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"THE EFFECT OF ART THERAPY TO PAINT FREELY ON THE ABILITY
OF PATIENT HALLUCINATIONS IN RSJ DR. SOEHARTO HEERDJAN
WEST JAKARTA 2018"

7 CHAPTER + 169 Page + 12 Table + 3 Schemes + 25 Appendices

ABSTRACT

Basic Health Research Data Basic severe psychiatric disorders in Indonesia 1.7 per mil. In addition, also found perceptual disorders, self-insight, feelings, desires and estimated prevalence of more than 90% of clients with schizophrenia experienced hallucinations. Data at Dr. Mental Hospital. Soeharto Heerdjan West Jakarta in September of 2017, showed that inpatient patients who suffered from hallucinations accounted for 74.3% of the total number of inpatients throughout the year. Hallucinations are one of the symptoms of mental disorder in which the client experiences a perceptual sensory change, sensing a false sensation of sound, sight, tasting, touching or shielding. Clients feel a stimulus that does not exist. To help patients to be able to control the hallucinations can be given modal therapy in the form of art therapy to paint freely. This study aims to identify the influence of art therapy to free paint on the patient's ability to control hallucinations at Dr. RSJ. Soeharto Heerdjan. This research method used *Pre-Experimental* research design with one group pre-post test design approach. The sample in this study amounted to 44 respondents by using sampling technique non probability sampling type *purposive sampling*. Result of hypothesis test of *Paired Sample T-Test* got result p-value equal to 0,004 where less than critical limit of research 0,05 so decision of hypothesis is accept H_a or that mean there is influence art therapy free paint to ability of patient control hallucination. In conclusion art therapy is effective free painting for the patient's ability to control hallucinations.

Keywords: Art Therapy, Free Painting, Patient's Ability Controlling
Hallucinations

Literature: 53 (2008 - 2016)