



LAMPIRAN

ul Esa Unggul







Lampiran 1

Surat Izin Penelitian



PT. VARLEY INDONESIA

SURAT KETERANGAN MAGANG

002/VI-HR/02/2020

Yang bertandatangan dibawah ini :

: Khris Tobing : HRD & GA Manager Jabatan.

Dengan ini menerangkan,

: Berham Ramadhan

: 201531050 NIM

: 21- Januari - 1997 Tempat Tanggal Lahir

Dasana indah blok PP 1 no 17 kel. Bojong nangka, Alamat

Kecamatan Kelapa Dua, Kabupaten Tangerang

Adalah benar telah melakukan Magang pada perusahaan kami terhitung 01 Oktober 2019 sampai dengan 31 Desember 2019 di Departemen Quality Health Safety Environment (QHSE)

Selama Magang di PT. Varley Indonesia yang bersangkutan bekerja dengan baik dan sungguh-sungguh.

Perusahaan mengucapkan terimakasih dan berharap yang bersangkutan sukses di masa yang akan datang

Demikian surat keterangan Magang ini buat agar dapat dipergunakan sebagaimana mestinya.

Tangerang, 03 Februari 2020

PT. Varley Indonesia

Khris Tobing HRD & GA Manager

Office & Workshop

II. Prabu Sillwangi No. 42 Kel. Keroncong Ker. Jatiuwang - Tangerang 15134 - INDONESIA Telephone : (62-21) 591 3627, 556 55346, 590 3095, 590 3101 Facsimile : (62-21) 591 5422 Email - sales@variey indonesia.com Website: www.varieygraup.com

Lampiran 2



PRODI KESEHATAN MASYARAKAT KULTAS ILMU-ILMU KESEHATAN MASYARAKAT UNIVERSITAS ESA UNGGUL

LEMBAR PERSETUJUAN RESPONDEN

(Informed Consent)

Untuk penelitian yang	berjudul Analisis Postur Kerja Pada Pekerja di Divisi
Workshop PT.Varley Indo	onesia Tahun 2019, yang bertanda tangan di bawah ini:
No Responden	:
Nama	·
Usia	:
Pendidikan Terakhir	: SD / SMP / SMA / S1
Setelah mendapat pe	enjelasan tentang maksu <mark>d</mark> dan tujuan serta manfaat
penelitian, identitas infor	man akan dirahasiakan dan informasi yang diberikan
hanya akan digunakan unt	uk kepentingan penelitian. Dengan ini saya menyatakan
bersedia berpartisipasi me	enjadi responden pada penelitian yang dilakukan oleh
saudara Berham Ramadha	an dari Program Studi Kesehatan Masyarakat Fakultas
Ilmu-ilmu Kesehatan Univ	versitas Esa Unggul
Demikian pernyataan ini	saya buat dengan sebaik-baiknya tanpa paksaan dari
pihak manapun.	
	Jakarta, 2019
Peneliti	Responden
(Berham Ramadhan)	



Lampiran 3





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Iniversita: **Esa U**



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Universita: **Esa**

Universita **ESA** U

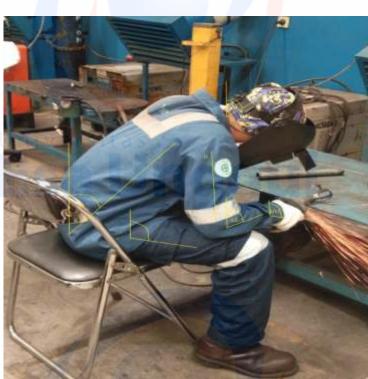
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Universitas Esa Unddu



