

ABBREVIATIONS

Basic BAT *basic body awareness therapy*

BAS *body awareness scale*

BAS-H *body awareness scale-health*

CWMP *chronic widespread musculoskeletal pain*

S-EMG *surface electromyography*

EMG-biofeedback *electromyography biofeedback*

FGD *focus group discussion*

FM *fibromyalgia syndrome*

μV *microvolt*

%subrefEMG *μV during task divided by μV during sub-maximal reference contraction*