

ABSTRACT



The differences in Knowledge, Attitudes and Behavior of Breastfeeding in Mothers of Participant and Non-Class Participants of Pregnant Women in Rawaterate Cakung Health Center in East Jakarta in 2018

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Background: Generally the mother's reason for not giving exclusive breastfeeding includes unfounded fear that breastmilk produced is not enough or has poor quality, delay in starting breastfeeding, incorrect breastfeeding techniques, and mistaken belief that the baby is thirsty and needs additional fluids. So the trigger factor in giving exclusive breastfeeding to infants is the factor of mother's knowledge, attitude and behavior, where most mothers still do not understand the benefits of exclusive breastfeeding, and a small portion even though they know the benefits, but in practice they do not give their babies exclusive breastfeeding.

Purpose: To know the The differences in Knowledge, Attitudes and Behavior of Breastfeeding in Mothers of Participant and Non-Class Participants of Pregnant Women in Rawaterate Cakung Health Center in East Jakarta in 2018.

Methods: The design used is cross sectional. Sampling using total sampling technique. The number of samples in this study there were 48 consisting of 24 mothers of participants in the class of pregnant women and 24 mothers of non-participants of pregnant women. This data analysis uses a different test t-test.

Result: Based on the results of the bivariate test using a different t-test, it found that there was no difference in knowledge ($p = 0.249$), attitude ($p = 0.273$) and behavior ($p = 0.108$) between the class participants of Pregnant Women and non-participants.

Conclusion: There was no difference in Knowledge, Attitudes and Behavior of Breastfeeding in Mothers of Participant and Non-Class Participants of Pregnant Women in Rawaterate Cakung Health Center in East Jakarta in 2018

Keyword: Knowledge, Attitudes, Behavior of Breastfeeding