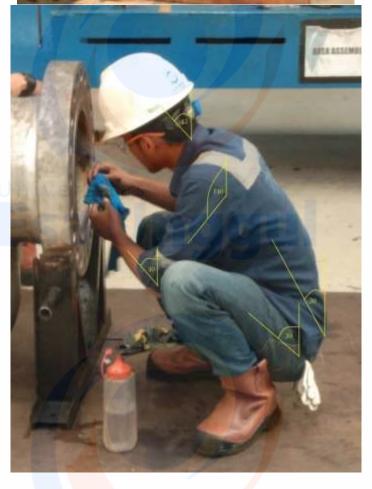
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Export					
Name of the	e worker	Worker 20			
Company		PT.Varley Indonesia			PRINT
Department	t	Workshop			
Function		Teknisi			
Description	of the task	Assembling			DELETE
		(6)		No. 1	- 46
Neck	More than 20		Additional	Neck is twisted or side bending	SEARCH
Trunk	20 to 60 degre		Additional	No	32711(6)1
Legs		two legs, walking or seated	Additional	More than 60 degrees	_
Load	< 5 kg (< 11 l	·	Additional	No	COMPLETE LIST
Wrist		degrees up or down	Additional	No	
Upper Arm	20 to 45 degre		Additional	Abducted No No	BACK
Lower Arm		s or more than 100 degrees	Coupling	Good	BACK
Activity 1	No				
Activity 2		ıll range actions (more than 4x per minu	ite)		
Activity 3	No				
Result:	10	H •[2 of 29	<u> </u>	
<u> </u>			REBA - DATA	ABASE	_ 🗆 ×
Export			REBA - DATA	ABASE	- 🗆 ×
	e worker	Worker 21	REBA - DATA	ABASE	×
Export	e worker		REBA - DATA	ABASE	
Export Name of the		Worker 21	REBA - DATA	ABASE	PRINT
Export Name of the Company		Worker 21 PT.Varley Indonesia	REBA - DATA	ABASE	
Export Name of the Company Department	U	Worker 21 PT.Varley Indonesia Workshop	REBA - DATA	ABASE	
Export Name of the Company Department Function Description	of the task	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing	ne		PRINT
Export Name of the Company Department Function Description Neck	of the task	Worker 21 PT. Varley Indonesia Workshop Teknisi Testing	Additional	Neck is twisted or side bending	PRINT DELETE
Export Name of the Company Department Function Description Neck Trunk	of the task More than 20 c 0 to 20 degree	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing	Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending	PRINT
Export Name of the Company Department Function Description Neck Trunk Legs	of the task More than 20 of the 20 degree Support in the	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing degrees s two legs, walking or seated	Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees	PRINT DELETE
Export Name of the Company Department Function Description Neck Trunk Legs Load	of the task More than 20 of the to 20 degree Support in the	Worker 21 PT. Varley Indonesia. Workshop Teknisi Testing degrees s two legs, walking or seated	Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees	PRINT DELETE
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist	of the task More than 20 of to 20 degree Support in the < 5 kg (< 11 li Between 15 de	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing degrees s two legs, walking or seated b)	Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees No Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm	of the task More than 20 c 0 to 20 degree Support in the < 5 kg (< 11 ll Between 15 de 20 to 45 degree	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing degrees s two legs, walking or seated b) egrees up and 15 degrees down	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm	of the task More than 20 of the 20 degree Support in the 45 kg (<11 ll Between 15 de 20 to 45 degree 0 to 60 degree	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing degrees s two legs, walking or seated b)	Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees No Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1	of the task More than 20 of the 20 degree Support in the Company of the Support	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing degrees s two legs, walking or seated b) egrees up and 15 degrees down es s or more than 100 degrees	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm	of the task More than 20 c 0 to 20 degree Support in the < 5 kg (< 11 ll Between 15 de 20 to 45 degree 0 to 60 degreee No Repeated sma	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing degrees s two legs, walking or seated b) egrees up and 15 degrees down	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1	of the task More than 20 of the 20 degree Support in the Company of the Support	Worker 21 PT.Varley Indonesia Workshop Teknisi Testing degrees s two legs, walking or seated b) egrees up and 15 degrees down es s or more than 100 degrees	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending Trunk is twisted or side bending 30 to 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST

