intake, Physical Activity, Social Support, and Social Cognitive Questionnaires of Overweight and Obesity in Female Adolescents <i>Yeti Rahelli, Agus Kristiyanto, Bhisma Murti</i>	176
Factors Affecting Smoking Behavior High School Children in Dumai, Riau: Application of Theory Planned Behavior Shilfia Ulfa Islami, Hanung Prasetya, Bhisma Murti	177
Application of Health Belief Model to Explain Dental and Oral Preventive Health Behavior Among Primary School Children in Ponorogo, East Java <i>Fahma Widya Kusumawardhani, Harsono Salimo, Eti</i> <i>Poncorini Pamungkasari</i>	178 iversit
The Effect of Self Efficacy on Voluntary Counseling and Testing of HIV in Homosexual: A Meta-Analysis Yuli Astuti, Yulia Lanti Retno Dewi, Bhisma Murti	179
<b>TOPIC III: MATERNAL AND CHILD HEALTH</b> The Association Between Maternal Age and Gravidity and The Event of Gravidarum Emesis in Kupang, East Nusa Tenggara Dina Melanieka Sintikhe Henukh, Siti Nur Asyah.Jamillah Ahmad	181
Maternal Psychology on Breastfeeding Twins: A Scoping Review Mellysa Wulandari Tasripin, Herlin Fitriana K	182
Adolescent Response on Menarche: A Scoping Review Nahdiyatul Mukarom <mark>ah, Is</mark> marwati	183

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xvii

Factors Associated with Exclusive Breastfeeding among Primipara: A Scoping Review Hairiana Kusvitasari, Ismarwati	184
Maternal Readiness for Newborn Discharge in Mantrijeron Community Health Center, Yogyakarta <i>Ikha Muflikha, Sri Lestari, Suyani</i>	185 iversitas
Antenatal Care Quality by Midwives as A Stunting Prevention Effort in Malang, East Java: A Comparative Study <i>Diadjeng Setya W, Miftahul Jannah, Rismaina Putri</i>	186
The Effectiveness of Health Education on Mother's Knowledge and Food Intake among Stunting Childrean in South Lampung, Lampung Dian Isti Angraini, Bagas Pratama, Dwita Oktaria	187
Birthing Ball Therapy on The Long-Term Maternal and Labor Pain among Primigravida Mother in Private Practice Midwives, Madiun, East Java <i>Lilis Suryani, Mufida Dian Hardika</i>	188
Supplementary Food Therapy for The Recovery of Malnourished Children 0-59 Month: A Systematic Review Solikhah Eli Setiyani, <mark>Fitria</mark> Siswi Utami	189
Mothers Experience with Low Born Weight Infant: A Scooping Review Yayu Yuliarti, Nurul Kurniati	190
Association between Maternal Anemia with Stunting Incidence Among Newborns in Surakarta, Central Java Safitri Tia Tampy, Hari Wahyu Nugroho, Rahmi Syuadzah	191
Association between Maternal Weight and A Newborn Weight in Surakarta, Central Java Rahmi Syuadzah, Hari Wahyu Nugroho, Safitri Tia Tampy	192
Correlation between Nutritional Status and Pneumonia Among 6- 59 Months Years Old in Tangerang, Banten Zico Permadi, Maria Ekawati, Citra Ayu Aprilia	193
The Effect of Cognitive Behavior Therapy and Elip Methods on Bounding Breastfeeding among Madura Tribe Blues Post Partum Elly Dwi Masita, Adenia Dwi Ristanti	194
Determinant Factors of Stun <mark>t</mark> ing and Effectiveness of Nutrition, Information, Education Interventions To Prevent Stunting in The First 1000 Days of Life: A Systematic Review	195
	-

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xviii

Basri Aramico, Emy H<mark>uri</mark>yati, Susetyowati, Fa<mark>t</mark>wa Sari Tetra Dewi Demand on Sectio Caesarea's Labor Among Pregnant Women in Developing Countries: A Scoping Review 196 Maisaroh Nurasih, Cesa Septiana Pratiwi Increased The Capacity CBIA Facilitator Through the Formation Agent of Change (AoC) in The Use Antibiotics in Tanjung Gunung Village Central Bangka Regency 197 Rachmawati Felani Djuria Anemia, Motor, Language, Social Personal Developments among Children Under Two Years Old in Rural Areas, Wonosobo, Central Java, Indonesia 198 Hadi Ashar, Ina Kusrini, Marizka Khairunnisa, Cati Martiyana The Corellation between Stunting, Wasting, and Children's Cognitive Ability: Indonesia Family Life Survey 2000 – 2014 199 Safitri Tia Tampy, Hari Wahyu Nugroho, Rahmi Syuadzah The Effect of Hormonal Contraception on Body Mass Index among Women in Reproductive Age 200 Widya Kusumawati, Lely Khulafa'ur Rosidah The Association between Feeding Patern, Income, Household Safety, and Stunting Events among Farmer Families in Gunung Labu Community Health Center, Kerinci Regency, Jambi 201 Enda Setiana, Evy Wisudarini, Asparian The Influence of Husband's Role on Mother Interest in Giving **Exclusive Breastfeeding** 202 Yunik Windarti Age and Anxiety Among Primigravida Pregnant Women in Nganjuk, East Java 203 Meirna Eka Fitriasnani, Anis Nikmatul Nikmah Psychosocial Stimulation in Stunting and Non Stunting Firms 204 Dian Rahmawati, Lia Agustin Environmental and Behavior Factors on The Incidences of **Toxoplasmosis Among Married Women** 205 Andi Asnifatima, Siti Khodijah Parinduri, Ahsin Aligori The Effect of Complementary Ampelocissus rubiginosa L Therapy on The Decrease in Postpartum Fundal Height, Palangka Raya City, Central Kalimantan 206

