

The background of the page features a repeating watermark of the Universitas Esa Unggul logo. The logo consists of a stylized circular emblem with blue and orange elements, and the text "Universitas Esa Unggul" in a light blue font.

LAMPIRAN

LAMPIRAN

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Lampiran 1

INFORMED CONSENT

Dengan hormat,

Perkenalkan saya Agusty Wisnu Sekarningrum, mahasiswi Gizi Universitas Esa Unggul Bekasi yang sedang melakukan penelitian dengan judul “Perbedaan Penampilan, Rasa, dan Sisa Makanan Berdasarkan Modifikasi Menu Lauk Hewani pada Pasien Diet Rendah Garam di Rawat Inap RSUD Antam Medika”. Penelitian ini tidak menimbulkan akibat yang merugikan bagi saudara/I sebagai responden, kerahasiaan semua informasi yang diberikan akan dijaga dan hanya digunakan untuk kepentingan penelitian. Jika saudara/I tidak bersedia menjadi responden maka tidak ada ancaman bagi saudara/I serta memungkinkan untuk mengundurkan diri untuk mengikuti penelitian ini. Apabila saudara/I setuju, maka saya mohon kesediannya untuk menandatangani persetujuan dan menjawab pertanyaan-pertanyaan yang telah dibuat. Atas perhatian dan kesediaan saudara/I menjadi responden, saya mengucapkan terima kasih.

Setelah mendapatkan penjelasan tentang maksud dan tujuan penelitian yang akan dilakukan, saya :

Nama :

Umur :Tahun

Menyatakan bersedia untuk menjadi responden dan akan mengikuti tahapan penelitian tentang “Perbedaan Penampilan, Rasa, dan Sisa Makanan Berdasarkan Modifikasi Menu Lauk Hewani pada Pasien Diet Rendah Garam di Rawat Inap RSUD Antam Medika”.

Jakarta,.....

Yang membuat pernyataan,

(.....)

LAMPIRAN 2

A. Penampilan Makanan

Aspek Penilaian (Penilaian Makanan)	Kelompok Makanan		
	Lauk Hewani		
	Malam 1	Malam 2	Malam 3
1. Warna Makanan			
2. Tekstur dan Konsistensi			
3. Porsi			
4. Bentuk Makanan			

Nilai :

1. Tidak menarik/ tidak sesuai
2. Kurang menarik/ kurang sesuai
3. Menarik/ sesuai

No. Responden:

Keterangan:

P : Menu Pagi

LAMPIRAN 3

B. Rasa Makanan

No. Responden:

Aspek Penilaian	Kelompok Makanan		
(Penilaian Makanan)	Lauk Hewani		
	Malam 1	Malam 2	Malam 3
1.Suhu			
2.Bumbu			
3. Aroma			
4.Tingkat Kematangan			

Nilai :

1. Tidak menarik/ tidak sesuai
2. Kurang menarik/ kurang sesuai
3. Menarik/ sesuai

Keterangan:

P : Menu Pagi

Lampiran 1 Riwayat Hidup Penulis

RIWAYAT HIDUP PENULIS

Data Pribadi

Nama : Agusty Wisnu Sekarningrum
NIM : 20170302148
Tempat, tanggal lahir : Jakarta, 30 Agustus 1993
Alamat : Harapan Indah, Bekasi Barat
Agama : Islam
Kewarganegaraan : Indonesia
Nomor Hp : 081299192414
Email : agustyw@yahoo.com

Riwayat Pendidikan

1999-2005 : SD Cindera Mata Bekasi
2005-2008 : SMP Negeri 19 Bekasi
2008-2011 : SMA Negeri 21 Jakarta
2011-2014 : Program Studi DIII Manajemen Industri Jasa Makanan dan Gizi
Institut Pertanian Bogor
2017-2019 : Program Studi Gizi Fakultas Ilmu-Ilmu Kesehatan
Universitas Esa Unggul

