

**UNIVERSITAS ESA UNGGUL**  
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**“HUBUNGAN DUKUNGAN SOSIAL ORANG TUA DENGAN PEMENUHAN  
KEBUTUHAN ADL DASAR ANAK RETARDASI MENTAL DI YAYASAN TRI  
ASIH”**

**iii + 7 Bab + hal 78 + 13 tabel + 2 skema + 8 lampiran**

**ABSTRAK**

Anak retardasi mental mengalami kesulitan dalam membina hidup sehari-hari yang berkaitan dengan Pemenuhan *Activity daily living*. Dalam hal ini yaitu dukungan sosial orang tua yang baik akan mempengaruhi juga *Activity daily living* anak yang baik pula. Data studi pendahuluan yang peneliti lakukan di SLB Yayasan Tri Asih tahun 2016 yaitu terdapat 90% anak masih memiliki ketergantungan kepada orang tua. Penelitian ini bertujuan mengetahui hubungan dukungan sosial orang tua dengan pemenuhan kebutuhan *Activity daily living* anak retardasi mental di SLBYayasan Tri Asih. Dengan metode deskriptif korelasional pendekatan *cross sectional*. Besar Sampel 33 responden yaitu orang tua dan anak retardasi mental dengan teknik *purposive sampling* . Hasil uji *chi square* nilai  $p = 0.005$  ( $p < 0.05$ ). sebagian besar dukungan sosial kurang baik terhadap pemenuhan kebutuhan *Activity daily living* kurang baik, sebagian dukungan sosial kurang baik terhadap pemenuhan *Activity daily living* yang baik, sebagian dukungan sosial yang baik terhadap pemenuhan kebutuhan *Activity daily living* yang kurang baik, sebagian besar dukungan sosial baik terhadap pemenuhan *Activity daily living* yang baik. Ada hubungan yang signifikan antara dukungan sosial orang tua dengan pemenuhan kebutuhan *Activity daily living* anak retardasi mental. Disarankan orang tua yang memiliki anak retardasi mental memiliki pengetahuan *Activity daily living* yang baik sehingga pemenuhan *Activity daily living* anak akan semakin baik.

Kata kunci: Dukungan sosial, *Activity Daily Living/ADL*, Anak Retarasi Mental  
Daftar Pustaka: 30 (2005-2014)

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FACULTY OF HEALTH SCIENCE  
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**"RELATIONSHIP OF SOCIAL SUPPORT OF PARENTS WITH THE  
FULFILLMENT OF THE NEED OF ADL BASIC OF MENTAL RETARDATION  
CHILDREN IN THE TRI ASIH FOUNDATION"**

viii + 7 Chapter + 78 Pages + 13 tables + 2 scemes + 8 attachment

**ABSTRACT**

Mental retardation children experience difficulties in fostering daily life related to the fulfillment of daily living activities. In this case, the good social support of parents will also affect children's daily living activities as well. Preliminary study data that the researcher did at the Tri Asih Foundation SLB in 2016 was 90% of children still had dependence on parents. This study aims to determine the relationship of social support of parents with the fulfillment of daily living activities for children with mental retardation at the Tri Asih SLB Foundation. With the descriptive correlational method, the cross sectional approach. The sample size of 33 respondents was parents and children with mental retardation with purposive sampling technique. The chi square test results p value = 0.005 ( $p < 0.05$ ). most of the social support is not good enough to fulfill the needs of daily living activities, some social support is not good enough to fulfill a good daily living Activity, some good social support for meeting the needs of daily living activities is not good, most social support is good for fulfillment Good daily living activity. There is a significant relationship between social support of parents with meeting the needs of daily living activities of mentally retarded children. It is recommended that parents who have mentally retarded children have good knowledge of daily living activities so that the fulfillment of children's daily living activities will be better.

Keywords: Social support, activity daily living , Child Mental Retardation

Bibliography: 30 (2005-2014)