> The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xix V e 1

Christine Aden, Marse <mark>linu</mark> s Heriteluna	
The Use of Modern Contrac <mark>eptives</mark> among Poor Women in Urban Areas in Indonesia <i>Maria Gayatri</i>	207
Determinant Factors on Stunting Incidence among Children Age 6- 24 Months, Pemalang, Central Java: A Case Study Arwinda Nugraheni, Ani Margawati, Firdaus Wahyudi, Dea Amarilisa Adespin, Bambang Hariyana	208
Pop Up Toys as Story Play Therapy on The Level of Anxiety on General Anesthesia Surgery Among Children Around 6-12 Years Old <i>Ni Ketut Mendri, Atik Badi'ah, Mohammad Najib</i>	209
Stunting in Rural Areas: An Overview C. Ermayani Putri A, Desak Putu K.P, Caecilia Titin Retnani, Masruchi	210
Antenatal Service Quality: A Scoping Review Yayuk Puji Lestari, Farida Kartini	211
Young Mothers' Perspectives on Early Postpartum: A Scoping Review Anugrah Destia Trisetyaningsih, Dewi Rokhanawati	212
Breastfeeding Experience in Yo <mark>ung Mothers: A Sc</mark> oping Review Annisa Rusdi, Dewi Rokhanawati	213
Determinant of Maternal and Hair Zinc Level on Stunting and Developmental Disorders in Under Five Aged Children: A Path Analysis Nunik Ike Yunia Sari, Estin Gita Maringga	<b>ESa</b>
Difference in Effectiveness on Warm Ginger Water Compress and Sour Turmeric on Reducing Preimary Menstrual Pain in Midwifery Students at Maranatha School Kupang, East Nusa Tenggara Matilda Bupu Ria, Clara Yunita Ina Ola, Damita Palalangan	215
Difference in Length of Return of Fertility After Contraception with 3-Month of Depo Medroxy Progesteron Acetate Injection and Hormonal Implant in Baumata Public Health Center, Kupang District Siti Nur Asyah Jamillah Ahmaad, Dina M.S Henukh	216
Interpersonal Collaborative Practice in Healthcare of Low-Birth- Weight Cases <i>Ummu Faizah, Sulistyaningsih</i>	217
The 7 <sup>th</sup> International Conference on P	ublic Health

Solo, Indonesia, October 21-22, 2020 | xx

Factors Influencing The Use of Long-Lasting Contraception Methods among Reproductive-Age Women in Sukmajaya Community Health Care, Depok, West Java Nancy Dalla Darsono, Sri Wahyuningsih, Agneta Irmarahayu	218 Univers
Experiences of Adolescents to Become Mother: A Scoping Review Yunita Anggriani, Nurul Kurniati	219
Postnatal Factors Related to Stunting in Children Under Five, Nganjuk, East Java <i>Risa Nurhayati, Dewi Indriani, Rahayu Budi Utami</i>	220
Interprofessional Health Collaboration on Female Adolescents with Iron Deficiency Anemia: A Scoping Review <i>Irma Nurma Linda, Sulistyaningsih</i>	221
Relationship between Birth Interval and The Risk of Postpartum Hemorrhage at RSIA Kirana Hospital in Sidoarjo, East Java Maria Manda Puspita, Ardhi ana Julia Dewi, Nourma Yunita	222
Student Perception of The Preceptorship Model in Midwifery Care: A Scoping Review Ana Dyah Aliza, Farida Kartini	223
The Effect of Ginger Extract Consumption on Reducing Morning Sickness in First Trimester of Pregnant Women at Pratama Mariana Clinic Medan, North Sumatra Nurhidaya Fitria, Ida Lestari Tampubolon	224 Vers
Relationship between Exclusive Breastfeeding and Stunting in Under-Five Children at Harjobinangun Village, Yogyakarta Dyah Ayu Fitriani, Fathiyatur Rohmah	225
Relationship among Body Mass Index, History of Maternal Menarche and Exposure of Pornographic Media with Menarche Age in Elementary School Students, Jambi Dina Seprina, Adelina Fitri, M. Dody Izhar	226
Relationship of Family Economic Status with Chronic Energy Deficiency in Pregnant Women in Jetis Community Health Center, Yogyakarta <i>Ni Luh Srinadi, Theresia Puspitawati, Nonik Ayu Wantini</i>	227
Oxytocyn Massage Using Innovative Massage Tool and Conventional Effleurage Techniques to Increase Breastmilk Production in Post Partum Mothers	228

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxi / e 151 t a 5

Nining Istighosah, Ap <mark>rilia</mark> Nurtika Sari	
Effect of Affirmation Flashcards on Level of Anxiety in Second Stage of Labor at Midwifery Clinic, East Java Esty Puji Rahayu, Lailatul Khusnul Rizki	229
Factors Affecting Anemia in Pregnant Women with Second and Third Trimester of Pregnancy at Tiron Community Health Center, Kediri District, East Java Dewi Kartika Sari, Putri Wahyu Wigati	230
Relationship between Diet Restriction and Acceleration of Perineum Wound Healing in Post Partum Normal Delivery Mothers in Tiron Public Health Center, Kediri, East Java <i>Putri Wahyu Wigati, Dewi Kartika Sari</i>	231
Effectiveness of Acupressure on Reducing of Nausea and Vomiting in Pregnant Women in Independent Midwifery Practice, Sidoarjo, East Java Nanik Handayani	232
Effect of Family Support on Child Growth and Development in Sukoharjo, Central Java <i>Fitria Hayu Palupi, Ana Wigunantiningsih, Luluk Nur</i> <i>Fakhidah, Siskana Dewi Rosita, Dewi Arradhin</i>	233
Determinants of Exclusive Br <mark>eastfee</mark> ding Cessation in Indonesia Enka Nur Ishmatika, Tris Eryando	234
Relative Effectiveness of Red Guava Fruit ( <i>Psidium Guajava L.</i> ) and Star Fruit ( <i>Averrhoa Carambola L.</i> ) on Hemoglobin Level in Pregnant Women at Camplong Community Health Center, Kupang	
District Clara Yunita Ina Ola, Matilda Bupu Ria, Roslin E.M Sormin	235
A Scoping Review of Paternal Adaptation Experience During the Perinatal Period <i>Poppy Siska Putri, Herlin Fitriani K</i>	236
Comparison of Nutrition Status of Children with Aged 1-2 Years in Coastal and Urban Areas Agus Purnamasari	237
Toilet Training in Children with Autism: A Scoping Review <i>Putri Yuliantie, Mufdlilah</i>	238
Difference in Acceptability and Level of Preference between Modified and Standard Supplementary Feeding on Undernourished Toddlers at Janti Community Health Center, Malang	239

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxii

Sugeng Iwan Setyobu <mark>di, I</mark> Nengah Tanu Komal <mark>y</mark> na, Nurulloh	
Effect of Exclusive Breastfeeding on Growth and Development of Infants Aged 0-24 Months Siska Nurul Abidah, Hinda Novianti	240
Urgency of Violence Screening in Pregnant Women: A Scoping Review Eviana Maya Saputri, Mufdlilah	241
The Influence of Husband's Support on Health-Seeking Behavior in Madurese Mothers with Postpartum Blues <i>Adenia Dwi Ristanti, Elly Dwi Masita</i>	242
Father's Experience on The Incident of Newborn Death: A Scoping Review <i>Dwi Reza Wahyuni, Mufdlilah</i>	243
Risk Factors of Stunting in Children Under Five Years of Age: A Systematic Review <i>Melly Nirma Syahriani, Ismarwati</i>	244
Motivation on Early Detection of Cervical Cancer in Women of Reproductive Age: A Scoping Review Siti Nurul Khotimah, Dwi Ernawati	245
First-Time Advisory Experience of Husbands During Labor Time of Pregnancy: A Scoping Review Nuristy Brillian Ainindyahsari Winarna, Andari Wuri Astuti	246 Universita
Analysis of Factors and Management of Hepatitis B Virus Screening in Mothers and Infants: A Scoping Review Setianingsih, Nurul Kurniati	247
Impact of Covid-19 Pandemic on Fetus and Newborn: A Systematic Review Ika Yulianti, Rahmi Padlilah, Agus Purnamasari	248
Association between Maternal Behavior and Child Nutritional Status During the First 1000 Days of Life in Tarakan, North Kalimantan <i>Ika Yulianti, Rahmi Padilah</i>	249
Maternal and Child Health Handbook as Health Promotion Tool for Postpartum and Breastfeeding Mothers: A Systematic Review <i>Rizki Amalia, Yunik Windarti</i>	250
Determinants of Health Visit among Mothers with Toddlers at The Integrated Health Post, Nganjuk District, East Java	251

