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NURSING CARE ON CHRONIC KIDNEY DISEASE CLIENTS WITH A COMBINATION OF LEMON AROMATHERAPY MASSAGE INNOVATION IN 4 FLOOR PUBLIC TREATMENT ROOM RSPAD GATOT SOEBROTO JAKARTA

xviii + 5 chapter + 93 pages + 29 table + 1 sceme + 1 attachment

## **ABSTRACT**

The grouth in the number of people with kidney failure in 2013 has increased from the previous year. Based on the percentage in the 4 floor public treatment room of Gatot Soebroto Army Hospital in 2017 found 126 people with CKD. This case study aims to able to apply nursing care to each client chronic kidney disease with a combination of lemon aromatherapy massase innovation in 4 floor public treatment room RSPAD Gatot Soebroto. In writing this case study report using the approach method of nursing care process. The characteristics of clients who responded to the case study of CKD disease we<mark>re</mark> 5 people with an average age of 50 years and over. The majority of the classification of clients chronic kidney disease is in stage III, IV, V, have undergone hemodialysis and have not undergone hemodialysis. CKD clients present problems with excess fluid volume, ineffevtive bretahing patterns, nutritional imbalances less than nutritional needs, peripheral tissue perfusion ineffectiveness, and activital intolerance. The results of case studies that the authors found that all respondents emerged the problem of nursing nutrition imbalance less than the needs of the body that generally complained of nausea and vomiting that makes people with kidney disease will not eat (anorexia) due to increased levels of circulating creatinine ureum in the blood. Innovation applied by the author in handling nausea / vomiting on client of CKD is to provide lemon aromatherapy with messase so that client feel more calm and comfortable. The results showed that there is a lemon aromatherapy effect with massase to overcome nausea / vomiting on the client Chronic Kidney Disease (CKD). Suggestions from this study to RSPAD Gatot Soebroto in order to make SOP use of lemon aromatherapy accompanied by messase to overcome nausea/ vomiting on clienrs with CKD.

Keywords: CKD, Innovation of Nursing Care with Lemon Aromatheraphy Massase.

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