Frequencies

Universitas
Esa

Univers
Esa

Notes

Output Created		05-Sep-2019 02:59:50
Comments		
Input	Data	C:\Users\OSetiawans\Documents\SKRIPSI2\SPSS\Flx.sav
	Active Dataset	DataSet1
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	Weight	<none>
	Split File	<none>
	N of Rows in Working Data File	31
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	Cases Used	Statistics are based on all cases with valid data.
Syntax		<pre> FREQUENCIES VARIABLES=Usia_responden Jenis_kelamin Warna_persen_copy Tekstur_persen_copy Porsi_persen_copy Bentuk_persen_copy Suhu_persen_copy Bumbu_persen_copy Aroma_persen_copy TM_persen_copy Sisa_persen_copy /ORDER=ANALYSIS. </pre>
Resources	Processor Time	00:00:00.000
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	Usia Responden	Jenis Kelamin Responden	Warna persen hasil	Tekstur persen hasil	Porsi persen hasil	Bentuk persen hasil	Suhu persen hasil	Bumbu persen hasil	Aroma persen hasil	Tingkat kematangan persen hasil	Sisa makanan persen hasil
N Valid	31	31	31	31	31	31	31	31	31	31	31
Missing	0	0	0	0	0	0	0	0	0	0	0

Frequency Table

Usia Responden

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Dewasa	4	12.9	12.9	12.9
	Lansia	27	87.1	87.1	100.0
	Total	31	100.0	100.0	

Jenis Kelamin Responden

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Pria	13	41.9	41.9	41.9
	Wanita	18	58.1	58.1	100.0
	Total	31	100.0	100.0	

Warna persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Menarik	10	32.3	32.3	32.3
	Menarik	21	67.7	67.7	100.0
	Total	31	100.0	100.0	

Tekstur persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Sesuai	16	51.6	51.6	51.6
	Sesuai	15	48.4	48.4	100.0
	Total	31	100.0	100.0	

Porsi persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Sesuai	11	35.5	35.5	35.5
	Sesuai	20	64.5	64.5	100.0
	Total	31	100.0	100.0	

Bentuk persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Menarik	11	35.5	35.5	35.5
	Menarik	20	64.5	64.5	100.0
	Total	31	100.0	100.0	

Suhu persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Sesuai	17	54.8	54.8	54.8
	Sesuai	14	45.2	45.2	100.0
	Total	31	100.0	100.0	

Bumbu persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Enak	14	45.2	45.2	45.2
	Enak	17	54.8	54.8	100.0
	Total	31	100.0	100.0	

Aroma persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Sedap	14	45.2	45.2	45.2
	Sedap	17	54.8	54.8	100.0
	Total	31	100.0	100.0	

Tingkat kematangan persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kurang Matang	13	41.9	41.9	41.9
	Matang	18	58.1	58.1	100.0
	Total	31	100.0	100.0	

Sisa makanan persen hasil

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tidak Habis	19	61.3	61.3	61.3
	Habis	12	38.7	38.7	100.0
	Total	31	100.0	100.0	

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Warna persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%
Tekstur persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%
Porsi persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%
Bentuk persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%
Suhu persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%
Bumbu persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%
Aroma persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%
Tingkat kematangan persen hasil * Sisa makanan persen hasil	31	100.0%	0	.0%	31	100.0%

*

Sisa makanan persen hasil

Crosstab

	Sisa makanan persen hasil		Total
	Tidak Habis	Habis	

Warna persen hasil	Kurang Menarik	Count	9	1	10
		% within Warna persen hasil	90.0%	10.0%	100.0%
	Menarik	Count	10	11	21
		% within Warna persen hasil	47.6%	52.4%	100.0%
Total		Count	19	12	31
		% within Warna persen hasil	61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	5.128 ^a	1	.024		
Continuity Correction ^b	3.498	1	.061		
Likelihood Ratio	5.815	1	.016		
Fisher's Exact Test				.046	.027
Linear-by-Linear Association	4.963	1	.026		
N of Valid Cases ^b	31				

a. 1 cells (25,0%) have expected count less than 5. The minimum expected count is 3,87.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper