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxiii / e 15 1 a 5

Ambar Dwi Retnoni <mark>ng</mark> rum, Ike Nurrochm <mark>awati, Dewi</mark> Indriani	
Relationship between Vitamin A Deficiency and Pneumonia Incidence of Children Under Five Years of Age in West Java Magdalena Gultom, Ririn Arminsih Wulandari	252 On iversi
Effectiveness of Stimulation of Endorphin, Oxytocin, and Suggestive Massage Method on The Breast Milk Production in Postpartum Mothers at General Hospital, South Tangerang, Banten Dewi Susanti, Yuliwati	<b>2</b> 53
Experience on Prenatal Gentle Yoga Exercise During Pregnancy: A Scoping Review Migita Vidia Amita, Sri Ratnaningsih	254
Factors Affecting Obesity in Preschool Children in Upper Airmadidi, North Sulawesi Jonan Stanley Nangoy, Caroline Marlyn Sepang	255
Relationship between Total Imunoglobulin E Level and Intensity of Whipworm Infectionin Primary School Children, Medan, North Sumatera Endy Juli Anto, Leonard Kristian Sinaga, Jekson Martiar Siahaan	256
Relationship between Gravidity and Severity of Emesis Gravidarum in Trimester I Pregnant Women at PMB Fatimatu Zahrok Midwifery Care, Kediri, East Java <i>Rahma Kusuma Dewi, Halimatus Saidah</i>	257 1 v e r s i
Nutritional Interventions to Reduce Stunting in Developing Countries: A Systematic Review <i>Lasrika S Sinaga, Ciciilya Candi, Mardiati Nadjib</i>	258
Effect of Complementary Feeding on Stunting and Anaemia in Toddlers in Sidoarjo, East Java <i>Lailatul Khusnul Rizki, Esty Puji Rahayu</i>	259
Factors Affecting Stunting among Children Under Five Years of Age in Banyuwangi, East Java Endah Kusuma Wardani, Nurul Eko Widiyastuti, Lutvia Dwi Rofika, Wahyu Adri Wirawati	260
Relationship between Basic Feeding Rule Applied by Parents and Eating Difficulties of Children Under Five Years of Age in Kediri, East Java Halimatus Saidah, Rahma Kusuma Dewi	261

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxiv

Effect of Obstructive Sleep Apnea on Incidence of Preeclampsy in Pregnant Women: A Systematic Review Sulis Diana, Chatarina Umbul Wahyuni, Budi Prasetyo	262
Effect of Trained Parenting on The Development of Autistic Children at Autism Schools in Indonesia Atik Badi'ah, Ni Ketut Mendri, Heru Santoso Wahito Nugroho, Wawuri Handayani	263 iversitas
Maternal Characteristics and Knowledge on The Risk of Childhood Stunting at Simpang Kawat Community Health Center, Jambi <i>Mila Triana Sari, Daryanto, Mientje Oesmani</i>	264
Performance Analysis of Children's Health Program in Indonesia: A Multilevel Analysis <i>Triseu Setianingsih</i>	265
The Effects of Traditional Care and Biopsychosocial Determinants on The Risk of Postpartum Depression: Evidence from Yogyakarta Selvia Febrianti, Didik Gunawan Tamtomo, Uki Retno Budihastuti	266
Use of Gadget on Child Development in Children Aged 3-5 Years: Evidence from Melawi, West Kalimantan <i>Livia Calorina, Pawito, Hanung Prasetya</i>	267
The Effects of Nutrition Status and Breastfeeding on Child Development Aged 3-6 Years: Evidence from Tanjung Jabung Timur, Jambi Dinda Septiani Hardilla, Harsono Salimo, Eti Poncorini Pamungkasari	268
Multiple Logistic Regression on The Factors Affecting Exclusive Breastfeeding Practice in Karanganyar, Central Java Lathifah 'Arub, Eti Poncorini Pamungkasari, Yulia Lanti Retno Dewi	269
Factors Affecting the Use of Visual Inspection Acetic Acid Test in Magelang, Central Java Herlina Ika Martaningrum, Uki Retno Budihastuti, Bhisma Murti	270
Sosioeconomic Factor Affecting the Performance of Community Health Workers at Integrated Health Post in Purworejo, Central Java <i>Ulfah Hidayati, Didik Gunawan Tamtomo, Bhisma Murti</i>	271
Factors Affecting Patient Satisfaction of Intrapartum and Postpartum Services in Kebumen, Central Java <i>Helmi Nurlaili, Didik Gunawan Tamtomo, Bhisma Murti</i>	272
The 7 <sup>th</sup> International Conference on Public Universitian Solo, Indonesia, October 21-22, 202	

Factors Associated with Early Marriage among Young Women in Blora, Central Java: Evidence for Theory of Planned Behavior Wella Anggraini, Pawito, Eti Poncorini Pamungkasari

273

274

275

276

Biopsychosocial and Economic Factors Affecting Complete Use of Basic Immunization Service in Children Aged 12-23 Months in Jember, East Java

Revina Fiandany Erynda, Endang Sutisna Sulaeman, Eti Poncorini Pamungkasari

Relative Efficacy of Probiotics Compared with Standard Therapy for Diarrhea Treatment in Children Under Five Years of Age: A Meta-Analysis Evidence from Developing Countries

Nurul Aini Suria Saputri, Tri Nugraha Susilawati, Vitri Widyaningsih

Does Community Health Centers Have Contextual Effect on Midwife Performance in The Implementation of Prevention Mother to Child Transmission Counseling and Testing?

