ABSTRACT

Judul : The Relationship Of Mother Knowledge and

Breastfeeding Supplementary Food Intake With Nutritional Status In Children Aged 6-12 Months In

Puskesmas Kecamatan Kebon Jeruk

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Background: Mother nutrition knowledge that can be one of the determinants of nutritional status of children under five years of age because it determines the attitude or behavior of mothers in choosing breastfeeding supplementary food intake that will be consumed by infants. Aim: This study aims to determine the relationship between mother knowledge and intake of nutritional status of breastfeeding supplementary food intake in children aged 6-12 months in Puskesmas Kecamatan Kebon Jeruk in 2018. This type of research is quantitative with cross sectional design. Method: The sample in this study amounted to 55 respondents. Data collection methods with interviews and food recall and direct measurements. Results: The results of nutritional status research based on BB / U index showed that (77%) had good nutritional status, PB / U index (39%) was declared normal and BB / PB index (74%) was stated normal. The results of the study contained a significant relationship in knowledge variables (p-value = 0.0001), energy intake (p-value = 0.0001), protein intake (p-value = 0.0001), carbohydrate intake (p-value = 0.0001) based on BB index / U and knowledge (pvalue = 0.002) based on PB / U index. While the variable intake of energy, protein, fat and carbohydrate there is no relationship in the PB / U index and in the index BB / PB there is no relationship in all variables. Suggestions: Further research needs to be done on other factors such as micronutrients that can affect the nutritional status of children aged 6-12 months because this study only uses food recall may be added with food frequency. The results of this study can certainly be used as reference material to be developed in broader research.

Keywords: Breastfeeding Supplementary Food Intake, Nutritional Status, Mother Knowledge



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