

LAMPIRAN

Lampiran 1 Formulir *Food Recall* 1x24 Jam

Hari / Tanggal : _____

Recall hari ke : _____

Waktu / Jam	Nama Makanan	Bahan	URT	Berat/gr
Makan Pagi				
Makan Siang				
Makan Sore				

Lampiran 2 Kuesioner Sosial dan Budaya

A. Keterangan Responden

1. Nama Responden : _____
2. Nomor Urut Ibu Hamil : _____
3. Umur Responden : _____
4. Umur Kehamilan : _____
5. Nama Suami Responden : _____
6. Pendidikan : a. SD b. SMP c. SMA d. Perguruan Tinggi
7. Pendapatan Suami : a. $\leq 3.355.750$ /bln b. $\geq 3.355.750$ /bln
8. Kadar Hb : _____

B. Pantangan Makan

1. Apakah ibu selama hamil pantang makan terhadap nanas ?
a. Ya b. Tidak
2. Apakah ibu selama hamil pantang makan terhadap ikan lele ?
a. Ya b. Tidak
3. Apakah ibu selama hamil pantang makan terhadap udang ?
a. Ya b. Tidak
4. Apakah ibu selama hamil pantang makan terhadap kepiting ?
a. Ya b. Tidak
5. Apakah ibu selama hamil pantang makan terhadap cumi-cumi ?
a. Ya b. Tidak
6. Apakah ibu selama hamil pantang makan terhadap terong ?
a. Ya b. Tidak
7. Apakah ibu selama hamil pantang makan terhadap jantung pisang ?
a. Ya b. Tidak
8. Apakah ibu selama hamil pantang makan terhadap durian ?
a. Ya b. Tidak

C. Dukungan Suami

No	Pertanyaan	Ya	Tidak
1	Apakah suami ibu ikut berperan mengingatkan ibu untuk mengonsumsi tablet zat besi (Fe) agar tidak terjadinya anemia pada ibu hamil ?		
2	Apakah suami ibu ikut menentukan makanan apa saja yang harus dikonsumsi selama hamil ?		
3	Apakah suami menyediakan air putih untuk anda ketika anda akan meminum tablet zat besi (Fe) ?		
4	Apakah suami menanyakan keluhan yang anda rasakan setelah meminum tablet zat besi (Fe) ?		
5	Apakah suami berusaha mencari sumber informasi lain seputar kehamilan dan konsumsi tablet zat besi (Fe) ?		
6	Apakah suami berusaha menggali informasi dari petugas kesehatan tentang konsumsi tablet zat besi (Fe) pada saat mendampingi ibu periksa hamil ?		
7	Apakah suami sering membelikan ibu sayur-sayuran hijau selama kehamilan ?		
8	Apakah suami memberikan biaya untuk pemeriksaan kadar Hb selama kehamilan ?		

Lampiran 3 Output Uji Validitas dan Reabilitas Kuesioner

Case Processing Summary

		N	%
Cases	Valid	32	100.0
	Excluded ^a	0	.0
	Total	32	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.768	29

Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
pert_1	13.88	26.629	.271	.762
pert_2	13.88	28.758	-.130	.783
pert_3	13.88	28.371	-.060	.779
pert_4	13.81	28.415	-.068	.780
pert_5	13.91	28.926	-.161	.784

pert_6	13.81	28.157	-.020	.777
pert_7	13.81	24.286	.758	.736
pert_8	13.84	24.007	.814	.732
pert_9	13.91	30.604	-.455	.798
pert_10	13.88	29.532	-.269	.789
pert_11	13.91	24.926	.617	.744
pert_12	13.84	24.007	.814	.732
pert_13	13.88	30.629	-.459	.798
pert_14	13.88	28.306	-.048	.779
pert_15	13.91	29.830	-.321	.792
pert_16	13.81	24.286	.758	.736
pert_17	13.84	24.007	.814	.732
pert_18	13.84	24.007	.814	.732
pert_19	13.88	24.113	.789	.734
pert_20	13.91	24.926	.617	.744
pert_21	14.25	28.581	-.108	.776
pert_22	13.91	24.797	.644	.742
pert_23	13.88	26.113	.373	.757
pert_24	13.88	31.016	-.524	.801
pert_25	13.88	26.113	.373	.757
pert_26	13.84	24.007	.814	.732

pert_27	13.91	24.926	.617	.744
pert_28	13.84	24.523	.702	.739
pert_29	13.84	24.781	.647	.742