Sringatin, Uki Retno Budihastuti, Endang Sutisna Sulaeman

The Associations between Cigarette Smoke Exposure, Family History of Infertility, and The Risk of Infertility Among Women in Reproductive Age, in Surakarta, Central Java

Luthfia Zauma, Uki Retno Budhiastuti, Eti Poncorini Pamungkasari

Effect of The Disability Integrating Health Post on The Quality of Life of Children with Cerebral Palsy: A Path Analysis Evidence from Sukoharjo, Central Java

Retno Dwi Rohaniyati, Harsono Salimo, Eti Poncorini Pamungkasari

Determinants of Fertility in Indonesia: An Analysis from Basic Life Survey Data Year 2017

Karlinda, Didik Gunawan Tamtomo, Vitri Widyaningsih

Effect of Maternal Skills in Early Detection and Stimulation on Receptive Language Skill of Children Age 4 to 6 Years Anggi Resina Putri, Eti Poncorini Pamungkasari, Hanung

Prasetya

Association between Receptive Language Skill and Social Communication Skill among Preschool Children: Evidence from Surakarta, Central Java

Nadya Susanti, Eti Ponc<mark>o</mark>rini Pamungkasari, Ri<mark>t</mark>a Benya Adriani

277

280

279

281

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxvi FAD Diets and Other Factors Affecting the Risk of Chronic Energy Deficiency among Adolescent Females at The Boarding School 282 Fitria Widhiyanti, Yulia Lanti Retno Dewi, Isna Qodrijati Path Analysis on The Determinants of Complementary Feeding Practice 283Renidya Asyura Muttabi' Deya Fa'ni, Yulia Lanti Retno Dewi, Isna Qadrijati Social Economic Determinants of Birth Weight: Path Analysis Evidence from Situbondo, East Java 284 Eti Kuswandari, Harsono Salimo, Yulia Lanti Retno Dewi Path Analysis Factors Affecting Pregnant Women Participation to The Triple Elimination Examination in Semarang, Central Java 285 Mei Fatimah, Supriyadi Hari Respati, Eti Poncorini Pamungkasari Effect of Family Development Session Family Hope Program on The Visit to Posyandu and Nutritional Status of Children Under Five 286 Nisaus Zakiyah, Endang Sutisna Sulaeman, Eti Poncorini Pamungkasari Biological and Social-Economic Determinants of Child Development: A Path Analysis Evidence from Surabaya, East Java 287 Ajeng Ayu Titah Puj<mark>ang</mark>kara, Harsono Sali<mark>m</mark>o, Eti Poncorini Pamungkasari The Associations between Age, Occupation, Income, and Contraceptive Uptake in Women of Reproductive Age in Indonesia 288 Lailatul Rohmah, Vitri Widyaningsih Relationship between Intimate Partner Violence and The Risk of Postpartum Depression 289Ardiani, RB. Soemanto, Bhisma Murti Biological and Socio-Demographic Factors Associated with Neonatal Mortality: Evidence from Karanganyar District, Central Java 290 Amin Sukoco, Harsono Salimo, Yulia Lanti Retno Dewi The Difference of Development in Children Aged 6 Months Received Exclusive Breastfeeding Versus Formula Milk in Ciptomulyo Health Center, Malang, East Java 291 Milatur Rosyidah, Herawati Mansur, Tri Mardiyanti Risk Factors of Stunting in Children Aged 25-59 Months in Kotagede I Health Center, Yogyakarta 292 Tyas Aisyah Putri, Yuni <mark>K</mark>usmiyati, Ana Kurnia<mark>ti</mark> Low Birth Weight and Neonatal Mortality: Meta Analysis 293

> The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxvii / e1

Silvalia Rahma Pratiw <mark>i, H</mark> anung Prasetya, Bhi <mark>s</mark> ma Murti	
Contextual Effect of Village and Other Determinants on Infant Mortality: A Multilevel Analysis from Karanganyar, Central Java Endang Palupi, Harsono Salimo, Bhisma Murti	294
Determinants of Immunization Completeness of Infant in Karanganyar, District, Central Java Maharani Ulfah, Supriyadi Hari Respati, Bhisma Murti	295
The Effect of Unplanned Pregnancy on Antenatal Depression: A Meta- Analysis Dinda Anindita Salsabilla, Hanung Prasetya, Bhisma Murti	296
Factors Affecting The Use of Antenatal Care in Semarang, Central Java: Application of Health Belief Model <i>Widyawati, Eti Poncorini Pamungkasari, Bhisma Murti</i>	297
Application of Social Cognitive Theory on Factors Affecting Completeness of Child Immunization: Evidence from Pacitan, East Java Puspita Mayangsari Prabowo, Setyo Sri Rahardjo, Eti Poncorini Pamungkasari	298
Effect of Malaria Infection on <mark>P</mark> remature Birth Deliver <mark>y</mark> : Meta-Analsysis Feri Yuda Anggara, S <mark>etyo</mark> Sri Rahardjo, Bhisma Murti	299
Fertility Determinants in Indonesia: Analysis of Indonesian Basic Health Survey Year 2017 <i>Philipus Prihantiko Kurniagung, Vitri Widyaningsih</i>	300
The Effect of Hormonal Contraceptive Use on The Risk of Depression in Women of Reproductive Age: Evidence from Gunungkidul, Yogyakarta Neta Afriyanti, Eti Poncorini Pamungkasari, Hanung Prasetya	301
The Effect of Vitamin D Supplementation on The Pre-Eclampsia Risk Reduction in Pregnant Women: A Meta-Analysis Fanny Kartika, Bhisma Murti, Eti Poncorini Pamungkasari	302
The Effect of Prenatal Stresson Low Birth Weight: A Meta-Analysis Irfa Nur Faujiah, Bhisma Murti, Hanung Prasetya	303
Exclusive Breastfeeding and Prevention of Obesity in Children Under Five: A Meta-Analysis Elma Yopiana, Bhisma Murti, Yulia Lanti Retno Dewi	304
Antenatal Care and Provision of Basic Immunization in Children Aged 12-23 Months: Meta-Analysis <i>Farida, Vitri Widyaningsih, Bhisma Murti</i>	305

