



Universitas  
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**LAMPIRAN A**  
**SKALA ALAT UKUR**



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Selamat Pagi/Siang/Sore/Malam

Saya mahasiswa Fakultas Psikologi Universitas Esa Unggul yang saat ini sedang melakukan penelitian tentang sikap disiplin anggota paskibra di lapangan Walikota Jakarta Barat. Sehubungan dengan itu, saya meminta kesediaan anda untuk membantu penelitian saya dengan mengisi kuesioner ini.

Dalam kuesioner ini tidak ada jawaban benar atau salah, tetapi merupakan keadaan anda yang sesuai dengan diri anda yang sesungguhnya. **Anda hanya perlu menjawab berdasarkan pengalaman anda selama mengikuti kegiatan paskibra wilayah Walikota Jakarta Barat.** Anda tidak perlu khawatir karena identitas anda akan dijamin kerahasiaannya atau tidak dipublikasikan.

Cara menjawabnya cukup sederhana, yaitu dengan memberikan tanda ceklis (√) di salah satu pilihan jawaban yang telah disediakan. Mohon agar anda bersedia memberikan pilihan jawaban yang sebenar-benarnya dan lengkap. Demikian saya sampaikan. Atas perhatian dan kesediaan anda saya ucapkan terima kasih.

Hormat Saya,

Dyah Ayu Novitaningtyas

Contoh:

Pernyataan	S	SR	KD	TP
Saya datang 10 menit sebelum waktu latihan	√			

Keterangan pilihan:

- S** : Selalu  
**SR** : Sering  
**KD** : Kadang-Kadang  
**TP** : Tidak Pernah

Berilah tanda pada pilihan yang sesuai dengan saudara/i :

Inisial \_\_\_\_\_

Jenis kelamin : L/P \_\_\_\_\_

Usia : \_\_\_\_\_

Pendidikan : \_\_\_\_\_

### KUESIONER 1

No	Pernyataan	S	SR	KD	TP
1	Saya datang latihan tepat waktu.				
2	Saya mengikuti latihan sesuai dari jadwal yang ada.				
3	Saya datang terlambat setiap latihan.				
4	Kadang saya lupa saat ada jadwal latihan.				
5	Saya datang 30 menit sebelum waktu latihan.				
6	Saya mengikuti apel pagi setiap hari.				
7	Saya datang melewati dari jadwal latihan.				
8	Saya lebih memilih duduk-duduk terlebih dahulu saat pelatih membubarkan latihan.				
9	Saya segera pulang saat latihan dibubarkan.				
10	Setelah latihan selesai saya segera membubarkan diri.				
11	Setelah latihan selesai saya tetap berada dilapangan.				

12	Terkadang saya malas untuk datang latihan.				
13	Saya datang disetiap kegiatan paskib.				
14	Saya ikut serta saat ada kegiatan paskibra.				
15	Saya memilih membawa mie instan saja setiap latihan.				
16	Terkadang namtag saya tertinggal.				
17	Saya membawa namtag disetiap jadwal latihan.				
Dst					

**KUESIONER 2**

Contoh:

<b>Pernyataan</b>	<b>SS</b>	<b>S</b>	<b>TS</b>	<b>STS</b>
Saya memakai pakaian yang sesuai saat latihan	√			

Keterangan pilihan:

**SS** : Sangat Sesuai**S** : Sesuai**TS** : Tidak Sesuai**STS** : Sangat Tidak Sesuai

<b>No</b>	<b>Pernyataan</b>	<b>SS</b>	<b>S</b>	<b>TS</b>	<b>STS</b>
1	Saya mampu mengontrol emosi saya ketika di hukum				
2	Keluarga saya mendukung kegiatan baru saya				
3	Keluarga saya memaklumi apabila saya harus pulang malam				
4	Saya bangga mengikuti organisasi paskibra				
5	Saya mudah merasa lelah setelah latihan fisik				
6	Saya sulit bersikap sopan terhadap pelatih				
7	Saya sulit menjalin dengan lingkungan baru				
8	Saya kesal ketika pelatih menghukum saya				
9	Saya menjaga pola makan saya saat mengikuti paskibra				

