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NURSING INSTITUTIONS IN PATIENTS HYPERTENSIVE EMERGENCY WITH
GRANTING FOOT MASASE THERAPY IN EMERGENCY EMERGENCY OF
RSUD REGENCY OF TANGERANG 2018

5 Chapter + 73 Pages + 29 Tables + 1 Scheme

ABSTRACT

Foot massage is a massage action performed in the foot (Fitriani, 2015). Doing massage on the large muscles in the legs can facilitate the circulation of blood and lymph channels and help prevent varicose veins. At the time of massage on the leg muscles then increase the pressure to this muscle gradually to relax the tension that helps smooth the flow of blood to the heart. This study aims to identify the implementation of nursing care in patients with emergency hypertension with the innovation therapy foot massage in Emergency Installation RSUD Tangerang District 2018. Characteristics of patients who respondents case studies aged 51-71 years. The main priority diagnosis is the decrease in cardiac output. From the case study, it was found that foot massage therapy can be proven to reduce blood pressure, so it can be a recommendation for the management of patients who have emergency hypertension.

Keywords : Hipertensive Emergency, Foot Masase