

ABSTRACT

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Title : The Correlation Between Work Burden and Work Period with
Employees Fatigue in Nutrition Installation of Public and
Regional Hospitals of Tangerang Year 2018

Background : The Work Fatigue is a condition of body which is subjectively perceived by the employee after working seen from the symptoms of fatigue, it occurs because of several factors such as heat pressure, work burden and work period.

Objective : This research aims to know the correlation between work burden and work period with the employees fatigue in Nutrition Installation of Public and Regional Hospitals of Tangerang Year 2018.

Method : The method of this research is *Cross Sectional* method, by using the sample from all employees in Nutrition Installation of Public and Regional Hospitals of Tangerang that are 33 employees.

Result : The Bivariat Analysis is done by using *Chi Square* test. Based on the result of the research, there is the significant correlation between work burden and employee fatigue that is (p value 0,039), meanwhile the work period does not has correlation with the employee fatigue that is (p value 1,000). The suggestions that can be implemented in this research are dividing the tasks by adjusting the ability of physic and work capability that can be received by every employee in doing work activity in order to get the maximum work.

Keywords : work fatigue, heat pressure, work burden, work period
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