10	Saya tetap merawat kondisi kulit saya karena harus latihan dibawah sinar matahari				
11	Saya akan memperbaiki diri ketika saya salah				
12	Saya meminta toleransi waktu untuk beribadah saat latihan				
13	Saya malu diperhatikan orang lain saat latihan				
14	Saya mudah lelah ketika latihan karena pola makan saya tidak teratur				
15	Saya mengabaikan kondisi kulit saya saat kulit saya terbakar sinar matahari				
16	Saya kurang berani mengakui kesalahan saya				
17	Saya bisa memecahkan masalah saya dengan mudah				
dst					



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**LAMPIRAN B**  
**UJI RELIABILITAS SKALA DAN**  
**UJI VALIDITAS SKALA**



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## A. DISIPLIN

### 1. Uji Coba Putaran Pertama

#### Reliability

Case Processing Summary			
		N	%
Cases	Valid	40	100.0
	Excluded <sup>a</sup>	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics	
Cronbach's Alpha	N of Items
.930	52

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	139.25	214.910	.475	.928
A2	139.13	216.471	.390	.929
A3	139.15	214.233	.470	.928
A4	139.30	215.754	.333	.929
<b>A5</b>	<b>139.55</b>	<b>217.279</b>	<b>.214</b>	<b>.930</b>
A6	139.48	215.846	.383	.929
A7	139.60	211.528	.479	.928
<b>A8</b>	<b>139.68</b>	<b>218.481</b>	<b>.191</b>	<b>.930</b>
<b>A9</b>	<b>139.38</b>	<b>215.779</b>	<b>.276</b>	<b>.930</b>
A10	139.65	209.515	.638	.927
A11	139.38	217.010	.344	.929
A12	139.45	209.946	.526	.928
A13	139.45	215.536	.307	.929



A14	139.35	211.413	.542	.927
A15	139.30	210.574	.575	.927
A16	139.35	213.772	.482	.928
A17	139.25	211.423	.598	.927
A18	139.33	212.738	.609	.927
A19	139.33	214.840	.431	.928
A20	139.60	209.528	.574	.927
A21	139.48	217.128	.228	.930
A22	139.43	214.558	.481	.928
A23	140.10	214.810	.335	.929
A24	139.55	215.690	.411	.928
A25	139.65	218.131	.249	.930
A26	139.28	214.871	.390	.929
A27	139.40	212.503	.497	.928
A28	139.45	215.331	.337	.929
A29	138.98	214.179	.533	.928
A30	139.23	210.538	.553	.927
A31	139.30	210.728	.567	.927
A32	139.30	214.574	.568	.928
A33	139.45	214.459	.439	.928
A34	139.38	212.958	.616	.927
A35	139.28	209.538	.738	.926
A36	139.40	215.733	.531	.928
A37	139.45	217.074	.392	.929
A38	140.10	222.195	.002	.931
A39	139.58	211.225	.592	.927
A40	139.35	217.054	.353	.929
A41	139.48	211.538	.600	.927
A42	139.70	211.292	.581	.927
A43	139.58	210.712	.549	.927
A44	139.53	214.358	.460	.928
A45	139.30	217.241	.370	.929
A46	139.50	217.692	.244	.930
A47	139.50	217.436	.281	.929
A48	139.40	217.579	.297	.929

A49	139.43	214.046	.569	.928
A50	139.43	212.148	.584	.927
A51	139.73	214.563	.336	.929
A52	139.35	216.541	.350	.929

## 2. Uji Coba Putaran Ke Dua

### Reliability

Case Processing Summary			
		N	%
Cases	Valid	40	100.0
	Excluded <sup>a</sup>	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics	
Cronbach's Alpha	N of Items
.935	43

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	115.90	177.631	.482	.934
A2	115.78	179.461	.366	.934
A3	115.80	176.882	.485	.934
<b>A4</b>	<b>115.95</b>	<b>179.074</b>	<b>.298</b>	<b>.935</b>
A6	116.13	178.317	.400	.934
A7	116.25	174.551	.484	.934
A10	116.30	173.856	.578	.933
A11	116.03	179.563	.349	.935