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxviii

Adriani Meta Analysis: Kangaroo Mother Care to Elevate Infant Weight in Premature Infants 307 Ines Ratni Pravitasari, Vitri Widyaningsih, Bhisma Murti The Effect of Physical Activity on The Academic Achievement in Primary School Students: Meta-Analysis 308 Fatchurrohmah Ines Prabandari, R.BSoemanto, Vitri Widyaningsih Effect of Fruits and Vegetables Intake on Obesity in School-Aged Children: Meta-Analysis 309 Utami Pangestu, Yulia Lanti Retno Dewi, Hanung Prasetya Effect of Meconium Stained Amniotic Fluid on The Risk of Infants Asphyxia: A Meta-Analysis 310 Alfiati Nanda Widiyaningrum, Bhisma Murti, Eti Poncorini Pamungkasari Effect of Secondary Education on Exclusive Breastfeeding: Meta-Analysis 311 Ferda Fibi Tyas Nurkholifa, Eti Poncorini Pamungkasari, Hanung Prasetya Meta-Analysis: The Effect of Active Smokers in Pregnant Women on Low Birth Weight 312 Imam Setya Arifian, Vitri Widyaningsih, Hanung Prasetya Effect of Perceived Benefit on Pap Smear Examination Uptake in Women of Reproductive Age: A Meta-Analysis 313 Maranata, Eti Poncorini Pamungkasari, Rita Benya Adriani The Difference of Anxiety in Intrapartum Mothers with Normal and Sectio Caesarea 314 Firdausi Nuzula, K.Kasiati, Titi Maharrani **TOPIC IV: HEALTH POLICY AND MANAGEMENT** Implementation of Cigarette Area Policy in High School, Nganjuk, East Java, Indonesia 316 Yeny Kusumawati, Fresty Africia Development of Health Program Using Rapcriec Method in Company X to Reduce Employees Hypercholesterolemia, Hypertriglyceridemia, Hypertension, Obesity, and Hyperuricemia 317 Auliah Rahmi, Doni Hikmat Ramdhan

> The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxix / e 1

306

School-Based Intervention to Reduce The Risk of Obesity in Children: A Meta-Analysis

Riftiani Nikmatul Nur<mark>laili, Yu</mark>lia Lanti Retno Dewi, Rita Benya

The Effectiveness of National Health Insurance Implementation on Maternal Health Service in Developing Countries: A Systematic Review <i>Eva Nur Octavia, Pandu Riono</i>	318 iversi
Implementation of Alert Village and Maternal Mortality in East Java Province Santy Irene Putri , Prima Soultoni Akbar	319
Synergity of Colaboration Training toward The 'Kampung KB Center of Excellent' Based on Independence and Technology <i>Rina Sri Widayati, Dewi Kartikasari, Jani Kusanti</i>	320
The 119 PSC Officers Experience on Preventing Fake Calls and Overcome Referral System Obstacles <i>Agus Khoirul Fuadi, Achdyat Premedi</i>	321
Preparedness of The Bhakti Wiratantama Army Hospital Semarang in Facing Covid-19 <i>Moh. Andi Fatkhurokhman, Budi Hidayat</i>	322
The Implementation of Public Service in General Hospital of Sukabumi City, West Java <i>Ni Putu Juwanita Dewi</i>	323
Implementation of Hospital Safety and Health Management System: Resource, Organization, and Policy Aspects Dhimas Herdhianta, Hanifa Maher Denny, Suroto	324 Versi
Age, Gender, and Knowledge on Complications of Diabetes Mellitus with Obedience in Chronic Disease Management Programs <i>Tri Ratih Agustina, Naura Rifdah, Nurjannah Sriayu, Naila</i> <i>Zulbahrina</i>	325
The Effect of Community Empowerment on The Implementation of Diabetes Mellitus Management in Malangsuko, West Java <i>Tavip Dwi Wahyuni</i>	326
Community Helath Center Resilience in Disaster Management: A Narrative Review Ani Sutriningsih, Chatarina Umbul Wahyuni, Setya Haksama	327
Knowledge, Attitude and Practice on Food Hygiene and Sanitation, Optimistic Bias of Food Handlers, and Their Association With Participation in Food Safety Training at A Hospital in Yogyakarta	328

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxx

## R. Dwi Budiningsari, Ika Ratna Palupi

Relationship of Work Load and Interpersonal Interactions with Work Fatigue in Inpatient Nurses at Dr M Yunus Hospital, Bengkulu

329

330

331

332

333

334

335

336

337

Rina Aprianti, Susilo Wulan, Elza Wulandari

Weight Management with Daily Consumption of Recommended Vegetable Intake among Overweight Women in Jakarta

Indri Kartiko Sari, Diah Mulyawati Utari, Shigeru Yamamoto

Resources Availability of Non-Specialistic Reference Policies in The Era of National Health Assurance to Ngawi East Java Public Health Centre

Maria Yeny Eskawati

Dispute Analysis of Claims For COVID-19 Patients at Hospitals of Indonesia University

Rakhmad Hidayat, Budi Hidayat

The Relationship of Ability to Pay and Ownership of Health Insurance towards Willingness to Pay Laboratory Services at Persahabatan Hospital, East Jakarta

Siska Putri Utami, <mark>Yant</mark>i Harjono Hadiwia<mark>r</mark>djo, Kristina Simanjuntak

The Effectiveness of Collaborative Leadership on Improving Interprofessional Collaboration Practice in The Comprehensive Emergency Obstetric and Neonatal Services

Sulistyaningsih, Y. Warella, Sutopo Patria Jati, Meidiana Dwidiyanti

Analysis of Pharmaceutical Installations Management at Kambang Hospital, Jambi

Fitri Dwiyani , Amal C. Sjaaf

The Relationship between Readiness Program Officer and The Implementation of The TB-DM Collaboration Program at Semarang Community Health Center, Central Java

Dea Amarilisa Adespin, Hari Peni Julianti, Aras Utami, Diah Rahayu Wulandari, Arwinda Nugraheni

Implementation of Integrated Nursing Models toward Patient Satisfaction in Mitra Medika Amplas Hospital, Medan, North Sumatra

Deli, Destanul Aulia, He<mark>ru</mark> Santosa, Ida Yustina

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxi V e I

Analysis Study of the Comparative Quality of Patient Services Before and After COVID-19 Pandemic in Installation of Siloam Hospital TB Simatupang Installation Dian Agnesa Sembiring, Atik Nurwahyuni, Wahyu Sulistiadi	338
Implementation Analysis of The Occupational and Environmental Safety and Health Management System at Laboratory of Universitas Indonesia Puteri Salsabila, Mila Tejamaya	Univers
Readiness of Human Resource, Logistics, and Finance in Handling Pandemic COVID-19 at Bhakti Wira Tamtama TNI Hospital, Semarang <i>Rianti Merviane Erungan</i>	340
Interprofessional Collaboration on Mental Health: A Scoping Review Arista Kusuma Wardani, Sulistiyaningsih	341
Determinants of Inpatient Cost for Patients with ST-elevation Myocardial Infarct at Mayapada Hospital, Tangerang <i>Willia Gontina S, Atik Nurwahyuni</i>	342
Problems at A Hospital Con <mark>cern</mark> ing COVID-19 Pandemic Marselli Widya Lestari, Dewi Puspitosari H.D, Yohana	343
Compliance with Complete Filling of Patient & Medical Record at Hospital: A Systematic Review <i>Chrismatovanie Gloria, Pujiyanto</i>	344
Determinants of Injury Incidents in The Productive Aged Groups in Central Sulawesi Sea Septiana, Ira Marti Ayu	345
Acceptance and Barrier in Using Telemedicine Health Services of Hospitals among Paediatric Outpatients: A Systematic Review Sarah Geltri Harahap, Cicylia Candi, Adang Bachtiar	346
Risk Factors of Byssinosis Symptoms among Sewing Unit Workers at PT. X, Semarang <i>Fiska Anta Desiyanti, Decy Situngkir</i>	347
Hospital Characteristics Determining Indonesian Case Base Groups Claim Rates <i>Warsi Maryati, Novita Yuliani, Anton Susanto, Aris</i> <i>Octavian Wannay, Ani Ismayani Justika</i>	348

