

**LAMPIRAN A**  
**SKALA POLA ASUH DAN KONTROL DIRI**

Selamat Pagi/Siang/Sore/Malam,

Perkenalkan saya Elia Triswati, mahasiswi Fakultas Psikologi yang saat ini sedang melakukan penelitian sebagai tugas akhir guna menyelesaikan studi di Universitas Esa Unggul. Sehubungan dengan itu, saya meminta kesediaan anda sebagai Mahasiswa Perantau untuk membantu penelitian saya dengan mengisi kuesioner ini.

Dalam kuesioner ini tidak ada jawaban benar atau salah. Saya mengharapkan kejujuran anda dalam mengisi kuesioner ini sesuai dengan keadaan sesungguhnya yang anda rasakan, pikirkan dan lakukan. Anda tidak perlu khawatir karena identitas anda akan dijamin kerahasiaannya atau tidak dipublikasikan. Apabila ada pertanyaan, saran, maupun kritik dapat menghubungi peneliti dengan nomor telepon : 082211759625 atau email : eliatriswati@gmail.com Atas kerjasama dan kesediaan anda, saya ucapkan terima kasih.

Hormat saya,

Elia Triswati

Dengan menandatangani lembar ini, saya bersedia untuk menjadi responden pada penelitian yang berjudul “Pengaruh Pola Asuh terhadap Kontrol Diri pada Mahasiswa Perantau di Universitas Esa Unggul”.

TTD

(Responden)

Berikut ini terdapat beberapa pernyataan, anda diminta untuk memberikan satu kali tanda (√) pada kolom disebelah kanan pada setiap pernyataan yang sesuai dengan keadaan diri anda dengan keterangan :

**SS : Sangat Sesuai**

**S : Sesuai**

**TS : Tidak Sesuai**

**STS : Sangat Tidak Sesuai**

Contoh : Apabila Sangat Sesuai dengan anda, maka dapat memberi tanda (√) pada kolom SS, seperti gambar dibawah ini :

No.	Pernyataan	SS	S	TS	STS
1.	Saya mampu menyelesaikan masalah dengan baik	√			

### Data Responden

Inisial :

Usia :

Jenis Kelamin :

Asal Daerah :

Kuesioner Pola Asuh Setelah Uji Coba

NO.	PERNYATAAN	SS	S	TS	STS
1.	Meskipun saya telah hidup merantau, saya masih selalu diingatkan untuk tidak pulang malam				
2.	Selama berada diperantauan orangtua saya mengawasi semua aktifitas yang saya lakukan				
3.	Saya tidak memperdulikan hukuman yang akan diberikan orangtua saya				
4.	Orangtua mengharuskan saya untuk mampu menyelesaikan masalah sendiri selama saya merantau				
5.	Aturan dari orangtua selama saya merantau tidak dibicarakan dengan jelas oleh orangtua saya				
6.	dst...				

Kuesioner Kontrol Diri Setelah Uji Coba

NO.	PERNYATAAN	SS	S	TS	STS
1.	Ketika ada masalah, saya berusaha untuk tetap tenang				
2.	Kebiasaan begadang dalam mengerjakan tugas seringkali membuat saya terlambat menghadiri perkuliahan dikelas				
3.	Saya tidak dapat menerima masukan (kritik & saran) dari teman				
4.	Ketika menghadapi masalah, saya akan meminta saran dari teman				
5.	Saat teman membuat saya kesal, saya akan memaki dengan kata-kata kasar				
6.	dst...				

**LAMPIRAN B**  
**UJI VALIDITAS DAN RELIABILITAS**

**A. POLA ASUH**

**Scale: PA\_33 (Putaran Pertama)**

**B.1.**

**Case Processing Summary**

		N	%
Cases	Valid	30	100.0
	Excluded <sup>a</sup>	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

**B.2.**

**Reliability Statistics**

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.894	.893	33

**B.3.**

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
A1	62.63	100.309	.775	.	.883
A2	62.33	112.368	.080	.	.898
A3	62.70	106.631	.518	.	.889