Odds Ratio for Warna persen hasil (Kurang Menarik / Menarik)	9.900	1.058	92.663
For cohort Sisa makanan persen hasil = Tidak Habis	1.890	1.153	3.097
For cohort Sisa makanan persen hasil = Habis	.191	.028	1.281
N of Valid Cases	31		

Tekstur persen hasil * Sisa makanan persen hasil

Crosstab

			Sisa makanan persen hasil		Total
			Tidak Habis	Habis	
Tekstur persen hasil	Kurang Sesuai	Count	13	3	16
		% within Tekstur persen hasil	81.2%	18.8%	100.0%
	Sesuai	Count	6	9	15
		% within Tekstur persen hasil	40.0%	60.0%	100.0%
Total		Count	19	12	31
		% within Tekstur persen hasil	61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	5.552 ^a	1	.018		
Continuity Correction ^b	3.950	1	.047		

Likelihood Ratio	5.748	1	.017		
Fisher's Exact Test				.029	.023
Linear-by-Linear Association	5.373	1	.020		
N of Valid Cases ^b	31				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 5,81.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Tekstur persen hasil (Kurang Sesuai / Sesuai)	6.500	1.279	33.034
For cohort Sisa makanan persen hasil = Tidak Habis	2.031	1.047	3.942
For cohort Sisa makanan persen hasil = Habis	.312	.104	.939
N of Valid Cases	31		

Porsi persen hasil * Sisa makanan persen hasil

Crosstab

			Sisa makanan persen hasil		Total
			Tidak Habis	Habis	
Porsi persen Kurang	Count		9	2	11

hasil	Sesuai	% within Porsi persen hasil	81.8%	18.2%	100.0%
	Sesuai	Count	10	10	20
		% within Porsi persen hasil	50.0%	50.0%	100.0%
Total		Count	19	12	31
		% within Porsi persen hasil	61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	3.028 ^a	1	.082		
Continuity Correction ^b	1.836	1	.175		
Likelihood Ratio	3.224	1	.073		
Fisher's Exact Test				.128	.086
Linear-by-Linear Association	2.931	1	.087		
N of Valid Cases ^b	31				

a. 1 cells (25,0%) have expected count less than 5. The minimum expected count is 4,26.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper

Odds Ratio for Porsi persen hasil (Kurang Sesuai / Sesuai)	4.500	.770	26.292
For cohort Sisa makanan persen hasil = Tidak Habis	1.636	.974	2.750
For cohort Sisa makanan persen hasil = Habis	.364	.096	1.372
N of Valid Cases	31		

Bentuk persen hasil * Sisa makanan persen hasil

Crosstab

			Sisa makanan persen hasil		Total
			Tidak Habis	Habis	
Bentuk persen hasil	Kurang Menarik	Count	10	1	11
		% within Bentuk persen hasil	90.9%	9.1%	100.0%
	Menarik	Count	9	11	20
		% within Bentuk persen hasil	45.0%	55.0%	100.0%
Total	Count		19	12	31
	% within Bentuk persen hasil		61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	6.304 ^a	1	.012		
Continuity Correction ^b	4.518	1	.034		

Likelihood Ratio	7.153	1	.007		
Fisher's Exact Test				.020	.014
Linear-by-Linear Association	6.101	1	.014		
N of Valid Cases ^b	31				

a. 1 cells (25,0%) have expected count less than 5. The minimum expected count is 4,26.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Bentuk persen hasil (Kurang Menarik / Menarik)	12.222	1.306	114.399
For cohort Sisa makanan persen hasil = Tidak Habis	2.020	1.202	3.396
For cohort Sisa makanan persen hasil = Habis	.165	.024	1.117
N of Valid Cases	31		

Suhu persen hasil * Sisa makanan persen hasil

Crosstab

			Sisa makanan persen hasil		Total
			Tidak Habis	Habis	
Suhu persen	Kurang	Count	13	4	17

hasil	Sesuai	% within Suhu persen hasil	76.5%	23.5%	100.0%
	Sesuai	Count	6	8	14
		% within Suhu persen hasil	42.9%	57.1%	100.0%
Total		Count	19	12	31
		% within Suhu persen hasil	61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	3.656 ^a	1	.056		
Continuity Correction ^b	2.377	1	.123		
Likelihood Ratio	3.709	1	.054		
Fisher's Exact Test				.075	.061
Linear-by-Linear Association	3.538	1	.060		
N of Valid Cases ^b	31				

