

Health Literacy Among patient with Type 2 Diabetes Mellitus

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Abstract

Health literacy is a measure of patient ability to read, comprehend, and act on medical instructions. Poor health literacy is common among racial and ethnic minorities, elderly persons, and patients with chronic conditions, particularly in public-sector settings. Diabetes and its complications result in large economic losses for sufferers, decreased productivity, disability, and premature death. The aim of this study was to look at health literacy patients with type 2 Diabetes Mellitus. This study case used a descriptive design. Data collection instruments used were questionnaires and observation sheets. The results showed that most (40%) of respondents could very easily find health information about DM, most (35%) respondents were quite easy to understand and get the meaning of information about DM received. The majority of respondents (40%) were very easy to interpret and evaluate health information about DM and most (40%) of respondents were quite easy to make decisions about information and health issues obtained. The conclusion of this study is that Health literacy about diabetes mellitus is supported by the presence of health and desires from sufferers and family support

Keywords: type 2 DM, health literacy, case study