A4	62.97	111.689	.174	.	.895
A5	63.17	109.454	.425	.	.891
A6	62.93	110.271	.295	.	.893
A7	62.33	103.954	.589	.	.888
A8	62.87	110.533	.259	.	.894
A9	62.30	105.666	.507	.	.889
A10	62.63	100.309	.775	.	.883
A11	62.97	111.689	.174	.	.895
A12	63.17	109.454	.425	.	.891
A13	62.60	105.972	.444	.	.891
A14	62.90	106.162	.661	.	.888
A15	62.93	110.271	.295	.	.893
A16	62.77	107.702	.353	.	.893
A17	61.70	116.079	-.168	.	.900
A18	63.17	109.454	.425	.	.891
A19	62.97	111.689	.174	.	.895
A20	63.17	109.454	.425	.	.891
A21	62.70	106.631	.518	.	.889
A22	62.67	106.230	.632	.	.888
A23	62.73	105.720	.524	.	.889
A24	62.30	105.666	.507	.	.889
A25	62.63	100.309	.775	.	.883
A26	62.97	111.689	.174	.	.895
A27	62.20	108.372	.325	.	.893
A28	61.80	107.752	.392	.	.892
A29	62.67	106.230	.632	.	.888
A30	62.73	105.720	.524	.	.889
A31	62.73	105.720	.524	.	.889
A32	63.17	109.454	.425	.	.891
A33	62.83	107.730	.414	.	.891

**Scale: PA\_24 (Putaran Kedua)**

**B.4.**

**Case Processing Summary**

		N	%
Cases	Valid	30	100.0
	Excluded <sup>a</sup>	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

**B.5.**

**Reliability Statistics**

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.916	.915	24

**B.6.**

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
A1	45.27	82.685	.833	.	.906
A3	45.33	89.264	.520	.	.913
A5	45.80	92.648	.345	.	.915
A7	44.97	85.964	.651	.	.910
A9	44.93	88.271	.517	.	.913
A10	45.27	82.685	.833	.	.906
A12	45.80	92.648	.345	.	.915
A13	45.23	88.047	.486	.	.914
A14	45.53	89.706	.581	.	.912
A16	45.40	90.455	.340	.	.917
A18	45.80	92.648	.345	.	.915
A20	45.80	92.648	.345	.	.915

A21	45.33	89.264	.520	.	.913
A22	45.30	88.493	.674	.	.910
A23	45.37	87.206	.618	.	.911
A24	44.93	88.271	.517	.	.913
A25	45.27	82.685	.833	.	.906
A27	44.83	90.557	.347	.	.916
A28	44.43	89.495	.453	.	.914
A29	45.30	88.493	.674	.	.910
A30	45.37	87.206	.618	.	.911
A31	45.37	87.206	.618	.	.911
A32	45.80	92.648	.345	.	.915
A33	45.47	90.878	.369	.	.916



**B. KONTROL DIRI**

**Scale: KD\_32 (Putaran Pertama)**

**B.7.**

**Case Processing Summary**

		N	%
Cases	Valid	30	100.0
	Excluded <sup>a</sup>	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

**B.8.**

**Reliability Statistics**

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.802	.797	32

**B.9.**

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
A1	74.87	69.568	.599	.	.783
A2	74.57	75.357	.217	.	.800
A3	74.93	73.857	.390	.	.794
A4	74.43	71.220	.531	.	.787
A5	74.03	71.689	.531	.	.788
A6	74.90	72.714	.572	.	.789
A7	74.57	69.495	.646	.	.782
A8	75.10	74.921	.330	.	.796

A9	74.53	72.326	.451	.	.791
A10	74.87	69.568	.599	.	.783
A11	74.57	75.357	.217	.	.800
A12	74.10	78.300	-.007	.	.809
A13	75.10	80.024	-.170	.	.809
A14	74.43	74.047	.288	.	.798
A15	74.83	70.489	.548	.	.786
A16	74.07	75.926	.177	.	.802
A17	75.00	79.862	-.125	.	.813
A18	74.67	74.437	.244	.	.800
A19	74.47	77.016	.086	.	.806
A20	73.80	80.510	-.182	.	.813
A21	74.87	72.809	.445	.	.791
A22	74.07	77.237	.066	.	.807
A23	73.77	78.116	.010	.	.808
A24	74.13	77.568	.026	.	.810
A25	74.30	76.976	.090	.	.805
A26	73.57	79.082	-.062	.	.809
A27	74.43	71.220	.531	.	.787
A28	74.03	71.689	.531	.	.788
A29	74.90	72.714	.572	.	.789
A30	74.97	71.275	.557	.	.787
A31	74.97	71.275	.557	.	.787
A32	74.07	74.409	.354	.	.795

