ABSTRACT

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Aprilia Nur Indahsari
Program Study Bachelor Degree of Physiotherapy
Faculty of Physiotherapy
Esa Unggul University

THE CORRELATION BODY MASS INDEX AND PEAK EXPIRATORY FLOW IN PT. BINA ADIDAYA TANGERANG

Consists of VI Chapters, 49 Pages, 8 Tables, 5 Images, 1 Graph, 2 Schemes, 8 Attachments

Objective: To study out the correlation body mass index and peak expiratory flow in paint factory PT. Bina Adidaya Tangerang. Samples: This study consisted of 30 male employees in PT. Bina Adidaya Tangerang which was selected based on purposive sampling. The samples aged ranges from 22-48 years. The sample examined the height checks using stature meter, weight checks with electronic personal scale, and examined peak expiratory flow using the peak flow meter. Method: This study is an observational/survey study. This research is descriptive with the type of correlation study to determine the correlation between variables using the cross sectional design studied at the same time. Results: The mean and standard deviation of body mass index male employees are 23.17±3.740 while the peak expiratory flow had a mean and standard deviation of 363.50±77.149. Pearson test obtained the value of p=0.048 (p<0.05) this shows that there is correlation between the body mass index and peak expiratory flow in PT. Bina Adidaya Tangerang. Whereas the value of r (correlation strength)= 0.36, meaning that there is a positive correlation between the body mass index and peak expiratory flow current weak correlation strength.

Keywords: Body Mass Index, Peak Expiratory Flow