

## Pengunaan Software Dalam Mengukur Tingkat Kualitas Hidup

1. Masuk ke dalam tautan berikut ini :  
<http://www.rand36calculator.com/>
2. Isi kuisioner tersebut berdasarkan hasil yang di dapat melalui kuisioner yang disebarakan menggunakan form secara manual sebelumnya. Untuk mempermudah pengguna maka dapat dilihat pada contoh gambar berikut ini.

### RAND 36 Score Calculator

#### RAND 36-Item Health Survey v1.0 Questionnaire Items

Fill in the RAND 36 questionnaire, the RAND 36 result score will be automatically calculated.

1. In general, would you say your health is:

Excellent
Very good
Good
Fair
Poor

2. Compared to one year ago, how would you rate your health in general now?

Much better now than one year ago
Somewhat better now than one year ago
About the same
Somewhat worse now than one year ago
Much worse now than one year ago

The following items are about activities you might do during a typical day. Does **your health now limit you** in these activities? If so, how much?

#### Gambar Penggunaan Software SF-36 Input Data

3. Setelah mengisi 36 soal kuisioner yang ada. Maka akan di dapatkah hasil skor untuk ke 8 dimensi kuisioner SF-36 seperti pada gambar berikut ini :

## Results RAND 36-Item Health Survey v1.0

Scores represent the percentage of total possible score achieved. (Total possible score is 100%)

Physical functioning: 50%

Items left blank: 5

Role limitations due to physical health: 0%

Role limitations due to emotional problems: 100%

Energy/fatigue: 50%

Emotional well-being: 44%

Social functioning: 63%

Pain: 48%

General health: 45%

Health change: 50%

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### Save results RAND 36

[Print Results](#)

[Copy Results to clipboard](#)

Name on  
print:

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### RAND 36 information

Results are calculated as described by:

[http://www.rand.org/health/surveys\\_tools/mos/mos\\_core\\_36item\\_scoring.html](http://www.rand.org/health/surveys_tools/mos/mos_core_36item_scoring.html)

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Gambar Penggunaan Software SF-36 Hasil