**Scale: KD\_17 (Putaran Kedua)**

**B.10.**

**Case Processing Summary**

		N	%
Cases	Valid	30	100.0
	Excluded <sup>a</sup>	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

**B.11.**

**Reliability Statistics**

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.909	.909	17

**B.12.**

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
A1	35.97	52.861	.787	.	.896
A3	36.03	57.620	.517	.	.905
A4	35.53	55.637	.611	.	.902
A5	35.13	55.844	.635	.	.902
A6	36.00	56.414	.743	.	.900
A7	35.67	55.678	.584	.	.903
A8	36.20	58.372	.490	.	.906
A9	35.63	57.413	.458	.	.907
A10	35.97	52.861	.787	.	.896
A15	35.93	57.030	.448	.	.908

A21	35.97	59.551	.293	.	.912
A27	35.53	55.637	.611	.	.902
A28	35.13	55.844	.635	.	.902
A29	36.00	56.414	.743	.	.900
A30	36.07	55.857	.625	.	.902
A31	36.07	55.857	.625	.	.902
A32	35.17	59.937	.295	.	.911

**Scale: KD\_15 (Putaran Ketiga)**

**B.13.**

**Case Processing Summary**

		N	%
Cases	Valid	30	100.0
	Excluded <sup>a</sup>	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

**B.14.**

**Reliability Statistics**

Cronbach's Alpha	Cronbach's Alpha Based on Standardized Items	N of Items
.914	.916	15

**B.15.**

**Item-Total Statistics**

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Squared Multiple Correlation	Cronbach's Alpha if Item Deleted
A1	31.10	46.231	.799	.	.902
A3	31.17	50.902	.507	.	.912
A4	30.67	49.057	.601	.	.909
A5	30.27	49.030	.648	.	.908
A6	31.13	49.775	.732	.	.906
A7	30.80	49.062	.577	.	.910
A8	31.33	51.333	.513	.	.912
A9	30.77	50.254	.493	.	.913
A10	31.10	46.231	.799	.	.902
A15	31.07	50.685	.409	.	.917
A27	30.67	49.057	.601	.	.909

A28	30.27	49.030	.648	.	.908
A29	31.13	49.775	.732	.	.906
A30	31.20	49.131	.628	.	.908
A31	31.20	49.131	.628	.	.908

LAMPIRAN C  
DATA FREKUENSI SUBJEK PENELITIAN

A. JENIS KELAMIN

C.1.

		Jenis_Kelamin			Cumulative
		Frequency	Percent	Valid Percent	Percent
Valid	Laki – laki	42	44.2	44.2	44.2
	Perempuan	53	55.8	55.8	100.0
	Total	95	100.0	100.0	

B. USIA

C.2.

		Usia			Cumulative
		Frequency	Percent	Valid Percent	Percent
Valid	Remaja Akhir	67	70.5	70.5	70.5
	Dewasa Awal	28	29.5	29.5	100.0
	Total	95	100.0	100.0	

C. ASAL DAERAH

C.3.

Asal\_Daerah

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sumatera	32	33.7	33.7	33.7
	Kalimantan	25	26.3	26.3	60.0
	Sulawesi	17	17.9	17.9	77.9
	Nusa Tenggara	8	8.4	8.4	86.3
	Bali	5	5.3	5.3	91.6
	Papua	4	4.2	4.2	95.8
	Maluku	4	4.2	4.2	100.0
	Total	95	100.0	100.0	



LAMPIRAN D  
UJI NORMALITAS

Uji Normalitas Data Pola Asuh dan Kontrol Diri

D.1.

One-Sample Kolmogorov-Smirnov Test

		TOTAL_PA	TOTAL_KD
N		95	95
Normal Parameters <sup>a,b</sup>	Mean	75.76	47.42
	Std. Deviation	7.798	6.660
Most Extreme Differences	Absolute	.076	.073
	Positive	.075	.064
	Negative	-.076	-.073
Test Statistic		.076	.073
Asymp. Sig. (2-tailed)		.200 <sup>c,d</sup>	.200 <sup>c,d</sup>

a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

d. This is a lower bound of the true significance.

