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**"NURSING CARE IN POST CLIENTS OPERATING MAMAE IN
THE SURGERY V FLOOR RSPAD GATOT SOEBROTO 2018"**

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ABSTRACT

Breast cancer is a malignant tumor that attacks the breast tissue, is a disease most feared by women, although based on the latest findings men can get breast cancer, although it is still very rare. The application of reflexology foot massage uses nursing care methods with pre-test & Post intervention. The number of clients in applying foot massage reflexology are five with post mastectomy breast cancer at the Gatot Soebroto Jakarta Central Army Hospital, where five clients were given intervention for three days. The results of the application of reflexology foot massage before and after giving intervention to breast cancer patients who experienced a decrease in pain scale from five clients said that before the intervention of the five pain scales after the intervention of three clients became two and two clients became painless which meant that there was an effect of Foot Massage Reflexology in reducing the pain scale of breast cancer patients, can be concluded that the goal is achieved according to plan. The results of this case study clients with ca mammae are advised to continue to control pain with non-pharmacology relaxation, especially foot reflexology massage.

Keywords :

Cancer, Foot Massage Reflexology, Pain Scale, Breast Cancer