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxii Prevention Program at District and Village Levels in Indonesia Using The Ecological Approach Mutiara Tirta Prabandari Lintang Kusuma
Path Analysis on The Determinants of Hospital Lost Under INA-CBGs Reimbursement for Patient with Dengue Hemorrhagic Fever in Ngawi Regional Public Hospital, East Java Betty Nurizky Ariwardani, Didik Gunawan Tamtomo, Bhisma Murti
The Effect of Activity Level of The Integrated Health Post on The Community Health Workers Performance on Child Growth and Development Health Services: A Multilevel Analysis Lidia Ekiq Kurniavie, Pawito, Bhisma Murti

Understanding The Contextual Idiosyncrasies of Stunting

Factors Associated with Participation in The National Health Insurance Program: A Path Analysis Evidence from Kudus, Central Java

Anom Dwi Prakoso, Endang Sutisna Sulaeman, Arief Suryono

Multilevel Analysis on The Contextual Effect of The Integrated Health Post on The Use of Non- Communicable Disease Screening Service

Riza Firdaus, Yulia La<mark>nti Re</mark>tno Dewi, Bhism<mark>a</mark> Murti

Factors Affecting The Decision to Choose School of Acupuncture Imrok Atus Sholihah, Hanung Prasetya, Vitri Widyaningsih

Factors Affecting The Performance of Health Workers at The Community Health Centers in Klaten, Central Java Nia Handayani, Didik Gunawan Tamtomo, Bhisma Murti

Factors Associated with Service Performance among Community Health Center Employees in Karanganyar, Central Java Mujiran, Setyo Sri Rahardjo, Bhisma Murti

Implementation of Dual Health Asset Application Developed by Ministry of Internal Affairs and Ministry of Health in Hospitals in Boyolali, Central Java Yunita Rusdiyanti, Didik Gunawan Tamtomo, Bhisma Murti

Factors Associated with Job Performance of Midwives at Community Health Centers in Mojokerto, East Java *Veterina Rizki Amalia, Hanung Prasetya, Bhisma Murti*  349

350 350

351

352

353

354

355

356

357

358

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxiii

Multilevel Logistic Regression Analysis on The Effectiveness of Chronic Disease Management Program in Improving "CERDIK" Healthy Behavior for Hypertensive Patients <i>Tri Puji Pangesti, Didik Gunawan Tamtomo, Bhisma Murti</i>	359
Factors Affecting The Performance of Community Health Workers at The Integrated Non Communicable Disease Health Post in Karanganyar, Central Java Eka Siti Chasanah, Endang Sutisna Sulaeman, Setyo Sri Rahardjo	Universita 360 Sal
Factors Affecting The Perceived Quality of Service and Patient Satisfaction on Inpatient Care of Nabire Hospital Papua Agustina Utii, Bhisma Murti, Yulia Lanti Retno Dewi	361
Application of Social Cognitive: Determinants of Job Performance in Medical Rehabilitation Health Workers at Dr. Moewardi Hospital Sisybania, Mahendra Wijaya, Bhisma Murti	362
Systematic Review: Factors Associated with Implementation of Health Information Management in Community Health Centers Sri Umiati	363
Meta-Analysis The Effect of Chronic Disease on Catastrophic Health Expenditure Yeny Ristaning Belawati, Didik Gunawan Tamtomo, Bhisma Murti	364
The Influence of Job Satisfaction and Organization Commitment on The Performance of Family Planning Counselors in Yogyakarta Ikhtiarisca Olifia Mufidatun, Didik Gunawan Tamtomo, Bhisma Murti	Universita <sup>365</sup>
Evaluation of Information and Adolescent Counseling Center Management to Delay Early Marriage in Adolescents in Senior High School 4, Jambi, Indonesia <i>Muhammad Rifqi Azhary, Dwi Noerjoedianto, Hubaybah</i>	366
Evaluation The Implementation of Trias of School Health Center Program at Giwangan Elementary School, Yogyakarta <i>Lina Eta Safitri</i>	367
<b>TOPIC V: MEDICINE</b> Effectiveness of Cocoa ( <i>Theobroma cacao L.</i> ) Seed Extract on The Growth of In Vitro Malassezia Furfur <i>Fajar Daniswara Montana, Yuni Setyaningsih, Fajriati Zulfa</i>	369

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxiv

Antifungal Test of The Ethanol Extract of Brotowali Stem ( <i>Tinospora crispa</i> ) on the Growth of <i>Trichophyton rubrum</i> In Vitro <i>Nurul Nadifa Erza, Fajriati Zulfa, Yuni Setyaningsih</i>	370
Macaranga Leave Capsule as on Dysmenorrhea as a Complementary therapy <i>Candra Kusuma Negara, Sri Erliani, kristiani</i>	371 iversit
The Differences between Foam Rolling Exercise and Swedish Massage on Delayed Onset Muscle Soreness Pain Ribkhah Arvita Ekaristi, Herdianty Kusuma H, Marti Rustanti	372
Murrotal Music on Dysmenorrhea Pain among Students in Madrasah Aliyah Sultan Hasanudin, South Jakarta <i>Ova Jayanti, Rosmawati Lubis, Nurmawati</i>	373
Various Alertness Cognitive Stimulation on The Optimization of Motor Recovery among Post Stroke Patients in Neurorehabilitation Program Hendri Kurniawan	374
Effectiveness of Soursop leaf Extract to Decrease Malondialdehyde Level Sarah Lorenza Caverina, retno Yulianti, Andri Pramesyanti	375
The Relative Effectivness of Steady State Cardio and High Intensity Interval Training on Cardiorespiratory Fitness among Students at School of Health Polytechnics, Surakarta <i>Mei Kusumaningtyas, Hana Kristina</i>	376
The Study of Antioxidant Endogenous Levels of Obesity Mice That Induced by 2-Nitropropane Maria Selvester Thadeus, Tiwuk Susantiningsih, Agneta Irmarahayu	377
Effectiveness of Ficus elastica Roxb. Ex Hornem Leaf Extract in Reducing Total Cholesterol Level in High Fat Induced Diet Wistar Male Rats Muhamad Seto Sudirman, Msi.Med	378
Effect of Giving Scapular Pattern Exercise for Increasion Range of Motion in Frozen Shoulder Aulia Muthia Muthmainnah, Afif Ghufroni, M.Mudatsir Syatibi	379
Relation Between Tiroid Status with Glycemic Control of Type 2 Dm Patients at Rspad Gatot Soebroto <i>Kartika Yulianti, Aris Wibudi, Mila Citrawati</i>	380