A12	116.10	173.528	.509	.933
A13	116.10	177.118	.369	.935
A14	116.00	174.000	.573	.933
A15	115.95	173.536	.589	.933
A16	116.00	176.564	.490	.933
A17	115.90	174.297	.614	.932
A18	115.98	175.307	.642	.932
A19	115.98	177.820	.421	.934
A20	116.25	173.064	.561	.933
A22	116.08	177.404	.481	.934
A23	116.75	177.423	.345	.935
A24	116.20	177.959	.445	.934
A26	115.93	178.174	.361	.935
A27	116.05	175.536	.497	.933
A28	116.10	178.503	.314	.935
A29	115.63	176.804	.553	.933
A30	115.88	173.497	.566	.933
A31	115.95	173.844	.572	.933
A32	115.95	177.485	.564	.933
A33	116.10	177.528	.425	.934
A34	116.03	175.512	.649	.932
A35	115.93	172.840	.739	.931
A36	116.05	177.638	.607	.933
A37	116.10	179.426	.415	.934
A39	116.23	174.538	.582	.933
A40	116.00	179.897	.336	.935
A41	116.13	174.471	.612	.932
A42	116.35	174.797	.559	.933
A43	116.23	173.666	.562	.933
A44	116.18	176.815	.487	.934
A45	115.95	179.997	.358	.934
A49	116.08	176.584	.597	.933
A50	116.08	175.456	.568	.933
A51	116.38	177.574	.327	.935
A52	116.00	179.179	.352	.935

### 3. Uji Coba Putaran Ke Tiga

#### Reliability

Case Processing Summary			
		N	%
Cases	Valid	40	100.0
	Excluded <sup>a</sup>	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics	
Cronbach's Alpha	N of Items
.935	42

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	113.03	172.128	.484	.934
A2	112.90	173.836	.375	.934
A3	112.93	171.456	.482	.934
A6	113.25	172.705	.408	.934
A7	113.38	169.266	.476	.934
A10	113.43	168.507	.573	.933
A11	113.15	174.028	.351	.935
A12	113.23	168.179	.506	.934
A13	113.23	171.615	.371	.935
A14	113.13	168.471	.579	.933
A15	113.08	168.174	.586	.933
A16	113.13	171.292	.478	.934
A17	113.03	168.897	.612	.933
A18	113.10	169.631	.659	.932
A19	113.10	172.144	.434	.934

A20	113.38	167.420	.574	.933
A22	113.20	171.908	.483	.934
A23	113.88	171.958	.344	.935
A24	113.33	172.379	.452	.934
A26	113.05	172.664	.362	.935
A27	113.18	170.199	.490	.934
A28	113.23	172.948	.317	.935
A29	112.75	171.423	.546	.933
A30	113.00	167.949	.573	.933
A31	113.08	168.430	.571	.933
A32	113.08	172.122	.554	.933
A33	113.23	172.128	.419	.934
A34	113.15	170.131	.644	.933
A35	113.05	167.536	.732	.932
A36	113.18	172.097	.613	.933
A37	113.23	173.820	.424	.934
A39	113.35	169.208	.575	.933
A40	113.13	174.522	.325	.935
A41	113.25	168.962	.617	.933
A42	113.48	169.384	.557	.933
A43	113.35	168.285	.559	.933
A44	113.30	171.344	.487	.934
A45	113.08	174.533	.353	.935
A49	113.20	171.036	.604	.933
A50	113.20	170.010	.568	.933
A51	113.50	172.000	.331	.935
A52	113.13	173.856	.339	.935

## B. KONSEP DIRI

### 1. Uji Coba Putaran Ke Pertama

#### Reliability

Case Processing Summary			
		N	%
Cases	Valid	40	100.0
	Excluded <sup>a</sup>	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics	
Cronbach's Alpha	N of Items
.911	60

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A1	159.100	267.169	-.166	.913
A2	159.150	260.182	.165	.912
A3	159.150	261.208	.188	.911
A4	159.075	261.610	.162	.911
A5	159.650	249.977	.564	.907
A6	159.725	252.974	.518	.908
A7	159.350	255.618	.475	.909
A8	159.850	248.797	.782	.906
A9	159.650	255.156	.471	.909
A10	159.500	257.231	.285	.910
A11	159.300	254.779	.421	.909
A12	159.375	258.035	.404	.909
A13	159.450	253.279	.647	.907
A14	159.425	252.251	.547	.908
A15	159.250	263.167	.129	.911