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Export				
Name of the worker	Worker 22			
Company	PT.Varley Indonesia			
Department	Workshop			PRINT
Function	Teknisi			
Description of the task	Sand Blasting			DELETE
becompain of the tack	C S			
Neck More than 20 o	degrees	Additional	Neck is twisted or side bending	
Trunk 0 to 20 degree	es	Additional	No	SEARCH
Legs Support in the	two legs, walking or seated	Additional	No	
Load < 5 kg (< 11 l	ь)	Additional	No	COMPLETE LIST
Wrist Between 15 de	egrees up and 15 degrees down	Additional	No	
Upper Arm 45 to 90 degre	ees	Additional	No Raised shoulder No	
Lower Arm 0 to 60 degree	es or more than 100 degrees	Coupling	Good	BACK
Activity 1 No				
Activity 2 No				
Activity 3 No				
Result: 5	H	4 of 29	Di	
		REBA - DATA		_
Export				
Export Name of the worker	Worker 23			
Export Name of the worker Company	Worker 23 PT.Varley Indonesia			
Export Name of the worker Company Department	Worker 23 PT.Varley Indonesia Workshop			
Name of the worker Company Department Function	Worker 23 PT.Varley Indonesia Workshop Teknisi			
Export Name of the worker Company Department Function	Worker 23 PT.Varley Indonesia Workshop	REBA - DATA	ABASE	PRINT
Export Name of the worker Company Department Function Description of the task	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling	REBA - DATA		PRINT DELETE
Export Name of the worker Company Department Function Description of the task	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling	REBA - DATA	ABASE	PRINT
Export Name of the worker Company Department Function Description of the task Neck More than 20 of the task	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling	REBA - DATA	Neck is twisted or side bending	PRINT DELETE
Company Department Function Description of the task Neck More than 20 of the task Trunk 20 to 60 degree	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling degrees two legs, walking or seated	REBA - DATA Additional Additional	Neck is twisted or side bending	PRINT PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 of the task Trunk 20 to 60 degree Legs Support in the Load Support in the	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling degrees two legs, walking or seated	Additional Additional	Neck is twisted or side bending No 30 to 60 degrees	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 20 of the task Trunk 20 to 60 degree Legs Support in the Load <5 kg (<111) Wrist Between 15 degree Between 15 degree Company Department Function Between 15 degree Company Department Function Between 15 degree Company Department Between 15 degree Company Department Between 15 degree Company Department Department Department Between 15 degree Department Dep	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling degrees two legs, walking or seated b)	Additional Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees	PRINT PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 of 60 degree Legs Support in the Load C 5 kg (< 111) Wrist Between 15 do Upper Arm	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling degrees two legs, walking or seated b) egrees up and 15 degrees down	Additional Additional Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees No	PRINT DELETE SEARCH COMPLETE LIST
Name of the worker Company Department Function Description of the task Neck More than 20 of the task Trunk 20 to 60 degree Legs Support in the Load Virist Between 15 de Upper Arm 60 to 100 degree Lower Arm 60 to 100 degree	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling degrees two legs, walking or seated b) egrees up and 15 degrees down	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 20 or Trunk 20 to 60 degree Legs Support in the Load Virist Between 15 de Upper Arm 45 to 90 degree Lower Arm 60 to 100 degree	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling degrees two legs, walking or seated b) egrees up and 15 degrees down	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 20 or Trunk 20 to 60 degre Support in the 45 kg (<111 Wrist Between 15 de Upper Arm 45 to 90 degre Lower Arm 60 to 100 degre Activity 1	Worker 23 PT.Varley Indonesia Workshop Teknisi Assembling degrees two legs, walking or seated b) egrees up and 15 degrees down	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST

