

Description: A trusted classic for over 50 years, **Krause's Food and the Nutrition Care Process, 14th Edition** presents the most cutting-edge and up-to-date dietetics content available in this ever-changing field. Nicknamed the "nutrition bible", students and practitioners alike turn to its current, comprehensive content, engaging pedagogy and design, and logical presentation of information. This new edition includes the 2015 Dietary Guidelines for Americans, more visuals, and highlighted *Clinical Case Studies*, *Clinical Insights*, and *Clinical Applications* boxes that help translate scientific knowledge into practical patient care. Written by nearly 50 nationally

Krause's Food & the Nutrition Care Process 14th Edition

**Author : L Kathleen Mahan
No. Class: 612.3 MAH k**

recognized writers, researchers, and practitioners, it covers nutrition assessment and intervention, the nutritional needs of individuals in different stages of the life cycle, nutrition for health and fitness, and medical nutrition therapy.

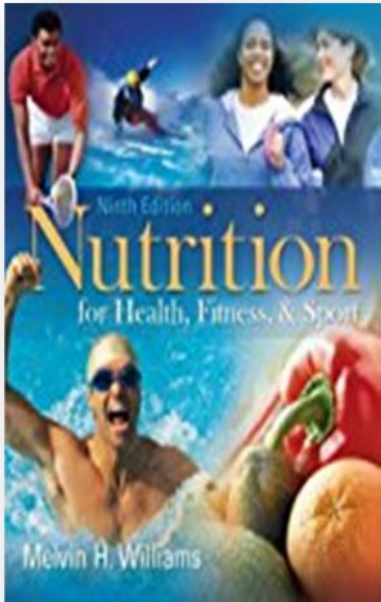
Authored by clinical specialists, ensuring in-depth coverage with many practical and evidence-based recommendations. *Sample Nutrition*

Diagnosis boxes present a problem, its etiology, and its signs and symptoms before concluding with a sample nutrition diagnosis, providing both students and practitioners with real-life scenarios they may encounter in practice. **UNIQUE!**

Pathophysiology algorithms present the cause, pathophysiology,

and medical nutrition management for a variety of disorders and conditions to help you provide optimal nutritional care.

Chapters on nutrition in each of the life cycle phases

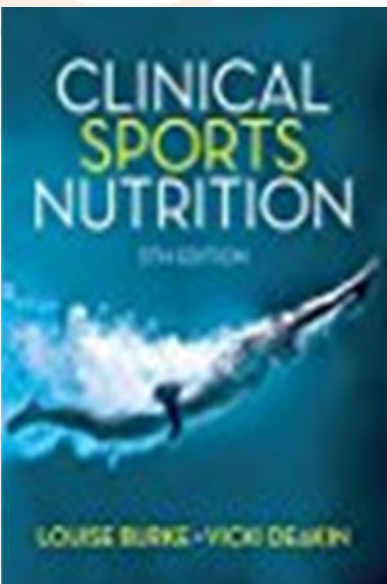


Nutrition for Health, Fitness & Sport

Author : Melvin William

No. Class : 613.2 WIL.n

Description: *Nutrition for Health, Fitness & Sport*, now in its tenth edition, provides the reader with thorough coverage of the role nutrition plays in enhancing one's health, fitness, and sport performance. Current research and practical activities are incorporated throughout. This edition welcomes the addition of two new authors, Dawn E. Anderson and Eric S. Rawson, both of whom are actively involved in the disciplines of exercise physiology and sports nutrition, and who have used this textbook over the years to teach their university classes. The tenth edition includes incorporation of the new Dietary Guidelines for Americans and the associated MyPlate model that has replaced the MyPyramid model. The new MyPlate model, which was designed to be more user-friendly for the American population, is discussed in several chapters. New information from authoritative position statements dealing with exercise and nutrition issues has been incorporated in various chapters where relevant. More than 300 new references, including clinical studies, reviews, and meta-analyses, have also been added to the text.



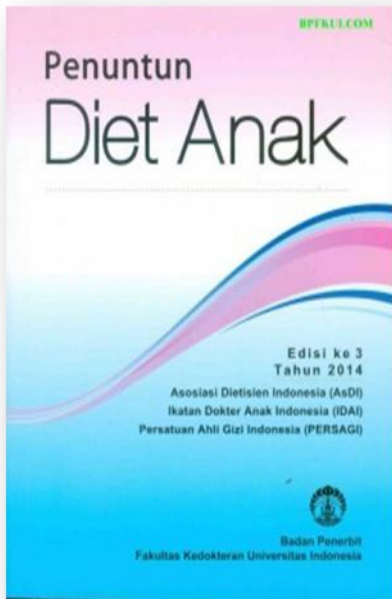
Clinical Sports Nutrition, Fifth Edition