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxv

Assessment of Low Back and Hamstring Muscle Flexibility among Students of Physiotherapy Department at Health Polytechnics Surakarta

Mei Kusumaningtyas, Herdianty Kusuma Handari

Effect of Consuming Tomato (*Solanu mlycopersicum L*) Juice and Red Spinach (*Amaranthus tricolor L*) on Haemoglobin Levels of Reproductive Age Women in Payung Sekaki Public Health Center, Pekanbaru

Resda Pebriani, Rifa Yanti

Effectiveness of Low Impact Aerobic Exercise Activity on Anxiety Levels in Schizophrenia Patients at dr.RM Soedjarwadi Hospital, Klaten

Rita Untari

The Effect of The Model of Eradication of Dengue Fever Vector Movement of Housewives Monitoring Larva in Efforts to Prevent Dengue Fever in Mojolangu Village, Lowokwaru District Malang *Fiashriel Lundy, Prima Soultoni Akbar* 

Comparison of Mini-Mental State Examination and Clock Drawing Test with Orientation-Memory-Concentration Test in The Elderly with Cognitive Function Impairment in Jetis Sub-District, Yogyakarta

Darren Eduardo Wil<mark>liam,</mark> Mitra Andini Sigilipoe, Widya Christine Manus

Policy Analysis of Leprosy Control: A Systematic Review Dian Ayu Pertiwi, Dumilah Ayuningtyas

The Effect of Brain Gym on Depression Levels in Elderly, Nogosari District, Boyolali, Central Java *Rita Untari* 

Effect of Acupuncture and Acupressure Therapy on Reduction of Pain Levels in Lower Step Pain Patients, Dukuh Duwetan, Central Java

Imrok Atus Sholihah, Sumanto, Risna Widowati

Effects of Foot Reflexology Massage on Reducing Blood Pressure in Elderly with Hypertension at Sekupang Public Health Center, Batam

Martini Heniastaty Patuwondatu, Cicilya Candi

Effectiveness of Sembung Tree Honey on Decreasing Cholesterol Level in Hypercolesterolemia Nunik Purwanti, Rahmadiar Aditya Putri, Siti Nurjanah

> The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxvi

381

382

383

384

385

386

387

388

389

Effectiveness of Material Using CT Scan and MRI After Use of Picture Archiving and Commucating System and Radiology Information System at Radiological Installation of Bukittinggi National Hospital, West Sumatra

Widya, Adang Bachtiar

Iodine Deficiency Associated with Adolescent Cognitive Performance in Endemic Iodine Deficiency Endemic Area Leny Latifah, Yusi Dwi Nurcahyani, Suryati Kumorowulan, Diah Yunitawati

Effectiveness of Dry Extract Mahoni Seed Consumption on Blood Sugar Level in Diabetes Mellitus

Ganda Ardiansyah, Henny Purwandari, Heni Prastika Damayanti

Risk Factor of Dry Eyes Syndrome Toward Elderly with Diabetes Mellitus

Trilaksana Nugroho, Hari Peni Julianti, Arief Wildan, Arnila Novitasari Saubig, Andhika Guna Darma, Desti Putri Seyorini

Factors Related to Genital Hygiene Behavior among Female Underwent Treatment at Dr. Moewardi Hospital Surakarta, Indonesia: A Case-Control Study

Afriza Umami, Suka<mark>diono</mark>, Bhisma Murti, Tegar Wahyu Yudha Pratama, Sudalhar, Istiqlal Fithri, Dede Nasrullah

Effectiveness of Cookies Produced from Moringa Oleifera Leaves in Haemoglobin Level in Students at Islamic Junior High School Miftahul Hayat, Serang, Banten

Dewi Indah Sari, Afni Yulianti, Ninik Wahyuni

A Case Report on Regional Anaesthesia in Pregnant Women with Severe Pre-Eclampsia, Partial Hellp Syndrome, Fetal Distress, and Type II Diabetes Mellitus

*Rth. Supraptomo* 

Effectiveness of Consuming Decoction of Bay Leaves (*Syzygium* polyanthum) and Soursop Leaves (*Annona uricata*) on Reducing Uric Acid Levels in Elderly in Grobogan, Central Java Dewi Rukmana, Purhadi, Wahyu Riniasih

Relationship between Psychosocial Stressor and Asthma Control in Adult Asthma Patients at Depok Hospital, West Java Hasnah Viviana, Asysyukriati, Erna Harfiani 391

392

393

394

395

396

397

398

399

The 7<sup>th</sup> International Conference on Public Health V C I S I La S Solo, Indonesia, October 21-22, 2020 | xxxvii V C I The Role of Chloroquine and Hydroxychloroquine in Prophylaxis of COVID-19: A Systematic Review 401 Dewi Indra Sari, Mardiati Nadjib Effect of Thymoguinone on Interleukin-8, FEV1, And COPD Assessment Test Score in Stable Chronic Obstructive Lung Disease 402 Yusup Subagio Sutanto, Levana Kasumadewi, Suradi, Ana Rima Setijadi, Hendra Kurniawan Effect of Chayote (Sechium edule Jacq. Swartz) Extract on Level of Interleukin-8 in Wistar Rats with Aspirin-Induced Gastritis 403 Hendrika Andriana Silitonga, Gontar Alamsyah Siregar, Rosita Juwita Sembiring, Marline Nainggolan Nutritional, Physical, Psychosocial, and Commorbid Disease Affecting Quality of Life in Knee Osteoartritis Patients at William Booth Hospital, Semarang 404 Hari Peni Julianti, Dea Amarilisa Adespin, Trilaksana Nugroho, Nur Laelatul Rasyidin Effect of Aloe Vera Drink on Intensity of Dysmenorrhea in Students, Tangerang, Banten 405 Solihati, Nuraliyah Sugianti The Effectiveness of Goat Milk to Increase The Quantity of Breast Milk among Lactation Women: Randomized Controlled Trial Evidence 406Prita Alvina Reviana, Yulia Lanti Retno Dewi, Vitri Widyaningsih Factors Affecting The Quality of Life In Patients with Type 2 Diabetes Mellitus in Surakarta, Central Java 407 Devi Marlina, Didik Gunawan Tamtomo, RB. Soemanto The Effect of Hyperuricemia Herbs Drink on The Quality of Life 408 Agus Triyono, Widhi Astana, Fajar Novianto, Zuraida Zulkarnain, Ulfa Fitriani, Ulfatun Nissa, Danang Ardianto Hypnosis and Sexual Arousal: A Meta-Analysis 409 Ratna Dewi Kumalasari, Didik Gunawan Tamtomo, Hanung Prasetya

