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NURSING CARE IN CLIENTS WITH ANEMIA IN GENERAL CARE ROOM 5 RSPAD
GATOT SOEBROTO JAKARTA CENTER IN 2018

Xviii + 5 Chapter + 64 pages + 20 Table + 1 Scheme + 2 Attachments

ABSTRACT

Anemia is a condition of hemoglobin concentration less than normal, anemia reflects less than normal amount of erythrocytes in the circulation. As a result, the amount of oxygen delivered to body tissues is also reduced. Based on the highest percentage of the room, Anemia is the second most common disease of ten diseases in Public Treatment Room 5 RSPAD Gatot Soebroto Central Jakarta 2018. In this case study used method with nursing process approach with 5 clients suffering from anemia in Public Treatment Room 5 RSPAD Gatot Soebroto. 5 clients of anemia with age 26-45 years (20%), age 46-65 years (60%) and age > 65 years (20%). Gender of female client (100%). According to the cause found 100% of clients have chronic diseases and iron deficiency, folic acid and B12. Nursing studies and diagnoses and nursing actions are tailored to nursing orders and nursing evaluation according to linked theories. Discharge planning conducted health education (100%). In nursing care is obtained intake of nutrients of 3 clients (60%) is not good because never spend the portion of food from the hospital, and do not consume other food than the hospital. In this case the authors suggest Nurses can work together with families in increasing the client's nutritional intake with anemia through education so that clients also understand the illness they experienced especially on the need for nutritional intake must be met patients with anemia.

Keywords: nursing care, anemia, nutritional intake.

References: 22 (2007-2017)