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Case Study, January 2018

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ABSTRACT

"NURSING CARE IN CHILDREN POST OPERATIONS ATRESIA ANI IN REDUCING PAIN WITH ATRAUMATIC ACTION PLAYING DOLL HANDS IN ROOM IKA 1 ARMY HOSPITAL GATOT SOEBROTO"

Atresia ani is one of the congenital abnormalities that occur in the growth of infant structures that arise since the life of egg conception results. In army hospital especially in IKA 1 atresia ani including 10 most diseases. Based on data from the last 3 months, from October to December 2017 there were 9 children with atresia ani. In this case study used nursing process approach method in 2 children with atresia ani. Both children with postoperative atresia ani were infant (0-1 years old). Causes of atresia ani found 100% postoperative children atresia ani due to birth without anal hole. General Purpose of this case study can be identified and find new things nursing care in each child with atresia ani in room IKA 1 army hospital Gatot Soebroto. Management of atresia ani is by surgery. Surgical action causes the surrounding tissue to be disconnected (discontinuity) resulting in tissue injury. Surgical injury will activate the nociceptor to release chemicals that continue to the brain as pain perception. Postoperative pain is a major problem that causes discomfort in children. Interventions used to overcome the pain that is pharmacologically include collaboration in giving analgesic and non-pharmacological. One of the non-pharmacological interventions given is the atraumatic action of playing hand puppets for 15 minutes by showing brightly colored puppets, playing put in motion finger, hiding puppets beside children and teaching children to put in motion their hands. This action is done to distract the child from feeling the pain felt. The conclusion that atraumatic acts of playing hand puppets is very effective in reducing pain in children.

Keyword: Atresia ani, pain, atraumatic action, hand puppets