

ABSTRAK

DANA DIAH DELANI, Pengaruh Stres Kerja dan Motivasi Terhadap Kinerja Karyawan di Bengkel Mobil Auto Masters Cipulir, Jakarta Selatan. (Dibimbing oleh Mudjiarto)

Penelitian ini bertujuan untuk mengetahui pengaruh stres kerja dan motivasi terhadap kinerja karyawan di Bengkel Mobil Auto Masters Cipulir. Dimana diajukan dua variabel bebas yaitu stres kerja dan motivasi dan satu variabel terikat yaitu kinerja karyawan. penelitian ini dilakukan di Bengkel Mobil Auto Masters dengan jumlah sampel 40 orang responden dan dianalisis dengan regresi linear berganda.

Hasil penelitian menunjukkan bahwa variabel stres kerja berpengaruh negatif dan signifikan terhadap kinerja karyawan. Dan variabel motivasi berpengaruh positif dan signifikan terhadap kinerja karyawan.

Kata kunci: Stres Kerja, Motivasi, Kinerja Karyawan

ABSTRACT

DANA DIAH DELANI, *Effect of Job Stress and Motivation on Employee Performance at Auto Masters Car Repair Cipulir, South Jakarta. (Supervised by Mudjiarto)*

This study aims to determine the effect of job stress and motivation on employee performance at Auto Masters Car Repair Cipulir. Where it is proposed two independent variables are job stress and motivation and one dependent variable is employee performance. This study was conducted in Auto Masters Car Repair with 40 respondents and analyzed by multiple linear regression.

The results showed that job stress variable has a negative and significant effect on employee performance. And motivation variable have positive and significant effect to employee performance.

Keywords: Job Stress, Motivation, Employee Performance