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 5,42.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Suhu persen hasil (Kurang Sesuai / Sesuai)	4.333	.928	20.244

For cohort Sisa makanan persen hasil = Tidak Habis	1.784	.922	3.452
For cohort Sisa makanan persen hasil = Habis	.412	.156	1.086
N of Valid Cases	31		

Bumbu persen hasil * Sisa makanan persen hasil

Crosstab

			Sisa makanan persen hasil		Total
			Tidak Habis	Habis	
Bumbu persen hasil	Kurang Enak	Count	12	2	14
		% within Bumbu persen hasil	85.7%	14.3%	100.0%
	Enak	Count	7	10	17
		% within Bumbu persen hasil	41.2%	58.8%	100.0%
Total		Count	19	12	31
		% within Bumbu persen hasil	61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	6.419 ^a	1	.011		
Continuity Correction ^b	4.679	1	.031		
Likelihood Ratio	6.863	1	.009		

Fisher's Exact Test				.024	.014
Linear-by-Linear Association	6.212	1	.013		
N of Valid Cases ^b	31				

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 5,42.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Bumbu persen hasil (Kurang Enak / Enak)	8.571	1.443	50.904
For cohort Sisa makanan persen hasil = Tidak Habis	2.082	1.134	3.820
For cohort Sisa makanan persen hasil = Habis	.243	.063	.931
N of Valid Cases	31		

Aroma persen hasil * Sisa makanan persen hasil

Crosstab

		Sisa makanan persen hasil		Total	
		Tidak Habis	Habis		
Aroma persen	Kurang Sedap	Count	12	2	14

Risk Estimate

hasil	% within Aroma persen hasil	85.7%	14.3%	100.0%
Sedap	Count	7	10	17
	% within Aroma persen hasil	41.2%	58.8%	100.0%
Total	Count	19	12	31
	% within Aroma persen hasil	61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	6.419 ^a	1	.011		
Continuity Correction ^b	4.679	1	.031		
Likelihood Ratio	6.863	1	.009		
Fisher's Exact Test				.024	.014
Linear-by-Linear Association	6.212	1	.013		
N of Valid Cases ^b	31				

a. 0 cells (,0%) have expected count less than 5. The minimum expected count is 5,42.

b. Computed only for a 2x2 table

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Aroma persen hasil (Kurang Sedap / Sedap)	8.571	1.443	50.904
For cohort Sisa makanan persen hasil = Tidak Habis	2.082	1.134	3.820
For cohort Sisa makanan persen hasil = Habis	.243	.063	.931
N of Valid Cases	31		

Tingkat kematangan persen hasil * Sisa makanan persen hasil

Crosstab

		Sisa makanan persen hasil		Total
		Tidak Habis	Habis	
Tingkat kematangan Kurang Matang persen hasil	Count	12	1	13
	% within Tingkat kematangan persen hasil	92.3%	7.7%	100.0%
Matang	Count	7	11	18
	% within Tingkat kematangan persen hasil	38.9%	61.1%	100.0%
Total	Count	19	12	31
	% within Tingkat kematangan persen hasil	61.3%	38.7%	100.0%

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	9.079 ^a	1	.003		
Continuity Correction ^b	6.967	1	.008		
Likelihood Ratio	10.273	1	.001		
Fisher's Exact Test				.003	.003
Linear-by-Linear Association	8.786	1	.003		
N of Valid Cases ^b	31				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 5,03.

b. Computed only for a 2x2 table

Risk Estimate

	Value	95% Confidence Interval	
		Lower	Upper
Odds Ratio for Tingkat kematangan persen hasil (Kurang Matang / Matang)	18.857	1.989	178.796
For cohort Sisa makanan persen hasil = Tidak Habis	2.374	1.303	4.325
For cohort Sisa makanan persen hasil = Habis	.126	.018	.858
N of Valid Cases	31		

Lampiran 2 Dokumentasi