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Export					
Name of the	worker	Worker 24			
Company		PT.Varley Indonesia			PRINT
Department		Workshop			
Function		Teknisi			
Description	of the task	Machining			DELETE
	Mare then 20 d		-	No	AA.
Neck	More than 20 d		Additional		SEARCH
Trunk	0 to 20 degrees		Additional	No	
Legs		wo legs, walking or seated	Additional	30 to 60 degrees	_ 👛
Load	5 to 10 kg (11		Additional	No	COMPLETE LIST
Wrist		legrees up or down	Additional	No Division No	
Upper Arm	45 to 90 degree		Additional	No Raised shoulder No	BACK
Lower Arm	60 to 100 degre	ees	Coupling	Good	
Activity 1	No				
Activity 2		I range actions (more than 4x per minu	ute)		
Activity 3	No				
Result:	7	HI	6 of 29	H	
Ж			REBA - DATA	ABASE	_ 🗆 X
Export			REBA - DATA	ABASE	_ 🗆 x
	e worker	Worker 25	REBA - DATA	ABASE	×
Export	e worker	Worker 25 PT.Varley Indonesia	REBA - DATA	ABASE	PRINT
Export Name of the			REBA - DATA	ABASE	
Export Name of the Company		PT.Varley Indonesia	REBA - DATA	ABASE	
Export Name of the Company Department		PT.Varley Indonesia Workshop	REBA - DATA	ABASE	
Export Name of the Company Department Function Description	of the task	PT.Varley Indonesia Workshop Teknisi Dismantle			PRINT
Export Name of the Company Department Function Description Neck	of the task	PT.Varley Indonesia Workshop Teknisi Dismantle	Additional	No	PRINT
Export Name of the Company Department Function Description Neck Trunk	of the task 0 to 20 degree: 20 to 60 degree	PT.Varley Indonesia Workshop Teknisi Dismantle	Additional Additional	No No	PRINT DELETE
Export Name of the Company Department Function Description Neck Trunk Legs	of the task 0 to 20 degree: 20 to 60 degree: Support in one	PT.Varley Indonesia Workshop Teknisi Dismantle	Additional Additional	No No 30 to 60 degrees	PRINT DELETE
Export Name of the Company Department Function Description Neck Trunk Legs Load	of the task 0 to 20 degrees 20 to 60 degree Support in one	PT.Varley Indonesia Workshop Teknisi Dismantle	Additional Additional Additional Additional	No No So to 60 degrees No	PRINT DELETE
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist	of the task 0 to 20 degree: 20 to 60 degree: Support in one < 5 kg { < 11 lt	PT.Varley Indonesia Workshop Teknisi Dismantle s es leg p) grees up and 15 degrees down	Additional Additional Additional Additional Additional	No No So to 60 degrees No No	PRINT DELETE SEARCH
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm	of the task 0 to 20 degree: 20 to 60 degree: Support in one < 5 kg (< 11 lt Between 15 de 45 to 90 degree	PT.Varley Indonesia Workshop Teknisi Dismantle ses leg p) grees up and 15 degrees down es	Additional Additional Additional Additional Additional Additional	No No 30 to 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm	of the task 0 to 20 degree: 20 to 60 degree: Support in one < 5 kg (< 11 lt Between 15 de 45 to 90 degree: 0 to 60 degree:	PT.Varley Indonesia Workshop Teknisi Dismantle s es leg p) grees up and 15 degrees down es s or more than 100 degrees	Additional Additional Additional Additional Additional Coupling	No No So to 60 degrees No No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1	of the task 0 to 20 degree: 20 to 60 degree: Support in one < 5 kg (< 11 lt Between 15 de 45 to 90 degree: 0 to 60 degree:	PT.Varley Indonesia Workshop Teknisi Dismantle ses leg p) grees up and 15 degrees down es	Additional Additional Additional Additional Additional Coupling	No No 30 to 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1 Activity 2	of the task 0 to 20 degree: 20 to 60 degree: Support in one < 5 kg (< 11 lt Between 15 de 45 to 90 degree: 0 to 60 degree: One or more bo	PT.Varley Indonesia Workshop Teknisi Dismantle s es leg p) grees up and 15 degrees down es s or more than 100 degrees	Additional Additional Additional Additional Additional Coupling	No No 30 to 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1	of the task 0 to 20 degree: 20 to 60 degree: Support in one < 5 kg (< 11 lt Between 15 de 45 to 90 degree: 0 to 60 degree:	PT.Varley Indonesia Workshop Teknisi Dismantle s es leg p) grees up and 15 degrees down es s or more than 100 degrees	Additional Additional Additional Additional Additional Coupling	No No 30 to 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST

