

**ABSTRAK**

**HUBUNGAN PENGETAHUAN DAN SIKAP TENTANG B2SA TERHADAP KERAGAMAN KONSUMSI PANGAN PADA KELOMPOK PENERIMA MANFAAT PROGRAM KAWASAN RUMAH PANGAN LESTARI DI KABUPATEN PANDEGLANG PROVINSI BANTEN**

**IDA FARIDA**  
**PROGRAM STUDI GIZI**

**Latar belakang** Upaya produktif pekarangan dengan tanaman pangan adalah sebuah upaya untuk membudayakan Keragaman konsumsi pangan yang beranekaragam, seimbang serta aman. Optimalisasi pemanfaatan pekarangan dilakukan melalui upaya pemberdayaan wanita untuk mengoptimalkan pemanfaatan pekarangan sebagai sumber pangan dan gizi keluarga.

**Tujuan Penelitian** Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan dan sikap tentang B2SA terhadap Keragaman Konsumsi Pangan pada kelompok penerima manfaat program kawasan rumah pangan lestari di Kabupaten Pandeglang Provinsi Banten.

**Metode Penelitian** Jenis penelitian ini merupakan penelitian kuantitatif yaitu cross sectional, dengan metode deskriptif analitik. Pengambilan sampel dilakukan dengan metode total sampling, dengan jumlah sampel 75 orang. Jenis Data yang dikumpulkan yaitu data primer, dilakukan dengan menggunakan metode kuesioner, recall IDDS dan Data sekunder diperoleh di instansi yang terkait, pengolahan dan analisis data dengan menggunakan program komputer yaitu SPSS versi 17, Nutrisurvey.

**Hasil Penelitian** Hasil penelitian disimpulkan bahwa ada hubungan antara pengetahuan ( $P=0,048$ ), sikap ( $P=0,033$ ) dengan keragaman konsumsi pangan. Dari hasil penelitian disarankan menambah dan melatih tenaga penyuluh pendamping untuk pembinaan Kawasan Rumah Pangan Lestari serta meningkatkan sosialisasi B2SA kepada seluruh masyarakat.

**Kata Kunci** : B2SA, Keragaman Konsumsi Pangan, Pengetahuan, Program KRPL, Sikap,

**Daftar Bacaan** : 67 (2003-2018).

**ABSTRACT**

**THE RELATION OF KNOWLEDGE AND ATTITUDE ABOUT BS2A FOR THE VARIETY OF FOOD CONSUMPTIONS IN THE GROUP OF BENEFICIARIES OF SUSTAINABLE FOOD HOUSE AREA PROGRAM IN PANDEGLANG REGENCY, BANTEN PROVINCE**

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**NUTRITION STUDY PROGRAM**

**Background:** The productive means of yard by crops is a way to develop the variety of food consumptions, balanced, and safe. Optimalization the use of yard is done through the efforts to empower women to optimize the use of yard as the source of family foods and nutritions.

**Objective of Research:** This research aims to find out the relation of knowledge and attitude about BS2A for The Variety of Food Consumptions in the group of beneficiaries of the sustainable food house area program in Pandeglang Regency, Banten Province.

**Method of Research:** This type of research is a quantitave study, which is cross sectional with analytic descriptive method. Sampling is done by total sampling method with 75 people of samples. The type of data collected are primary data that is done by using questionnaire method, recall IDSS, and secondary data that is obtained in a related institute, processing, and data analysis by applying a computer program, SPSS version 17, Nutrisurvey.

**Result of Research:** The results of research concluded that there is a relation between knowledge ( $P=0.048$ ) and attitude ( $P=0.033$ ) with the variety of food consumption. From the outcome of research, it is recommended to add and train the companion extension staffs to foster Sustainable Food Houses, also increase B2SA socialization to all communities.

**Keywords** : **Attitude, B2SA, Knowledge, KRPL Programe,,** variety of food consumptions

**References** : 67 (2003-2018)