**LAMPIRAN E**  
**UJI Z-SCORE**

**Dominan Pola Asuh**

**E.1.**

No.	ZAuthoritarian	ZAuthoritative	ZPermissive	Kategorisasi Pola Asuh
1	-0.69746	-2.14844	0.01634	Permissive
2	0.79486	0.69069	1.18088	Permissive
3	-0.399	-0.25569	0.01634	Permissive
4	-0.99593	-1.51752	0.40452	Permissive
5	0.19793	-0.25569	0.01634	Authoritarian
6	0.19793	0.37523	1.18088	Permissive
7	0.79486	0.69069	-1.14819	Authoritarian
8	0.79486	0.69069	0.40452	Authoritarian
9	0.49639	1.32161	-2.31272	Authoritative
10	0.79486	1.00615	0.40452	Authoritative
11	-0.399	-0.25569	0.40452	Permissive
12	-0.69746	0.37523	0.7927	Permissive
13	0.19793	1.00615	-0.76001	Authoritative
14	-0.399	-0.8866	0.7927	Permissive
15	-0.69746	0.37523	1.18088	Permissive
16	-0.69746	-0.8866	0.7927	Permissive
17	-0.69746	-1.20206	0.7927	Permissive
18	0.19793	1.00615	0.01634	Authoritative
19	1.09332	1.32161	-0.37183	Authoritative
20	-0.399	1.00615	-0.37183	Authoritative
21	0.79486	1.00615	0.40452	Authoritative
22	1.09332	0.69069	1.56905	Permissive
23	-0.10054	1.32161	-0.37183	Authoritative
24	0.49639	0.05977	1.18088	Permissive
25	-0.10054	-0.25569	1.18088	Permissive
26	1.39179	-0.57115	-1.14819	Authoritarian
27	-1.89132	-0.8866	0.40452	Permissive
28	-1.59286	-0.57115	1.18088	Permissive
29	-2.18978	-1.83298	0.7927	Permissive

30	-1.59286	-2.4639	0.01634	Permissive
31	-0.99593	0.05977	1.18088	Permissive
32	-0.99593	-1.51752	0.01634	Permissive
33	-0.10054	0.37523	-1.53637	Authoritative
34	-0.69746	-1.20206	0.40452	Permissive
35	0.19793	0.37523	1.18088	Permissive
36	-0.10054	-0.57115	0.7927	Permissive
37	-0.69746	0.37523	1.18088	Permissive
38	-0.99593	-1.51752	0.01634	Permissive
39	-0.10054	0.37523	-1.53637	Authoritative
40	0.79486	0.69069	0.40452	Authoritarian
41	0.79486	0.69069	0.40452	Authoritarian
42	1.09332	0.37523	-0.76001	Authoritarian
43	-0.69746	0.37523	0.7927	Permissive
44	0.79486	0.69069	0.40452	Authoritarian
45	0.79486	0.69069	0.01634	Authoritarian
46	-0.10054	1.32161	-0.37183	Authoritative
47	1.39179	-0.57115	-1.14819	Authoritarian
48	-0.99593	0.05977	-0.37183	Authoritative
49	-0.10054	1.00615	-1.53637	Authoritative
50	-0.10054	0.05977	-0.76001	Authoritative
51	0.19793	-1.51752	-1.14819	Authoritarian
52	-0.10054	0.05977	-1.53637	Authoritative
53	-3.68211	-1.20206	0.40452	Permissive
54	0.79486	1.00615	0.40452	Authoritative
55	-1.59286	-1.83298	0.40452	Permissive
56	0.19793	-0.25569	-1.53637	Authoritarian
57	1.09332	0.37523	-0.76001	Authoritarian
58	-1.89132	-0.8866	0.40452	Permissive
59	-1.59286	-0.57115	1.18088	Permissive
60	1.39179	-0.57115	-1.14819	Authoritarian
61	0.49639	0.05977	1.18088	Permissive
62	-2.48825	0.37523	0.01634	Authoritative
63	0.49639	1.32161	-2.31272	Authoritative
64	1.09332	1.00615	1.18088	Permissive
65	0.79486	-0.57115	-1.92454	Authoritarian
66	0.79486	1.00615	0.40452	Authoritative
67	0.79486	1.32161	-0.76001	Authoritative
68	1.39179	-0.57115	-1.14819	Authoritarian
69	-2.48825	-2.14844	0.01634	Permissive
70	0.19793	-0.25569	-1.92454	Authoritarian

