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**"NURSING SYSTEMS DIABETES MELLITUS WITH HYPERTENSION"**  
Xix + 5 Chapter + 127 pages + 41 Table + 3 Attachments

### **ABSTRACT**

*Diabetes mellitus (DM) is a chronic disease characterized by abnormal blood glucose levels and carbohydrate metabolism, fat and protein disorders caused by insulin deficiency (Hasdianah, 2012). Based on the data in the 3rd floor of General Hospital of RSPAD Gatot Subroto Hospital, the prevalence of diabetes mellitus client with hypertension from October to December 2018 was 47%. The purpose of this thesis is the identification of nursing care in each patient with Diabetes Mellitus with hypertension complications in the room General Treatment Level 3 RSPAD Gatot Soebroto Central Jakarta Year 2018. Writing method used is the approach to the process of nursing, the technique used in data collection that is with interviews, observation, physical examination and nursing care. The data has been obtained 3 clients who are taken and have some similarities and differences of complaints as an early diagnosis. Among them complaining of nausea, vomiting, shortness of breath, the body feels weak, and feel thirsty fast. Nursing diagnoses that appear are pain, damage to skin integrity, nutrient imbalance is less than body needs and activity intolerance. While the nursing actions performed in accordance with the plans that have been prepared. Evaluation of the action against 3 diagnoses found 4 diagnoses resolved. Suggestions for diabetics with hypertension that is maintaining diet, foot wound care, exercise is teratus, routine taking drugs.*

**Keywords** : Nursing care, Diabetes Mellitus, Hypertension

**Bibliography** : 24 (2008-2017)