Lampiran 4 Output Uji Univariat

Statistics

		Umur_Ibu	Usia_Kehamilan	Pendidikan_Ibu	Pendapatan_Sua mi	Dukungan_Su ami	Pantang_Makan	Kadar_Hb_1
N	Valid	52	52	52	52	52	52	52
	Missing	0	0	0	0	0	0	0
Mean		1.58	16.35	3.85	.48	1.65	1.67	1.7500
Std. Error of Mean		.069	.165	.121	.070	.067	.066	.06063
Median		2.00	16.00	4.00	.00	2.00	2.00	2.0000
Std. Deviation		.499	1.186	.872	.505	.480	.474	.43724
Minimum		1	16	1	0	1	1	1.00
Maximum		2	24	5	1	2	2	2.00
Sum		82	850	200	25	86	87	91.00

Umur_Ibu

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	17-24 Tahun	22	42.3	42.3	42.3
	25-35 Tahun	30	57.7	57.7	100.0
	Total	52	100.0	100.0	

Usia_Kehamilan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	16	43	82.7	82.7	82.7
	17	6	11.5	11.5	94.2
	18	2	3.8	3.8	98.1
	24	1	1.9	1.9	100.0
	Total	52	100.0	100.0	

Pendidikan_Ibu

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Tidak Sekolah	1	1.9	1.9	1.9
SD	2	3.8	3.8	5.8
SMP	12	23.1	23.1	28.8
SMA	26	50.0	50.0	78.8
Perguruan Tinggi	11	21.2	21.2	100.0
Total	52	100.0	100.0	

Pendapatan_Suami

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid < 3.355.750	27	51.9	51.9	51.9
> 3.355.750	25	48.1	48.1	100.0
Total	52	100.0	100.0	

Dukungan_Suami

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Kurang	18	34.6	34.6	34.6
Baik	34	65.4	65.4	100.0
Total	52	100.0	100.0	

Pantang_Makan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Pantang Makan	17	32.7	32.7	32.7
	Tidak Pantang Makan	35	67.3	67.3	100.0
	Total	52	100.0	100.0	

Kadar_Hb_1

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Anemia	13	25.0	25.0	25.0
	Tidak Anemia	39	75.0	75.0	100.0
	Total	52	100.0	100.0	

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Kadar_Hb_2	52	7.50	13.20	11.3212	1.16440
Asupan_Protein_Rerata	52	10.20	91.63	51.0542	15.61696
Asupan_Zat_Besi_Rerata	52	2.50	24.43	7.4804	3.78890
Asupan_Asam_Folat_Rerat	52	51.10	283.63	136.5458	56.22312
Asupan_Vit_A_Rerata	52	114.00	12256.96	1161.0844	1704.95804
Valid N (listwise)	52				

Lampiran 4 Output Bivariat

Pendapatan_Suami * Kadar_Hb_1 Crosstabulation

			Kadar_Hb_1		Total
			Anemia	Tidak Anemia	
Pendapatan_Suami	Rendah	Count	10	17	27
		% within Pendapatan_Suami	37.0%	63.0%	100.0%
	Tinggi	Count	3	22	25
		% within Pendapatan_Suami	12.0%	88.0%	100.0%
Total		Count	13	39	52
		% within Pendapatan_Suami	25.0%	75.0%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	4.340 ^a	1	.037		
Continuity Correction ^b	3.107	1	.078		
Likelihood Ratio	4.542	1	.033		
Fisher's Exact Test				.055	.037
Linear-by-Linear Association	4.256	1	.039		
N of Valid Cases	52				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 6,25.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pendapatan_Suami (Rendah / Tinggi)	4.314	1.025	18.154
For cohort Kadar_Hb_1 = Anemia	3.086	.958	9.944
For cohort Kadar_Hb_1 = Tidak Anemia	.715	.518	.989
N of Valid Cases	52		