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Export					
Name of the	worker	Worker 26			<u>a</u> 1
Company		PT.Varley Indonesia			BI BRINT
Department		Workshop			PRIIVI
Function		Teknisi			
Description of	of the task	Dismantle			DELETE
			1607		
Neck	More than 20 d	degrees	Additional	Neck is twisted or side bending	#
Trunk	20 to 60 degree	es	Additional	No	SEARCH
Legs	Support in the I	two legs, walking or seated	Additional	30 to 60 degrees	
Load	< 5 kg (< 11 lb)	Additional	No	COMPLETE LIST
Wrist	Between 15 de	grees up and 15 degrees down	Additional	No	
Upper Arm	20 to 45 degree	es	Additional	No Raised shoulder No	4
Lower Arm	60 to 100 degre	ees	Coupling	Good	BACK
Activity 1	One or more bo	ody parts are held for longer than 1 mir	nute (static)		
Activity 2	No				
Activity 3	No				
Result:	7	HH	8 of 29	H	
				_	
A			REBA - DATA	ABASE	- 🗆 ×
프 Export			REBA - DATA	ABASE	_ 🗆 ×
	worker	Worker 27	REBA - DATA	ABASE	×
Export	worker	Worker 27 PT.Varley Indonesia	REBA - DATA	ABASE	PRINT
Export Name of the	worker		REBA - DATA	ABASE	
Export Name of the Company	worker	PT.Varley Indonesia	REBA - DATA	ABASE	PRINT
Export Name of the Company Department		PT.Varley Indonesia Workshop	REBA - DATA	ABASE	
Export Name of the Company Department Function Description of	of the task	PT.Varley Indonesia Workshop Teknisi Dismantle			PRINT DELETE
Export Name of the Company Department Function Description of	of the task More than 20 d	PT.Varley Indonesia Workshop Teknisi Dismantle	Additional	Neck is twisted or side bending	PRINT DELETE
Export Name of the Company Department Function Description of Neck Trunk	of the task More than 20 c 20 to 60 degree	PT.Varley Indonesia Workshop Teknisi Dismantle	Additional Additional	Neck is twisted or side bending	PRINT
Export Name of the Company Department Function Description of Neck Trunk Legs	of the task More than 20 c 20 to 60 degree Support in the l	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated	Additional Additional	Neck is twisted or side bending No More than 60 degrees	PRINT DELETE
Export Name of the Company Department Function Description of Neck Trunk Legs Load	of the task More than 20 c 20 to 60 degree Support in the t < 5 kg (< 11 lt	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated	Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No	PRINT DELETE
Export Name of the Company Department Function Description of Neck Trunk Legs Load Wrist	More than 20 of 20 to 60 degree Support in the I	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated o) degrees up or down	Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No No	PRINT DELETE SEARCH
Export Name of the Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm	of the task More than 20 c 20 to 60 degree Support in the t < 5 kg (< 11 lt More than 15 c 20 to 45 degree	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated b) degrees up or down es	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH
Export Name of the Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm Lower Arm	of the task More than 20 of 20 to 60 degree Support in the It is seen than 15 of 20 to 45 degree 10 to 60 degrees.	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated o) degrees up or down	Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1	More than 20 c 20 to 60 degree Support in the t < 5 kg (< 11 lt More than 15 c 20 to 45 degree 0 to 60 degrees	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated b) degrees up or down es	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1 Activity 2	of the task More than 20 c 20 to 60 degree Support in the I < 5 kg (< 11 lt More than 15 c 20 to 45 degree No No	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated b) degrees up or down es	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm Lower Arm Activity 1 Activity 2	More than 20 c 20 to 60 degree Support in the t < 5 kg (< 11 lt More than 15 c 20 to 45 degree 0 to 60 degrees	PT.Varley Indonesia Workshop Teknisi Dismantle degrees es two legs, walking or seated b) degrees up or down es	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending No More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST

