

## LAMPIRAN 9 HASIL OUTPUT

### A. ANALISIS UNIVARIAT KELOMPOK STATUS GIZI NORMAL

#### 1. Karakteristik Responden

##### a. Jenis Kelamin

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Laki-Laki	23	44.2	44.2	44.2
Perempuan	29	55.8	55.8	100.0
Total	52	100.0	100.0	

##### b. Umur

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 13	45	86.5	86.5	86.5
14	7	13.5	13.5	100.0
Total	52	100.0	100.0	

##### c. Kategori Jumlah Uang Saku

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Besar	12	23.1	23.1	23.1
Kecil	5	9.6	9.6	32.7
Sedang	35	67.3	67.3	100.0
Total	52	100.0	100.0	

#### 2. Karakteristik Keluarga

##### a. Pendidikan Ayah

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Rendah	35	67.3	67.3	67.3
Tinggi	17	32.7	32.7	100.0
Total	52	100.0	100.0	

b. Pendidikan Ibu

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Rendah	41	78.8	78.8	78.8
Tinggi	11	21.2	21.2	100.0
Total	52	100.0	100.0	

c. Status Kerja Ayah

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Bekerja	52	100.0	100.0	100.0

d. Status Kerja Ibu

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Tidak Bekerja	44	84.6	84.6	84.6
Bekerja	8	15.4	15.4	100.0
Total	52	100.0	100.0	

e. Kategori Pendapatan Orang Tua

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Rendah	13	25.0	25.0	25.0
Tinggi	39	75.0	75.0	100.0
Total	52	100.0	100.0	

f. Kategori Besar Keluarga

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Besar	20	38.5	38.5	38.5
Kecil	32	61.5	61.5	100.0
Total	52	100.0	100.0	

### 3. Variabel Independen

#### a. Kebiasaan Olahraga

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Tidak Rutin	21	40.4	40.4	40.4
Rutin	31	59.6	59.6	100.0
Total	52	100.0	100.0	

#### b. Body Image

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Negatif	11	21.2	21.2	21.2
Positif	41	78.8	78.8	100.0
Total	52	100.0	100.0	

#### c. Asupan Energi Dan Zat Gizi Makro

	RataRataEnergi	RataRataProtein	RataRataLemak	RataRataKarbohidrat
N Valid	52	52	52	52
Missing	0	0	0	0
Mean	1322.48	53.281	48.837	165.413
Std. Error of Mean	57.721	2.6338	2.5992	8.2070
Median	1193.00	49.000	43.750	147.800
Std. Deviation	416.234	18.9927	18.7427	59.1814
Minimum	601	20.1	13.1	79.0
Maximum	2436	99.2	104.4	323.8

#### d. Stres

N Valid	52
Missing	0
Mean	11.96
Std. Error of Mean	.941
Median	10.00
Std. Deviation	6.782
Minimum	3
Maximum	30

**Kategori Stres**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Stres Berat	3	5.8	5.8	5.8
Stres Ringan	3	5.8	5.8	11.5
Stres Sedang	5	9.6	9.6	21.2
Tidak Stres	41	78.8	78.8	100.0
Total	52	100.0	100.0	

**B. ANALISIS UNIVARIAT KELOMPOK STATUS GIZI OBESITAS****1. Karakteristik Responden****a. Jenis Kelamin**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Laki-Laki	29	64.4	64.4	64.4
Perempuan	16	35.6	35.6	100.0
Total	45	100.0	100.0	

**b. Umur**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid 13	40	88.9	88.9	88.9
14	5	11.1	11.1	100.0
Total	45	100.0	100.0	

**c. Kategori Jumlah Uang Saku**

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Besar	27	60.0	60.0	60.0
Kecil	4	8.9	8.9	68.9
Sangat Besar	2	4.4	4.4	73.3
Sedang	12	26.7	26.7	100.0
Total	45	100.0	100.0	

## 2. Karakteristik Keluarga

### a. Pendidikan Ayah

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Rendah	15	33.3	33.3	33.3
Tinggi	30	66.7	66.7	100.0
Total	45	100.0	100.0	

### b. Pendidikan Ibu

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Rendah	22	48.9	48.9	48.9
Tinggi	23	51.1	51.1	100.0
Total	45	100.0	100.0	

### c. Status Kerja Ayah

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Tidak Bekerja	2	4.4	4.4	4.4
Bekerja	43	95.6	95.6	100.0
Total	45	100.0	100.0	

### d. Status Kerja Ibu

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Tidak Bekerja	21	46.7	46.7	46.7
Bekerja	24	53.3	53.3	100.0
Total	45	100.0	100.0	

### e. Kategori Pendapatan Orang Tua

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Rendah	8	17.8	17.8	17.8
Tinggi	37	82.2	82.2	100.0
Total	45	100.0	100.0	

f. Kategori Besar Keluarga

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Besar	21	46.7	46.7	46.7
Kecil	24	53.3	53.3	100.0
Total	45	100.0	100.0	

