

ABSTRAK
UNIVERSITAS ESA UNGGUL
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PROGRAM STUDI ILMU GIZI
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SITI NURHASANAH

**HUBUNGAN SARANA PRASARANA, PENGETAHUAN DAN SIKAP
PENJAMAH MAKANAN DENGAN PRAKTIK HIGIENE PERORANGAN
DI SEKOLAH TINGGI PENERBANGAN INDONESIA (STPI)**

Vii, VI Bab, 66 Halaman, 11 Tabel, 2 Gambar

Latar Belakang: Praktik higiene penjamah makanan berperan dalam pencegahan penyakit bawaan khususnya pada penyelenggaraan makanan di institusi sekolah berasrama yang memperhatikan kebutuhan peserta didik. Praktik higiene perorangan pada penjamah merupakan salah satu pendorong higiene sanitasi di institusi penyelenggaraan makanan. Penjamah perlu memiliki pengetahuan dan sikap higiene perorangan yang baik dengan sarana prasarana penunjang untuk mempengaruhi praktik penjamah selama menangani makanan.

Tujuan: Mengetahui Hubungan Sarana Prasarana, Pengetahuan dan Sikap Penjamah Makanan dengan Praktik Higiene Perorangan di Sekolah Tinggi Penerbangan Indonesia (STPI).

Metode Penelitian: Penelitian bersifat deskriptif analitik, desain *cross-sectional*. Seluruh populasi dijadikan sampel menggunakan teknik *total sampling* sebanyak 25 penjamah. Data diambil menggunakan angket dan lembar *check list* serta dianalisis dengan uji *spearman rank*.

Hasil Penelitian: Analisis bivariat menunjukkan bahwa tidak ada hubungan antara karakteristik penjamah meliputi umur (p value = 0.946), pendidikan (p value = 0.862), lama kerja (p value = 0.800) dan pengetahuan (p value = 0.571) dengan praktik higiene perorangan, tetapi ada hubungan antara sikap (p value = 0.000) dan sarana prasarana (p value < 0.000) dengan praktik higiene perorangan.

Kesimpulan: Sikap dan sarana prasarana mempengaruhi praktik higiene perorangan penjamah makanan. Penyelenggara makanan perlu memperhatikan kelengkapan sarana prasarana dan memberikan pelatihan higiene sanitasi untuk meningkatkan pengetahuan dan sikap penjamah.

Kata Kunci: Pengetahuan, Praktik Higiene Perorangan, Sarana Prasarana, Sikap

ABSTRACT

ESA UNGGUL UNIVERSITY

FACULTY OF HEALTH

NUTRITION SCIENCE PROGRAM

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SITI NURHASANAH

***THE RELATION OF FACILITIES, KNOWLEDGE AND ATTITUDE OF
FOOD HANDLERS WITH PERSONAL HYGIENE PRACTICES IN
INDONESIAN STATE AVIATION SCHOOL***

Vii, VI Chapters, 66 Pages, 11 Tables, 2 Pictures

Background: *The practice of food handler's hygiene plays a role in the prevention foodborne disease, especially in the provision of food in boarding school institution that pay attention to the needs of students. The food handler's personal hygiene practice is one of supporting factor of sanitation and hygiene in the food service. The food handlers need to have good personal hygiene knowledge and attitude with supported facilities to influence food handler's hygiene practice during the handling of food.*

Objective: *To know the Relation of Facilities, Knowledge and Attitude of Food Handler's Personal Hygiene Practices in Indonesian State Aviation School.*

Methods: *This study was descriptive analytic, cross-sectional design. The population was sample by using the sampling technique. Twenty five food handlers participated. The data were collected by using questionnaire and check list, analyzed by spearman rank correlation.*

Result: *Bivariate analysis show that there was no correlation between characteristic of food handler consist of age (p value = 0.946), education (p value = 0.862), years experience (p value = 0.800) and knowledge (p value = 0.571) with personal hygiene practice, but there was a correlation between attitude (p value = 0.000) and facilities (p value = 0.000) with personal hygiene practice.*

Conclusion: *The attitude and facilities affect personal hygiene practice of foodhandlers. Food service manager need to pay attention to provide more facilities and sanitation hygiene training to improve the food handler's knowledge and attitude.*

Keyword: *Attitude, Facilities, Knowledge, Personal Hygiene Practice*