71	0.79486	0.69069	0.40452	Authoritarian
72	0.19793	-0.25569	-0.76001	Authoritarian
73	-0.399	0.05977	-0.37183	Authoritative
74	0.79486	-0.25569	1.18088	Permissive
75	0.79486	-0.57115	-0.76001	Authoritarian
76	0.49639	1.32161	-2.31272	Authoritative
77	1.09332	0.37523	0.7927	Authoritarian
78	0.79486	-0.25569	1.18088	Permissive
79	0.79486	-0.25569	1.18088	Permissive
80	-1.29439	-3.09481	0.40452	Permissive
81	0.19793	-0.25569	0.01634	Authoritarian
82	0.19793	-0.25569	0.01634	Authoritarian
83	-0.69746	-2.14844	0.01634	Permissive
84	0.79486	0.69069	1.18088	Permissive
85	0.79486	0.69069	-1.14819	Authoritarian
86	-0.399	-0.8866	0.7927	Permissive
87	-0.10054	1.32161	-0.37183	Authoritative
88	-0.10054	0.05977	-0.76001	Authoritative
89	-0.399	1.00615	-0.37183	Authoritative
90	1.09332	1.32161	-0.37183	Authoritative
91	0.49639	1.32161	-2.31272	Authoritative
92	0.79486	0.69069	0.40452	Authoritarian
93	0.19793	-0.25569	0.01634	Authoritarian
94	1.09332	1.00615	1.56905	Permissive
95	1.09332	0.69069	1.56905	Permissive

**LAMPIRAN F**  
**UJI ONE WAY ANOVA**

**Uji One Way Anova Pola Asuh dan Kontrol Diri**

**F.1.**

**Descriptives**

TOTAL\_KD

	N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
					Lower Bound	Upper Bound		
Authoritarian	26	48.23	4.958	.972	46.23	50.23	38	55
Authoritative	27	51.59	5.846	1.125	49.28	53.91	38	58
Permissive	42	44.24	6.540	1.009	42.20	46.28	34	57
Total	95	47.42	6.660	.683	46.06	48.78	34	58

**F.2.**

**Test of Homogeneity of Variances**

TOTAL\_KD

Levene Statistic	df1	df2	Sig.
1.384	2	92	.256

**F.3.**

**ANOVA**

TOTAL\_KD

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	912.405	2	456.202	12.887	.000
Within Groups	3256.753	92	35.399		
Total	4169.158	94			

**LAMPIRAN G**  
**UJI POST HOC**

**Uji Post Hoc**

**G.1.**

**Multiple Comparisons**

Dependent Variable: TOTAL\_KD

Tukey HSD

(I) PA_Dominan	(J) PA_Dominan	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
Authoritarian	Authoritative	-3.362	1.635	.105	-7.26	.53
	Permissive	3.993*	1.485	.023	.46	7.53
Authoritative	Authoritarian	3.362	1.635	.105	-.53	7.26
	Permissive	7.354*	1.468	.000	3.86	10.85
Permissive	Authoritarian	-3.993*	1.485	.023	-7.53	-.46
	Authoritative	-7.354*	1.468	.000	-10.85	-3.86

\*. The mean difference is significant at the 0.05 level.

**G.2.**

**TOTAL\_KD**

Tukey HSD<sup>a,b</sup>

PA_Dominan	N	Subset for alpha = 0.05	
		1	2
Permissive	42	44.24	
Authoritarian	26		48.23
Authoritative	27		51.59
Sig.		1.000	.077

**LAMPIRAN H**  
**KATEGORISASI**

**Kategorisasi Kontrol Diri**

**H.1.**

**Descriptive Statistics**

	N	Minimum	Maximum	Mean	Std. Deviation
KATEGORISASI	95	34	58	47.42	6.660
Valid N (listwise)	95				

**H.2.**

**Kontrol Diri**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tinggi	49	51.6	51.6	51.6
	Rendah	46	48.4	48.4	100.0
	Total	95	100.0	100.0	

**LAMPIRAN I**  
**CROSSTABLATION**

**Crosstabulation Pola Asuh dengan Kontrol Diri**

**I.1.**

**Case Processing Summary**

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
Pola_Asuh * Kontrol_Diri	95	100.0%	0	0.0%	95	100.0%

**I.2.**

**Pola\_Asuh \* Kontrol\_Diri Crosstabulation**

Count

		Kontrol_Diri		Total
		Tinggi	Rendah	
Pola_Asuh	Authoritarian	13	13	26
	Authoritative	21	6	27
	Permissive	15	27	42
Total		49	46	95