



Perpustakaan Pusat
Universitas
Esa Unggul

Jalan Arjuna Utara No.9,
Kebon Jeruk, Jakarta
11510
(021) 5674223 ext 282 (021)
5674152 (hunting), Fax
(021) 5674248

Therapeutic Exercise: Foundations And Techniques 6th Edition

Author : Carolyn Kisner & Lynn Allen Colby

No. Class: R 615.82 KIS t

Description: Thoroughly revised and updated throughout, Kisner & Colby's 6th Edition offers the most up-to-date exercise guidelines for individualizing interventions for those with movement disorders.

Now with contributions from the leading experts in the field, it encompasses all of the principles of therapeutic exercise and manual therapy, including spinal surgery and spinal manipulation. This renowned manual remains the authoritative source for exercise instruction for the therapist and for patient self-management.

Plus, you'll have access to Kisner and Colby's Therapeutic Exercise Video Library online at DavisPlus, featuring over 30 NEW full-color video clips—94 in all—demonstrating basic therapeutic exercises and techniques.