Author : Louise Burke, Vicki Deakin

No. Class : 613.2 BUR c

Description: *Clinical Sports Nutrition 5e* is a cornerstone of the Sports Medicine series offered by McGraw-Hill Education. This complete practical and clinical reference provides the latest sports nutrition information, drawing on scientific research from around the globe. All chapters have been substantially revised and updated with contributions from leading academics, physicians and sports dietitians in Australia, Canada, the United States and the United Kingdom. In addition, there are seven new commentaries: A molecular view of exercise; Female athlete triad and energy availability; Measuring energy availability; Treating low energy availability; Vegetarian eating; Antioxidant supplementation and exercise; and, Fluid guidelines. This respected reference work is an invaluable asset for students and instructors in the discipline of sports nutrition, and is also essential reading for elite athletes, sports professionals and trainers who need to keep their knowledge current..

Penuntun Diet Anak Edisi 3



Author : Sri S. Nasar
No. Class : 613.2 NAS p

Description : Sesuai dengan judulnya, Penuntun Diet Anak Edisi 3 ini adalah merupakan revisi dari buku Penuntun Diet Anak Edisi 2 yang sudah menampung berbagai kemajuan dibidang ilmu gizi anak dwidarsana terakhir. Dalam buku edisi baru ini, para ahli diet dari asosiasi dietisien Indonesia (ASDI) dan Persatuan Ahli Gizi (PERSAGI) serta para dokter spesialis anak dari Ikatan Dokter Anak Indonesia (IDAI) memaparkan ilmu

pengetahuan mutakhir dibidang diet dan gizi anak. Diet-diet yang dimuat dari buku ini merupakan diet-diet standar untuk bayi dan anak pada berbagai keadaa, terutama ditujukan untuk bayi dan anak yang sedang dirawat. Dalam keadaan yang sangat

husus, diet dapat disesuaikan dengan kebutuhan perorangan, , bagi pasien berobat jalan, diet perlu disesuaikan dengan keadaan sosiall ekonomi dan kebiasaan keluarga.

Buku Ajar Gizi Kuliner Dasar

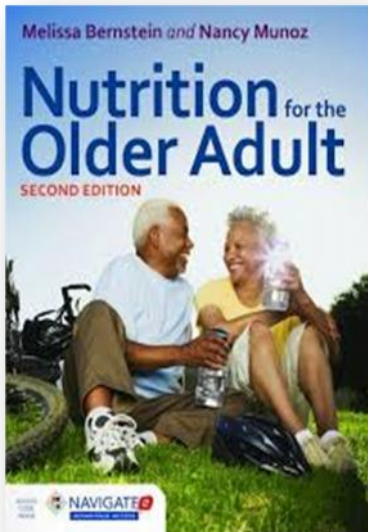


Author : Rohanta Siregar
No. Class : 613.2 SIR q

Description : Buku Ajar gizi kuliner dasar mencakup berbagai pembahasan mengenai kuliner, seperti tempat dan alat penyelenggaraan makanan, proses dan penyajian makanan, serta pengetahuan seputar bahan makanan, khususnya yang biasa digunakan di Indonesia buku ini juga dilengkapi juga resep makanan nusantara, yang dikelompokan menurut bahan makanan yang digunakan dan daerah asal resep tersebut. Pembahasan

mengenai acara khusus seperti pesta, wisata, dan upacara tradisional di Indonesia juga dipaparkan , disertai dengan resep masakan yang sering ada pada acara tersebut. Buku ajar kuliner dasar disusun sesuai dengan kebutuhan mahasiswa D3 dan S1 gizi, khususnya untuk mata kuliah kuliner, Namun buku ini juga dapat digunakan oleh ahli

boga, praktisi kuliner maupun masyarakat umum yang tertarik dengan bidang kuliner



Nutrition for the Older Adult

Author : Melissa Bernstein, Nancy Munoz

No. Class : 613.2 BER n

Description : Reorganized and updated with the latest data in the field, the Second Edition of Nutrition for the Older Adult introduces students to the unique nutritional needs of this special population. Designed for the undergraduate, the text covers such important topics as the physiological changes of aging, weight and nutrition problems in older adults, diet and cultural diversity in older adults, macronutrient, mineral, and vitamin requirements for older adults, and much more. With an added emphasis on health promotion, Nutrition for the Older Adult is an essential resource for students in the fields of nutrition, nursing, public health and gerontology.

- New full-color design and art program!
- Updated content reflects Healthy People 2020, MyPlate for Older Americans, and 2010 Dietary Guidelines
- Contains examples with actual patients and nutritional disorders that are seen in the community and clinical settings
- Discusses changes that commonly occur naturally with aging, so that it is understood that disease is not a natural consequence of growing old
- Presents the diseases that occur often in older adults and includes nutritional elements that may contribute to the problems or are part of the solution to the problems