Relationship between Compliance to Surgery Safety Checklist and Incidents among Anesthesiology Nurses in Operation Theater,

Wienaldi, Ermi Girsang, Sri Lestari Ramadhani Nasution

Royal Prima Hospital, Medan, North Sumatera

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxviii

Meta Analysis: The Effect of High-Intensity Interval Training on Low Density Lipoprotein Level in Patients with Type 2 Diabetes Melitus	410
Sela Putri Adelita, Eti <mark>Poncorini Pa</mark> mungkasari, Bhisma Murti	-
Acupuncture Therapy in Reducing Pain in Patients with Low Back	
Pain: Meta Analysis	411
Elisa Novitasari, RB. Soemanto, Hanung Prasetya	7
A Meta-Analysis of Knee Orthosis Uptake in Reducing Pain in	
Patients with Knee Osteoarthritis	412
Atika Febri Anggriani, Agus Kristiyanto, Setyo Sri Rahardjo	
Lateral Wedge Insole Uptake in Reducing Pain in Patients with	
Knee Osteoarthritis: A Meta-Analysis Study	413
Muhibbah Fatati, Setyo Sri Rahardjo, Hanung Prasetya	
Meta Analysis: The Effect of Type 2 Diabetes Mellitus in Stroke	414
Dody Suprayogi, Agus Kristiyanto, Hanung Prasetya	
A Meta-Analysis on The Effectiveness of Prenatal Yoga in Reducing	
Cortisol Hormone in Pregnancy	415
Shiva Aflahiyah, Di <mark>dik</mark> Gunawan Tamto <mark>m</mark> o, Hanung	
Prasetya	
The Effects of Ferric Carboxymaltose Versus Iron Sucrose on The	
Ferritin Level in Pregnant Women with Anemia: A Meta-Analysis	416
Astika Candra Nirwana, Yulia Lanti Retno Dewi, Bhisma	
Murti	
The Effect of Insulin Provision on The Risk Reduction of Type 2	
Diabetes Mellitus: Meta-Analysis	417
Dian Dini Islami, Didik Gunawan Tamtomo, Hanung	
Prasetya	
Obesity and Gastroesophageal Reflux Disease: A Meta-Analysis	
Study in Asia and America	418
Alfiani Vivi Sutanto, Pawito, Hanung Prasetyo	
Meta-Analysis of The Effect of Probiotics on The Frequency and	
Duration of Diarrhea in Children Under Five	419
Wahyu Agustin Dwi Ciptaningtyas, Bhisma Murti, Setyo Sri Rahardjo	
Kanarajo	
The Effectiveness of Acupuncture in Reducing Musculoskeletal	
Pain: A Meta-Analysis	420
Kurnia Eka Putri, Bhis <mark>ma</mark> Murti, Hanung Pras <mark>e</mark> tya	

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xxxix / ers it a s

Meta-Analysis: Acupuncture Therapy in Reducing Blood Pressure on Hypertensive Patients <i>Fahmi Eko Susilo, Hanung Prasetya, Agus Kristiyanto</i>	421
Family History with Diabetes Mellitus and The Gestational Diabetes Mellitus: Meta-Analysis Ummu Fatihah Ammutammima, Didik Gunawan Tamtomo, Bhisma Murti	422 iversitas
Effect of Family History with Diabetes Mellitus on The Risk of Gestational Diabetes Mellitus: A Meta-Analysis Galuh Sitorukmi, Bhisma Murti, Yulia Lanti Retno Dewi	423
Effect of Obesity and Family History on The Risk of Breast Cancer: Meta Analysis Enge Surabina Ketaren, Bhisma Murti, Vitri widyaningsih	424
Meta-Analysis: The Effect of Diabetes Mellitus Comorbidity on The Severity in Patients with COVID-19 Infection Utin Ilma Agni Kun'ain, Setyo Sri Rahardjo, Didik Gunawan Tamtomo	425
The Effect Echinacea Purpurea Herbs in Reducing Symptoms of Upper Respiratory Infection: A Meta-Analysis Riska Fajar Fatony, Didik Gunawan Tamtomo, Hanung Prasetya	426
Effect of Drumstick ( <i>Moringa oleifera lam</i> ) Leave Ethanol Extract on Anopheles aconitus L. third Instar Larvae Mortality <i>Yuzana Maung, Sutartinah Sri Handayani, Lukman</i> <i>Aryoseto</i>	427 Oniversitas
Effect of Kinesiology Taping in Reducing Pain in Patients with Low Back Pain: A Meta Analysis Cahyo Setiawan, Didik Gunawan Tamtomo, Hanung Prasetya	428
Effect of Kinesiology Taping in Reducing Pain in Patients with Low Back Pain: A Meta Analysis Cahyo Setiawan, Didik Gunawan Tamtomo, Hanung	428
Prasetya The Effect of Soybean-Palm Date Milk Consumption on Hemoglobin Level Among Adolescent Dessy Lutfiasari, Galuh Pradian Yanuaringsih	429

The 7<sup>th</sup> International Conference on Public Health Solo, Indonesia, October 21-22, 2020 | xl

### RISK FACTORS OF BYSSINOSIS SYMPTOMS AMONG SEWING UNIT WORKERS AT PT. X, SEMARANG

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ABSTRACT

**Background:** Byssinosis, a cotton lung disease, is work-related respiratory symptoms found mainly in workers at textile industries. Byssinosis remains one of the health problems in developing countries related to cotton dust from industrial textile production processes. This study aimed to determine the risk factors of byssinosis symptoms among sewing unit workers at PT. X, Semarang.

**Subjects and Method:** This was a cross-sectional study conducted from February to August 2020 at sewing unit PT. X, Semarang, Central Java. A total of 205 sewing unit workers was selected for this study. The dependent variable was symptoms of byssinosis. The independent variables were age, working time, wearing a face mask, and knowledge of the workers. The study subjects were selected by simple random sampling technique. The data were collected by questionnaires, observations, and reports. Bivariate analysis was carried out by using the chi-square method.

**Results:** Byssinosis symptoms increased with age (OR= 1.55; CI= 0.85 to 2.83; p= 0.195), working time (OR= 6.02; 95% CI= 3.28 to 11.05; p= 0.001), without wearing face mask (OR= 9.14; 95% CI= 4.81 to 17.39; p= 0.001), and good knowledge of workers (OR= 0.87; 95% CI= 0.50 to 1.51; p= 0.728).

**Conclusion:** Age, working time, and without wearing face mask are risk factors, while good knowledge of workers is a protective factor of byssinosis. It is recommended that the personal protective equipment be adequately supplied and regulations strictly enforced for its use within the work environment.

Keywords: byssinosis symptoms, sewing unit, working time, age, face mask, knowledge

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