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Export				
Name of the worker	Worker 28			
Company	PT.Varley Ind <mark>onesia</mark>			
Department	Workshop			
Function	Teknisi			
Description of the task	Dismantle			DELETE
	Gall	L h Y		AA I
Neck More than 20) degrees	Additional	Neck is twisted or side bending	OF A DOLL
Trunk 20 to 60 deg	rees	Additional	No	SEARCH
Legs Support in th	e two legs, walking or seated	Additional	More than 60 degrees	
Load < 5 kg (< 11	Ь)	Additional	No	COMPLETE LIST
Wrist More than 15	degrees up or down	Additional	No	
Upper Arm 20 to 45 deg	rees	Additional	No Raised shoulder No	
Lower Arm 0 to 60 degre	ees or more than 100 degrees	Coupling	Good	BACK
Activity 1 No				7
Activity 2 Repeated sm	nall range actions (more than 4x per minu	ite)]
Activity 3 No				Ī
Result: 10	-1-15			
Result: 10	H 4	10 of 29	H	
Result: 10	M 4 [10 of 29	I	
<u> </u>	MA	10 of 29 NEBA - DATA		_
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A	Saripudin			×
Export	Saripudin PT.Varley Indonesia			
Export Name of the worker Company Department	Saripudin PT.Varley Indonesia Assembling Area			
Export Name of the worker Company Department Function	Saripudin PT.Varley Indonesia Assembling Area Teknisi	REBA - DATA		PRINT
Export Name of the worker Company Department	Saripudin PT.Varley Indonesia Assembling Area	REBA - DATA		
Export Name of the worker Company Department Function	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve	REBA - DATA		PRINT
Export Name of the worker Company Department Function Description of the task	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve	REBA - DATA	ABASE	PRINT
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 deg	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve	REBA - DATA	Neck is twisted or side bending	PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 2t	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve degrees rees	REBA - DATA	Neck is twisted or side bending	PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 deg Legs Support in the Load 5 to 10 kg (Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve degrees rees	Additional Additional	Neck is twisted or side bending No More than 60 degrees	PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 2: Trunk 20 to 60 deg Legs Support in the Load 5 to 10 kg (Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve 0 degrees rees two legs, walking or seated 11 to 22 lb)	Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 2 Trunk 20 to 60 deg Legs Support in the Load 5 to 10 kg (Wrist More than 1 Upper Arm - 20 to 20 deg	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve 0 degrees rees two legs, walking or seated 11 to 22 lb)	Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 2: Trunk 20 to 60 deg Legs Support in the Load 5 to 10 kg (Wrist Wore than 1: Upper Arm - 20 to 20 deg - 20 to	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve degrees rees te two legs, walking or seated 11 to 22 lb) 5 degrees up or down	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted No No No No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 2t Trunk 20 to 60 deg Legs Support in the Load 5 to 10 kg (Wrist Wore than 1t Upper Arm - 20 to 20 deg Lower Arm O to 60 degree	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve degrees rees te two legs, walking or seated 11 to 22 lb) 5 degrees up or down	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted No No No No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 2t Trunk 20 to 60 deg Legs Support in the Load 5 to 10 kg (Wrist More than 1s Upper Arm - 20 to 20 deg Lower Arm 0 to 60 dege Activity 1 No Activity 2 No	Saripudin PT.Varley Indonesia Assembling Area Teknisi Memasangkan part ke valve degrees rees te two legs, walking or seated 11 to 22 lb) 5 degrees up or down	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted No No No No	PRINT DELETE SEARCH COMPLETE LIST