Dukungan_Suami * Kadar_Hb_1 Crosstabulation

			Kadar_Hb_1		Total
			Anemia	Tidak Anemia	
Dukungan_Suami	Kurang	Count	10	8	18
		% within Dukungan_Suami	55.6%	44.4%	100.0%
	Baik	Count	3	31	34
		% within Dukungan_Suami	8.8%	91.2%	100.0%
Total		Count	13	39	52
		% within Dukungan_Suami	25.0%	75.0%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	13.708 ^a	1	.000		
Continuity Correction ^b	11.329	1	.001		
Likelihood Ratio	13.459	1	.000		
Fisher's Exact Test				.000	.000
Linear-by-Linear Association	13.444	1	.000		
N of Valid Cases	52				

- a. 1 cells (25,0%) have expected count less than 5. The minimum expected count is 4,50.
 b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Dukungan_Suami (Kurang / Baik)	12.917	2.864	58.250
For cohort Kadar_Hb_1 = Anemia	6.296	1.980	20.021
For cohort Kadar_Hb_1 = Tidak Anemia	.487	.288	.826
N of Valid Cases	52		

Pantang_Makan * Kadar_Hb_1 Crosstabulation

			Kadar_Hb_1		Total
			Anemia	Tidak Anemia	
Pantang_Makan	Pantang Makan	Count	9	8	17
		% within Pantang_Makan	52.9%	47.1%	100.0%
	Tidak Pantang Makan	Count	4	31	35
		% within Pantang_Makan	11.4%	88.6%	100.0%
Total		Count	13	39	52
		% within Pantang_Makan	25.0%	75.0%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	10.517 ^a	1	.001		
Continuity Correction ^b	8.419	1	.004		
Likelihood Ratio	10.098	1	.001		
Fisher's Exact Test				.002	.002
Linear-by-Linear Association	10.314	1	.001		
N of Valid Cases	52				

a. 1 cells (25,0%) have expected count less than 5. The minimum expected count is 4,25.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Pantang_Makan (Pantang Makan / Tidak Pantang Makan)	8.719	2.126	35.752
For cohort Kadar_Hb_1 = Anemia	4.632	1.661	12.916
For cohort Kadar_Hb_1 = Tidak Anemia	.531	.316	.892
N of Valid Cases	52		

Tingkat_Protein * Kadar_Hb_1 Crosstabulation

Count

		Kadar_Hb_1		Total
		Anemia	Tidak Anemia	
Tingkat_Protein	defisit	12	29	41
	cukup	1	10	11
Total		13	39	52

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	1.883 ^a	1	.170		
Continuity Correction ^b	.961	1	.327		
Likelihood Ratio	2.209	1	.137		
Fisher's Exact Test				.253	.165
Linear-by-Linear Association	1.847	1	.174		
N of Valid Cases	52				

a. 1 cells (25,0%) have expected count less than 5. The minimum expected count is 2,75.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Tingkat_Protein (defisit / cukup)	4.138	.476	35.985
For cohort Kadar_Hb_1 = Anemia	3.220	.468	22.145
For cohort Kadar_Hb_1 = Tidak Anemia	.778	.593	1.021
N of Valid Cases	52		

Correlations

		Kadar_Hb_2	Asupan_Zat_Besi_Rerata
Kadar_Hb_2	Pearson Correlation	1	.051
	Sig. (2-tailed)		.718
	N	52	52
Asupan_Zat_Besi_Rerata	Pearson Correlation	.051	1
	Sig. (2-tailed)	.718	
	N	52	52

Correlations

		Kadar_Hb_2	Asupan_Asam_Folat_Rerat
Kadar_Hb_2	Pearson Correlation	1	.218
	Sig. (2-tailed)		.120
	N	52	52
Asupan_Asam_Folat_Rerat	Pearson Correlation	.218	1
	Sig. (2-tailed)	.120	
	N	52	52

Tingkat_VitA * Kadar_Hb_1 Crosstabulation

Count

		Kadar_Hb_1		Total
		Anemia	Tidak Anemia	
Tingkat_VitA	defisit	6	15	21
	cukup	7	24	31
Total		13	39	52

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.240 ^a	1	.624		
Continuity Correction ^b	.027	1	.870		
Likelihood Ratio	.238	1	.626		
Fisher's Exact Test				.747	.431
Linear-by-Linear Association	.235	1	.628		
N of Valid Cases	52				

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 5,25.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Tingkat_VitA (defisit / cukup)	1.371	.386	4.869
For cohort Kadar_Hb_1 = Anemia	1.265	.495	3.237
For cohort Kadar_Hb_1 = Tidak Anemia	.923	.663	1.284
N of Valid Cases	52		