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“EFFECT GROUP ACTIVITIES OF STIMULATION PERCEPTION THERAPY TO A DECREASE IN A SIGN AND SYMPTOMS OF LOW SELF-ESTEEM IN ON A PATIENT Dr SOEHARTO HEERDJAN PSYCHIATRIC HOSPITAL IN WEST JAKARTA 2018”

7 Chapter + 154 Pages + 11 Table + 3 Scheme + 12 Attachments

ABSTRACT

Group activities of stimulation perception therapy in patients low self esteem activities there are two sessions. After they had participated in each session well there will be a change of sign and symptoms of low self-esteem and then they feel before and after they do group activities of stimulation perception therapy. This research to aimed to identify the influence group activities of stimulation perception therapy to a decrease in a sign and symptoms of patient low self-esteem in Dr Soeharto Heerdjan psychiatric hospital. This methodology applied research design pre experimental design with the form of one group pre-post test design. Samples to this research were 48 respondents had to use the sample technique nonprobability the sampling method of a kind purposive sampling. The results of the hypothesis wilcoxon signed rank test obtained p-value by 0,000 ($p < 0,05$). It means H_A receive and H_0 refuse that there an effect group activities of stimulation perception therapy to a decrease in a sign and symptoms of patient low self-esteem in Dr Soeharto Heerdjan psychiatric hospital. In conclusion of effective group activities of stimulation perception therapy, by give of a stimulus during activity will trigger the emergence of perception that give a positive response to himself. So life patients low self-esteem daily be adaptive. It is expected that nurses can do the care of nursing standard so that there are increase in self-esteem patients low self-esteem.

Keywords : Group activities therapy, Stimulation of perception, Signs and symptoms, Low self-esteem

Literature : 37 (2009-2018)