A16	159.375	255.061	.533	.908
A17	159.375	255.369	.477	.909
A18	159.325	253.199	.482	.908
A19	159.200	258.626	.441	.909
A20	159.500	257.333	.443	.909
A21	159.675	252.635	.480	.908
A22	159.500	256.667	.359	.910
A23	160.100	251.682	.477	.908
A24	159.575	253.328	.532	.908
A25	159.375	253.010	.599	.908
A26	159.250	262.705	.103	.912
A27	159.400	259.272	.273	.910
A28	159.650	260.131	.244	.911
A29	159.325	257.507	.334	.910
A30	159.350	255.874	.549	.908
A31	159.350	262.285	.210	.911
A32	159.225	267.512	-.123	.914
A33	159.375	250.189	.659	.907
A34	159.600	265.169	-.026	.914
A35	159.450	263.536	.074	.912
A36	159.575	252.815	.475	.908
A37	159.475	252.512	.630	.907
A38	159.475	257.999	.201	.912
A39	159.650	249.977	.564	.907
A40	159.300	257.241	.449	.909
A41	159.350	263.618	.062	.912
A42	159.425	253.840	.452	.909
A43	159.250	252.500	.432	.909
A44	159.450	257.485	.409	.909
A45	159.425	262.610	.090	.912
A46	159.150	261.413	.163	.911
A47	159.550	262.767	.100	.912
A48	159.275	253.384	.642	.907
A49	159.400	255.169	.516	.908
A50	159.725	259.589	.189	.911

A51	159.575	253.328	.532	.908
A52	159.425	256.558	.377	.909
A53	159.350	253.003	.612	.908
A54	159.350	255.618	.475	.909
A55	159.650	248.336	.630	.907
A56	159.650	255.156	.471	.909
A57	159.650	249.823	.527	.908
A58	159.825	259.892	.203	.911
A59	159.550	268.100	-.126	.915
A60	159.375	254.446	.619	.908

## 2. Uji Coba Putaran Ke Dua

### Reliability

Case Processing Summary			
		N	%
Cases	Valid	40	100.0
	Excluded <sup>a</sup>	0	.0
	Total	40	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics	
Cronbach's Alpha	N of Items
.939	39

Item-Total Statistics				
	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
A5	101.700	194.062	.613	.937
A6	101.775	197.666	.525	.938
A7	101.400	198.605	.567	.937
A8	101.900	193.990	.790	.936



A9	101.700	200.421	.433	.939
A11	101.350	199.721	.405	.939
A12	101.425	202.251	.407	.939
A13	101.500	198.308	.633	.937
A14	101.475	195.948	.610	.937
A16	101.425	198.969	.576	.937
A17	101.425	199.174	.521	.938
A18	101.375	196.907	.535	.938
A19	101.250	202.500	.466	.938
A20	101.550	201.690	.442	.938
A21	101.725	198.410	.437	.939
A22	101.550	200.921	.366	.939
A23	102.150	197.721	.431	.939
A24	101.625	197.522	.564	.937
A25	101.425	199.276	.515	.938
A29	101.375	200.599	.399	.939
A30	101.400	200.656	.530	.938
A33	101.425	195.533	.649	.937
A36	101.625	197.215	.495	.938
A37	101.525	197.897	.601	.937
A39	101.700	194.062	.613	.937
A40	101.350	200.541	.520	.938
A42	101.475	197.948	.481	.938
A43	101.300	195.805	.497	.938
A44	101.500	202.051	.393	.939
A48	101.325	198.840	.599	.937
A49	101.450	200.510	.469	.938
A51	101.625	197.522	.564	.937
A52	101.475	202.307	.306	.940
A53	101.400	197.015	.662	.937
A54	101.400	198.605	.567	.937
A55	101.700	193.036	.660	.936
A56	101.700	200.421	.433	.939
A57	101.700	194.318	.556	.938
A60	101.425	199.789	.574	.938

