

ABSTRACT

Title :The effect of Double Wall Tumbler Media on Changes in Knowledge, Attitudes and Actions of Choosing Snack Foods for Student Students at SDN Duri Kepa 03 Pagi and SDIT Al-Chasanah West Jakarta in 2019

Name : Ari Vita Indah

Study Program: Gizi

VI Chapters, 87 Pages, 16 Tables, 11 Attachments

Background: As many as 25% of elementary school children have less knowledge of snack foods. Lack of knowledge due to lack of knowledge about snack foods. Nutrition education supported by media can increase one's knowledge.

Purpose: To determine the effect of double wall tumbler media on changes in knowledge, attitudes and actions for students in SDN Duri Kepa 03 Pagi and SDIT Al-Chasanah

Method: Pre-Experimental Research with one group pre-test and post-test methods. The study was conducted in August 2018-February 2019. The population amounted to 106. The sample was 79 students in class V. Data was collected by questionnaire. Educational snacks for 3 consecutive days with tumbler double wall media for 1 week. Statistical analysis using Wilcoxon and Mann-Whitney.

Results: There were differences in knowledge ($p \leq 0.05$), attitudes ($p \leq 0.05$) in elementary schools, but there were no differences in actions ($p > 0.05$). There are differences in knowledge ($p \leq 0.05$), attitudes ($p \leq 0.05$) and actions ($p \leq 0.05$) in SDIT. There was no difference in knowledge ($p > 0.05$) and attitudes ($p > 0.05$) between SDN and SDIT, but there were differences in actions ($p \leq 0.05$) between SDN and SDIT.

Conclusion: There is no difference in knowledge and attitudes between SDN and SDIT, there are differences in actions between SDN and SDIT after education on snack foods.

Keywords: Snack food, Media Double Wall Tumbler, Knowledge, Attitude, Action

Reading list: 85 (2003-2018)