

ABSTRACT



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THE EFFECT OF GIVING CUTTING BOARD MEDIA ON CHANGES IN BABY MOTHER AND ATTITUDE AT 6-12 MONTHS

Background: complementary food for breast milk is food or drink containing nutrients, given to infants or children aged 6-24 months to meet nutritional needs other than breast milk. Based on data from the Kebon Jeruk District Health Center in 2018 regarding data on nutritional status of infants under five there were 134 infants in the Puskesmas working area of South Kedoya Village and based on the data obtained it was found that there were 5 (3.73%) infants who were below the red line (BGM) consisting of 3 (2.23%) men and 2 (1.49%) women. Objective: to determine the effect of cutting board media on changes in knowledge and attitudes of mothers of infants aged 6-12 months in the work area of Puskesmas Kedoya Selatan Village, in 2019. Research Methods: Quasi-Experiments with the design of the pretest-posttest control group. The study was conducted in September 2018-February 2019. The population was 134. Samples were 58 people. Retrieving data with a questionnaire. The intervention was given once with cutting board media for 5 days. Statistical analysis using Paired Sample t-test, Independent Sample t-test, Wilcoxon, and Mann Whitney. Results: the average score of knowledge and attitudes of the intervention group had differences in knowledge ($p=0.0001$), attitude ($p=0.0001$), as well as in the control group there was an increase in knowledge ($p=0.0001$), attitude ($p=0.0001$). While the results of statistical tests in the intervention group and the control group to see the knowledge and attitudes of the two groups, found that knowledge in the intervention group and the control group had differences ($p.050.05$), but the results of the attitude statistical test in the two groups had no significant difference ($p= 0.0.105$). Conclusion: There was an effect of giving cutting board media to knowledge in both groups, but there was no influence on attitudes between the two groups. Suggestion: The Puskesmas Kelurahan Kedoya Selatan can apply cutting board media as a new medium in the counseling and education process at the Kedoya Selatan Community Health Center.

Keywords: Cutting Board, Capital Knowledge, Attitude Mother and Complementary feeding.