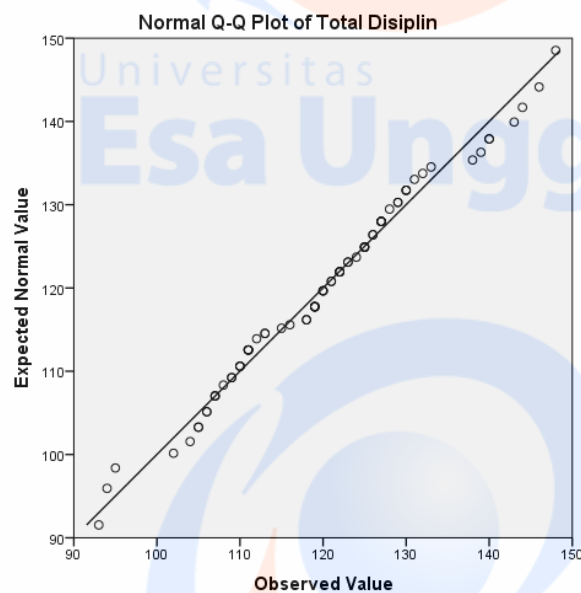


**LAMPIRAN C**  
**UJI NORMALITAS DATA**

**A. Uji Normalitas Skala Disiplin**

One-Sample Kolmogorov-Smirnov Test		
		Total Disiplin
N		78
Normal Parameters <sup>a,b</sup>	Mean	120.04
	Std. Deviation	11.827
Most Extreme Differences	Absolute	.080
	Positive	.073
	Negative	-.080
Kolmogorov-Smirnov Z		.710
Asymp. Sig. (2-tailed)		.694

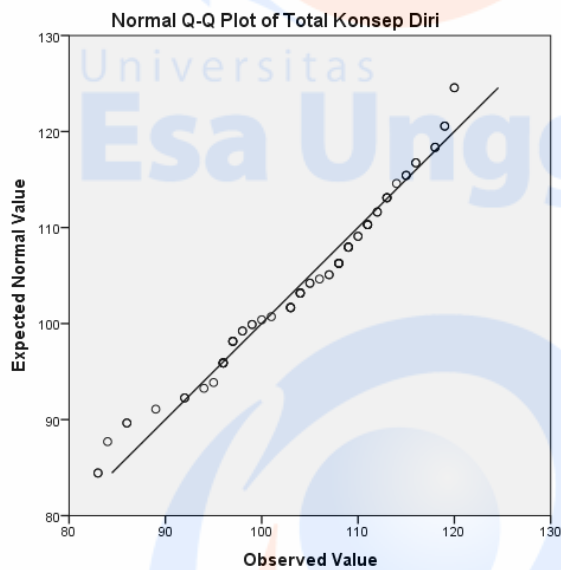
### Total Disiplin



### B. Uji Normalitas Skala Konsep Diri

One-Sample Kolmogorov-Smirnov Test		
		Total Konsep Diri
N		78
Normal Parameters <sup>a,b</sup>	Mean	104.50
	Std. Deviation	9.173
Most Extreme Differences	Absolute	.110
	Positive	.062
	Negative	-.110
Kolmogorov-Smirnov Z		.973
Asymp. Sig. (2-tailed)		.300

### Total Konsep Diri



**LAMPIRAN D**  
**UJI ANALISIS**  
**KORELASI DAN R SQUARE**

Notes		
Output Created		13-FEB-2017 13:12:51
Comments		
Input	Active Dataset	DataSet1
	Filter	<none>
	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	78
Missing Value Handling	Definition of Missing	User-defined missing values are treated as missing.
	Cases Used	Statistics for each pair of variables are based on all the cases with valid data for that pair.
Syntax		CORRELATIONS /VARIABLES=TotalDisiplin TotalKonsepDiri /PRINT=TWOTAIL NOSIG /MISSING=PAIRWISE.
Resources	Processor Time	00:00:00.00
	Elapsed Time	00:00:00.00

Correlations			
		Total Disiplin	Total Konsep Diri
Total Disiplin	Pearson Correlation	1	.236*
	Sig. (2-tailed)		.038
	N	78	78
Total Konsep Diri	Pearson Correlation	.236*	1
	Sig. (2-tailed)	.038	
	N	78	78

Model Summary				
Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	.236 <sup>a</sup>	.056	.043	8.973
a. Predictors: (Constant), Total Disiplin				