ABSTRACT

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Program Study : Kesehatan Masyarakat

Judul : Factors Associated To Plate Waste Behavior Inpatient

Servive Daan Mogot Hospital 2018

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Plate waste the pastient's Behavior that leave food (in volume and percetage) so they threat as waste, and it can use to menu effectiveness meaturement. If leftover food remains, then in the long term will affect the nutritional status of patients who can then lead to the occurrence of malnutrition. The purpose of this research is to identiteed the factors related to the plate waste behavior in the inpatient at Daan Mogot Hospital This study is a quantitative research using cross-sectional design. The sample of this research were 60 inpatients taken by purposive sampling. Analysis of relationship between dependent variable with independent variable used chi square test.

The results of this study indicate that the average of plate waste is as much as 51.7% of respondents. Percentage of respondents who has 25% plate waste behavior reached 48,3%. The result of statistical test showed that there was relationship between quality and food from outside the hospital with the behavior of leaving food at Daan Mogot Hospital.

Based on the results of research, it is suggested that Daan Mogot Hospital for differencing new proporsian for male and female, conducting tastefully food cooking, in order to pastient do not eating food from outside hospital

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Keywords: plate waste Behavior, mutrition service, Hospital

V+63 pages+2 pictures + 11 tables

Refference : 29 (1992- 2018)

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