3. Variabel Independen

a. Kebiasaan Olahraga

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Tidak Rutin	29	64.4	64.4	64.4
Rutin	16	35.6	35.6	100.0
Total	45	100.0	100.0	

b. Body Image

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Positif	45	100.0	100.0	100.0

c. Asupan Energi Dan Zat Gizi Makro

	RataRataEnergi	RataRataProtein	RataRataLemak	RataRataKarbohidrat
N Valid	45	45	45	45
Missing	0	0	0	0
Mean	2186.96	83.000	75.784	289.960
Std. Error of Mean	62.056	3.0294	2.8087	9.4001
Median	2281.00	85.100	77.000	306.000
Std. Deviation	416.286	20.3215	18.8412	63.0580
Minimum	1210	46.1	36.5	110.8
Maximum	2887	121.3	122.7	379.5

d. Stres

N	Valid	45
	Missing	0
Mean		14.69
Std. Error of Mean		.890
Median		16.00
Std. Deviation		5.969
Minimum		2
Maximum		30

**Kategori Stres**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Stres Berat	2	4.4	4.4	4.4
	Stres Ringan	21	46.7	46.7	51.1
	Stres Sedang	6	13.3	13.3	64.4
	Tidak Stres	16	35.6	35.6	100.0
	Total	45	100.0	100.0	

**C. ANALISIS BIVARIAT**

**1. Hubungan Kebiasaan Olahraga berdasarkan Status Obesitas**

			StatusGizi		Total
			Obesitas	Normal	
RutinOlahraga	Tidak Rutin	Count	29	21	50
		% within RutinOlahraga	58.0%	42.0%	100.0%
	Rutin	Count	16	31	47
		% within RutinOlahraga	34.0%	66.0%	100.0%
Total		Count	45	52	97
		% within RutinOlahraga	46.4%	53.6%	100.0%



**Chi-Square Tests**

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	5.591 <sup>a</sup>	1	.018		
Continuity Correction <sup>b</sup>	4.669	1	.031		
Likelihood Ratio	5.652	1	.017		
Fisher's Exact Test				.025	.015
Linear-by-Linear Association	5.534	1	.019		
N of Valid Cases	97				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 21.80.

b. Computed only for a 2x2 table

**2. Hubungan *Body Image* berdasarkan Status Obesitas**

			StatusGizi		Total
			Obesitas	Normal	
PersepsiBodyImage	Negatif	Count	0	11	11
		% within PersepsiBodyImage	.0%	100.0%	100.0%
	Positif	Count	45	41	86
		% within PersepsiBodyImage	52.3%	47.7%	100.0%
Total	Count	45	52	97	
	% within PersepsiBodyImage	46.4%	53.6%	100.0%	

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	10.737 <sup>a</sup>	1	.001		
Continuity Correction <sup>b</sup>	8.736	1	.003		
Likelihood Ratio	14.930	1	.000		
Fisher's Exact Test				.001	.001
Linear-by-Linear Association	10.626	1	.001		
N of Valid Cases	97				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 5.10.

b. Computed only for a 2x2 table

3. Perbedaan Asupan Energi, Protein, Karbohidrat berdasarkan Status Obesitas

	StatusGizi	N	Mean Rank	Sum of Ranks
RataRataEnergi	Obesitas	45	70.46	3170.50
	Normal	52	30.43	1582.50
	Total	97		
RataRataProtein	Obesitas	45	67.44	3035.00
	Normal	52	33.04	1718.00
	Total	97		
RataRataKarbohidrat	Obesitas	45	70.22	3160.00
	Normal	52	30.63	1593.00
	Total	97		

Test Statistics<sup>a</sup>

	RataRataEnergi	RataRataProtein	RataRataKarbohidrat
Mann-Whitney U	204.500	340.000	215.000
Wilcoxon W	1582.500	1718.000	1593.000
Z	-6.984	-6.004	-6.908
Asymp. Sig. (2-tailed)	.000	.000	.000

a. Grouping Variable: StatusGizi

4. Perbedaan Asupan Lemak berdasarkan Status Obesitas

StatusGizi	N	Mean	Std. Deviation	Std. Error Mean	
RataRataLemak	Obesitas	45	75.784	18.8412	2.8087
	Normal	52	48.837	18.7427	2.5992

Independent Samples Test

	Levene's Test for Equality of Variances		t-test for Equality of Means							
								95% Confidence Interval of the Difference		
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper	
RataRataLemak	Equal variances assumed	.113	.738	7.045	95	.000	26.9479	3.8253	19.3537	34.5421
	Equal variances not assumed			7.042	92.869	.000	26.9479	3.8268	19.3485	34.5473

5. Perbedaan Stres berdasarkan Status Obesitas

StatusGizi	N	Mean	Std. Deviation	Std. Error Mean
Obesitas	45	14.69	5.969	.890
Normal	52	11.96	6.782	.941

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
							95% Confidence Interval of the Difference			
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
Stres	Equal variances assumed	.523	.471	2.087	95	.040	2.727	1.307	.133	5.322
	Equal variances not assumed			2.107	94.968	.038	2.727	1.295	.157	5.298