

**UNIVERSITY OF ESA UNGGUL
FACULTY OF HEALTH SCIENCE
PROFESSIONAL STUDY PROGRAM NERS
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**“NURSING CARE IN CA MAMMAE PATIENTS WITH THE
INNOVATION OF LEMON AROMATHERAPY TO OVERCOME NAUSEA
AND VOMITING IN GENERAL CARE ROOM 4 RSPAD GATOT
SOEBROTO JAKARTA PUSAT”**

xviii + 5 Chapter + 117 Page + 31 Table + 7 Attachment

ABSTRACK

Breast cancer is a very serious health problem because of an increasing number (20%) per year, and is the cause of death number two after cervical cancer . The prevalence of tumor or cancer in Indonesia is 1.4 per 1000 population. information obtained last 3 months in 4th floor general treatment RSPAD Gatot Soebroto that breast cancer is the first disease of ten major diseases. One of the therapies used in the process of cancer cell growth is chemotherapy and one of the effects of chemotherapy is nausea and vomiting. The purpose of this case study is to conduct nursing care in 5 Ca Mammae patients with a nursing process approach. The results of the study were mostly women, over 40 years of age, there is no family history of cancer, Hormonal causes of cancer. Nursing Diagnosis is a change in nutrition less than body need, Chronic pain, High risk of infection, and anxious. Complementary nursing actions with lemon aromatherapy innovations to overcome nausea and vomiting chemotherapy effects. The results of the evaluation of the study showed no effect of lemon aromatherapy to overcome nausea and vomiting in 5 breast cancer patients. Suggestions for patients after being given education can adhere to diet, take regular medication, control poly and can use lemon aromatherapy to cope with nausea and vomiting at home. Suggestions for the room nurse is expected to provide health counseling about breast cancer to patients and families so that with increased knowledge of patients can improve the quality of life for the better.

Keywords: Nursing care, Ca Mammae, aromatherapy, Nausea and vomiting
Bibliography: 22 (2007-2017)