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**THE EFFECT OF BLOWING PAPER DISTRACTION TECHNIQUE ON  
PAIN LEVEL IN PRESCHOOL CHILDREN WHICH GETTING  
INTRAVENOUS INJECTION IN AN-NISA TANGERANG HOSPITAL**

**ABSTRACT**

Pre-school children are a golden age. Preschool is an individual development phase which can be 3-6 years old. Pre-school children are vulnerable to disease, so many children at that age will undergo hospitalization. The main stressors during hospitalization include pain when getting intravenous injection (antibiotic administration). Pain can be overcome by non-pharmacological therapy, one of which is the blowing paper distraction technique. The purpose of this study was to determine the effect of blowing paper distraction techniques on pain levels in preschool children getting intravenous injections. This study was Pre Experiments with research used one group pre-test and post-test design. The sample in this study amounted to 36 respondents. With purposive sampling technique. Data processing techniques using the Wilcoxon Signed Rank test technique. The results of this study showed that there is a different mean before and after intervention distraction blowing paper with p value 0,000 ( $p < 0,05$ ). So that, blowing paper recommended to use reduce pain in preschool children. the value of p 0,000 was lower than the sigma value ( $< 0.05$ ), which means there was a significant influence on the blowing paper distraction conducted at Sakin An-Nisa Tangerang 2019.

**Keywords:** *Blowing paper*, pain level, intravenous injection, preschool children

**Bibliography:** 31 (2009-2018)