

ABSTRACT

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Study Program : Public Health
Title : Factors Associated With Snack Selection Behavior For Class IV and V Students at Grogol Public Elementary School 07 in 2019

Based on the preliminary survey by distributing questionnaires to fifth grade students of Grogol 07 Elementary School conducted on 20 class V students of Grogol 07 Elementary School there were 12 students (60%) behaving badly in choosing snacks at school. The general objective of this study was to analyze the factors associated with the behavior of snack selection for students in grade IV and V in Grogol 07 Elementary School in 2019. This study used a cross sectional method, with a sample of 62 students. The sampling technique uses the stratified random sampling method with univariate and bivariate data analysis using the chi square test. This study was conducted in January-July of 2019. Univariate results, namely the highest proportion of bad snacks selection behavior as much as 56,3%, negative attitudes as much as 59,4%, little pocket money as much as 90,6%, it is not unusual to bring provisions as much as 53,1%, and the influence of peers is bad as much as 65,6%. There was a relationship between attitudes ($PR = 5,474$, 95% CI: 2,199 - 13,624), peer influence ($PR = 1,833$, 95% CI: 1,014 - 3,316) with the behavior of choosing snacks for students. It is expected that the school will hold counseling on the selection of food snacks on a regular basis to students, and require students to bring supplies to school and the school closes the school gate during recess so students do not snack outside of school.

Keywords : the behavior of choosing snacks; attitudes; pocket money; habits of carrying lunch; and peer influence

6 chapters, xii + 86 pages, 23 list tabel, 2 images, and 12 attachments

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