

Lampiran 6 Output SPSS

Descriptives

		Statistic	Std. Error
Umur Responden	Mean	25.2143	1.08526
	95% Confidence Interval for Mean	Lower Bound 22.8697 Upper Bound 27.5588	
	5% Trimmed Mean	25.0714	
	Median	25.5000	
	Variance	16.489	
	Std. Deviation	4.06067	
	Minimum	19.00	
	Maximum	34.00	
	Range	15.00	
	Interquartile Range	5.50	
	Skewness	.430	.597
	Kurtosis	.318	1.154
	Tinggi Badan	Mean	186.5857
95% Confidence Interval for Mean		Lower Bound 181.1426 Upper Bound 192.0288	
5% Trimmed Mean		186.3730	
Median		185.7500	
Variance		88.872	
Std. Deviation		9.42720	
Minimum		172.00	
Maximum		205.00	
Range		33.00	
Interquartile Range		15.00	
Skewness		.488	.597
Kurtosis		-.443	1.154
Berat badan		Mean	86.3000
	95% Confidence Interval for Mean	Lower Bound 78.7533 Upper Bound 93.8467	
	5% Trimmed Mean	85.7833	
	Median	85.2500	
	Variance	170.840	
	Std. Deviation	13.07058	
	Minimum	67.10	
	Maximum	114.80	
	Range	47.70	
	Interquartile Range	20.53	
	Skewness	.439	.597

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		Statistic	Std. Error	
	Kurtosis	.270	1.154	
Persen Lemak Tubuh	Mean	19.6143	.92171	
	95% Confidence Interval for Mean			
	Lower Bound	17.6231		
	Upper Bound	21.6055		
	5% Trimmed Mean	19.5325		
	Median	19.4500		
	Variance	11.894		
	Std. Deviation	3.44871		
	Minimum	14.70		
	Maximum	26.00		
	Range	11.30		
	Interquartile Range	4.43		
	Skewness	.558		.597
	Kurtosis	-.100		1.154
Durasi Tidur	Mean	7.9779	.42015	
	95% Confidence Interval for Mean			
	Lower Bound	7.0702		
	Upper Bound	8.8855		
	5% Trimmed Mean	7.9643		
	Median	8.1500		
	Variance	2.471		
	Std. Deviation	1.57205		
	Minimum	5.10		
	Maximum	11.10		
	Range	6.00		
	Interquartile Range	2.57		
	Skewness	.030		.597
	Kurtosis	.012		1.154
Aktifitas Fisik	Mean	1.8264	.07214	
	95% Confidence Interval for Mean			
	Lower Bound	1.6706		
	Upper Bound	1.9823		
	5% Trimmed Mean	1.8227		
	Median	1.8100		
	Variance	.073		
	Std. Deviation	.26992		
	Minimum	1.40		
	Maximum	2.32		
	Range	.92		
	Interquartile Range	.42		
	Skewness	.212		.597
	Kurtosis	-.833		1.154

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		Statistic	Std. Error	
Asupan Energi	Mean	2788.6214	115.82341	
	95% Confidence Interval for Mean	Lower Bound	2538.4002	
		Upper Bound	3038.8427	
	5% Trimmed Mean	2815.0016		
	Median	2915.5000		
	Variance	187810.877		
	Std. Deviation	433.37152		
	Minimum	1812.20		
	Maximum	3290.20		
	Range	1478.00		
	Interquartile Range	545.60		
	Skewness	-1.181	.597	
	Kurtosis	.588	1.154	
Asupan Protein	Mean	132.9000	10.22589	
	95% Confidence Interval for Mean	Lower Bound	110.8083	
		Upper Bound	154.9917	
	5% Trimmed Mean	132.0556		
	Median	127.5500		
	Variance	1463.965		
	Std. Deviation	38.26179		
	Minimum	69.50		
	Maximum	211.50		
	Range	142.00		
	Interquartile Range	56.83		
	Skewness	.527	.597	
	Kurtosis	.099	1.154	
Asupan Lemak	Mean	91.4500	7.49471	
	95% Confidence Interval for Mean	Lower Bound	75.2587	
		Upper Bound	107.6413	
	5% Trimmed Mean	90.1000		
	Median	91.7000		
	Variance	786.389		
	Std. Deviation	28.04263		
Minimum	45.40			

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		Statistic	Std. Error
	Maximum	161.80	
	Range	116.40	
	Interquartile Range	36.33	
	Skewness	.938	.597
	Kurtosis	2.185	1.154
Asupan KH	Mean	368.3857	16.68856
	95% Confidence Interval for Mean	Lower Bound Upper Bound	332.3323 404.4391
	5% Trimmed Mean	367.0897	
	Median	363.4500	
	Variance	3899.111	
	Std. Deviation	62.44286	
	Minimum	273.90	
	Maximum	486.20	
	Range	212.30	
	Interquartile Range	92.55	
	Skewness	.250	.597
	Kurtosis	-.384	1.154