

ABSTRAK

PENGARUH *WORK FAMILY CONFLICT* TERHADAP STRES KERJA PADA PERAWAT WANITA YANG MENIKAH DI RSUD CENKARENG

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Perawat wanita yang menikah harus menghadapi rutinitas di tempat kerja seperti waktu kerja yang terikat, pekerjaan yang menumpuk, serta *deadline* dan target pekerjaan. Perawat wanita yang menikah merasa pekerjaan dirasakan sebagai beban bagi perawat wanita, dan disisi lain tuntutan sebagai istri dan ibu rumah tangga juga menjadi tekanan. Akibatnya perawat merasakan konflik, bingung harus membuat keputusan untuk memprioritaskan tuntutan yang harus diselesaikan terlebih dahulu, sehingga membuatnya merasa tidak nyaman, merasa terbebani dengan pekerjaannya. Tujuan penelitian ini adalah mengetahui pengaruh *work family conflict* terhadap stres kerja pada perawat wanita yang menikah di RSUD Cengkareng. Rancangan penelitian ini adalah berjenis kausal komparatif dengan jumlah sampel 62 orang di RSUD Cengkareng. Alat ukur *work family conflict* mempunyai koefisien reliabilitas (α) = 0,921 dengan 22 aitem valid dan stres kerja (α) = 0,955 dengan 38 aitem valid. Hasil penelitian menunjukkan ada pengaruh positif *work family conflict* terhadap stres kerja pada perawat wanita yang menikah diperoleh nilai sig (p) = 0,000; $Y = 80,719 + 0,714X$. Pengaruh *work family conflict* 46,3% terhadap stres kerja. *Work family conflict* lebih banyak yang tinggi (51,6%) dan stres kerja lebih banyak tinggi (59,7%). Aspek dominan *work family conflict* adalah aspek *behavior based conflict*.

Kata kunci: *Work family conflict*, Stres Kerja, Perawat Wanita Yang Menikah.

ABSTRACT

***THE INFLUENCE OF WORK FAMILY CONFLICT AGAINST JOB STRESS IN NURSE
A MARRIED WOMAN IN CENGKARENG HOSPITAL***

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Working mother has to face a routine in a workplace as working time tied, the work piled up, as well as a deadline and the target. Nurse a married woman felt the perceived burden for nurses woman, work can be perceived as a burden for women who work, and a side of the charges as a wife and a housewife is also a. As a result nurse, feel the conflict confused have to make the decision to prioritise demands to be resolved first, and a side of the charges as a wife and a housewife is also a. The result than the nurses feel confused have to make the decision to prioritise demands to be resolved first, that make them feel uncomfortable, feel weighed down with his work. The design of this research is sort of comparative causal connection with the total sample 62 people in cengkareng hospital. A measuring instrument work family conflict have the coefficients reliability (α) = 0.921 of 22 valid aitem and job stress (α) = 0.955 of 38 valid aitem . The results of studies show there is a positive influence work family conflict against job stress in nurses a married woman obtained the value of sig (p) = 0.000; $Y = 80.719 + 0.714X$. The influence of work family conflict 46.3% of job stress. Work family conflict more high (51.6%) and job stress more high (59.7 %). The dominant aspect of work family conflict is aspects behavior based conflict.

Keywords : Work family conflict, Job stress, Married Nurses.