UNIVERSITY OF ESA UNGGUL
FACULTY OF HEALTH SCIENCE
PROFESSIONAL STUDY PROGRAM NERS
FINAL REPORT OF THE PROFESSION NERS, AUGUST, 2019

AGNES SEPTIANINGSIH, S.Kep 2017-0305-065

" NURSING CARE IN CHRONIC KIDNEY DISEASE (CKD) CLIENTS WITH PULMONARY EDEMA WITH INTERVENTION OF STONE ICE WASTE TO REDUCE THIRST TASTE IN EMERGENCY INSTALLATION (IGD) RSU KABUPATEN TANGERANG "

5Chapter + 77 Pages + 28 Table + 2 Scheme + 3 Attachments

ABSTRACT

Sucking ice cubes is very effective in reducing thirst for clients with Chronic Kidney Disease (CKD) who are given restrictions on fluid intake to prevent excess fluid volume in the client's body with Chronic Kidney Disease (CKD). This study aims to identify the implementation of nursing care for clients with Chronic Kidney Disease (CKD) with pulmonary edema by sucking ice cubes to reduce thirst in the Emergency Department of Tangerang District Hospital. In writing the final scientific work report the researcher uses descriptive methods (with the approach to the nursing process) and the method of literature (by searching the literature). The characteristics of clients who were respondents to the case study of Chronic Kidney Disease (CKD) on average were over 40 years old. Nursing problems for Chronic Kidney Disease (CKD) clients are ineffective breathing patterns, excess fluid volume, ineffective peripheral tissue perfusion, activity intolerance, risk of damage to skin integrity, risk of nutritional imbalances: less than the body's needs. From the results of the study found in clients with Chronic Kidney Disease (CKD) generally complain of shortness of breath, complaining of thirst, mouth / dry skin and edema of the lower extremities due to excess fluid intake. Using intervention therapy with ice cube administration is one of the treatments that can be given to clients with Chronic Kidney Disease (CKD) who are treated with restrictions on fluid intake. The recommendation of this study is ice cubes that can be used to reduce thirst for clients with Chronic Kidney Disease (CKD) who get restrictions on fluid intake.

Keywords: Chronic Kidney Disease (CKD), sucking ice cubes, and thirst

Literature: 25 (2010 – 2018)

Esa Unggul

Universita **Esa** (