

Lampiran 2
Output SPSS
Frequencies

Statistics

		Jenis Kelamin	Umur
N	Valid	52	52
	Missing	0	0
Mean		1.42	54.279
Std. Error of Mean		.069	.8301
Median		1.00	55.000
Std. Deviation		.499	5.9856
Range		1	29.0
Minimum		1	36.0
Maximum		2	65.0

Frequency Table

Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	L	30	57.7	57.7	57.7
	P	22	42.3	42.3	100.0
	Total	52	100.0	100.0	

Descriptive

Descriptive Statistics

	N	Range	Minimum	Maximum	Mean		Std. Deviation
	Statistic	Statistic	Statistic	Statistic	Statistic	Std. Error	Statistic
Serat	52	22.10	1.80	23.90	10.3717	.64307	4.63724
Lemak	52	46.00	30.50	76.50	52.1788	1.79587	12.95023
Aktifitas_fisik	52	.32	1.40	1.72	1.4994	.01072	.07729
Kadar LDL	52	75.00	115.00	190.00	1.5181E2	2.59540	18.71566
Valid N (listwise)	52						

Uji Normalitas

One-Sample Kolmogorov-Smirnov Test

		Serat	Lemak	Aktifitas_fisik	Kadar LDL
N		52	52	52	52
Normal Parameters ^a	Mean	10.3717	52.1788	1.4994	151.8077
	Std. Deviation	4.63724	1.29502E1	.07729	18.71566
Most Extreme Differences	Absolute	.119	.131	.170	.100
	Positive	.119	.131	.170	.100
	Negative	-.091	-.120	-.099	-.073
Kolmogorov-Smirnov Z		.855	.945	1.227	.721
Asymp. Sig. (2-tailed)		.458	.334	.099	.676
a. Test distribution is Normal.					

Correlations

		Correlations	
		Serat	Kadar LDL
Serat	Pearson Correlation	1	-.183
	Sig. (2-tailed)		.194
	N	52	52
Kadar LDL	Pearson Correlation	-.183	1
	Sig. (2-tailed)	.194	
	N	52	52

Correlations

		Correlations	
		Kadar LDL	Lemak
Kadar LDL	Pearson Correlation	1	.364**
	Sig. (2-tailed)		.008
	N	52	52
Lemak	Pearson Correlation	.364**	1
	Sig. (2-tailed)	.008	
	N	52	52

** . Correlation is significant at the 0.01 level (2-tailed).

Correlations

Correlations

		Kadar LDL	Aktifitas_fisik
Kadar LDL	Pearson Correlation	1	.324*
	Sig. (2-tailed)		.019
	N	52	52
Aktifitas_fisik	Pearson Correlation	.324*	1
	Sig. (2-tailed)	.019	
	N	52	52

*. Correlation is significant at the 0.05 level (2-tailed).