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Export				
Name of the worker	Worker 29			
Company	PT.Varley Ind <mark>onesia</mark>			PRINT
Department	Workshop			
Function	Teknisi			
Description of the task	Assembling			DELETE
				AA
Neck More than 20		Additional	Neck is twisted or side bending	SEARCH
Trunk 20 to 60 degr		Additional	No	SEARCH
Logo	e two legs, walking or seated	Additional	More than 60 degrees	
Load < 5 kg (< 11		Additional	Shock or rapid build up of force	COMPLETE LIST
	degrees up and 15 degrees down	Additional	No	<u> </u>
Upper Arm 20 to 45 degr	ees	Additional	No Raised shoulder No	BACK
Lower Arm 60 to 100 deg	grees	Coupling	Good	DACK
Activity 1 No				
Activity 2 No				
Activity 3 No				
Activity 3				
Result: 8	H	11 of 29	M	
Result: 8	H			_
Activity 5	H	11 of 29 NEBA - DATA		- 0 ×
Result: 8	Ringgo			×
Result: 8 Export Name of the worker				
Result: 8 Export Name of the worker Company	Ringgo			×
Result: 8 Export Name of the worker	Ringgo PT. Varley Indonesia			
Result: 8 Export Name of the worker Company Department Function	Ringgo PT. Varley Indonesia Dismantle Area Team Leader			
Result: 8 Export Name of the worker Company Department Function Description of the task	Ringgo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve	REBA - DATA	ABASE	PRINT
Result: 8 Export Name of the worker Company Department Function Description of the task	Ringgo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve	REBA - DATA		PRINT DELETE
Result: 8 Export Name of the worker Company Department Function Description of the task	Ringgo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve	REBA - DATA	ABASE	PRINT
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr	Ringgo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve	REBA - DATA	Neck is twisted or side bending	PRINT DELETE
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr	Ringgo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve degrees ees e two legs, walking or seated	REBA - DATA Additional	Neck is twisted or side bending No	PRINT DELETE
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr Legs Support in the Load <5 kg (<11	Ringgo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve degrees ees e two legs, walking or seated	Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees	PRINT DELETE SEARCH
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr Legs Support in the Load (5 kg (<11)	Ringgo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve degrees ees etwo legs, walking or seated lb) degrees up or down	Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees	PRINT DELETE SEARCH COMPLETE LIST
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr Legs Support in the Load <5 kg (<11) Wrist More than 15	Pinggo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve degrees et wo legs, walking or seated Ib) degrees up or down ees	Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr Legs Load (5 kg (<11) Wrist More than 15 Upper Arm 20 to 45 degr	Pinggo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve degrees et wo legs, walking or seated Ib) degrees up or down ees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No Wrist is bent from midline or twisted No No Supported arm	PRINT DELETE SEARCH COMPLETE LIST
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr Legs Support in the Load <5 kg (<11) Wrist More than 15 Upper Arm 20 to 45 degr Lower Arm 60 to 100 degree	Pinggo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve degrees et wo legs, walking or seated Ib) degrees up or down ees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees No Wrist is bent from midline or twisted No No Supported arm	PRINT DELETE SEARCH COMPLETE LIST
Result: 8 Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 20 to 60 degr Legs Support in the Load <5 kg (<11 Wrist More than 15 Upper Arm 20 to 45 degr Lower Arm 60 to 100 degr Activity 1 No Activity 2 No	Pinggo PT. Varley Indonesia Dismantle Area Team Leader Membongkar Valve degrees et wo legs, walking or seated Ib) degrees up or down ees	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending No More than 60 degrees No Wrist is bent from midline or twisted No No Supported arm	PRINT DELETE SEARCH COMPLETE LIST

A		R	EBA - DATA	ABASE	_ 🗆 X
Export					
Name of the w	worker	Rofi"i			
Company		PT.Varley Ind <mark>onesia</mark>			
Department		Machining Area			
Function		Lapping			
Description of	f the task	Merapihkan potongan			DELETE
	More than 20 de		1	Nach to the last to the last to	AA I
IVECK			Additional	Neck is twisted or side bending	SEARCH
	20 to 60 degree		Additional	Trunk is twisted or side bending	
Logo	Support in one le		Additional	More than 60 degrees	_
Louid	5 to 10 kg (11	·	Additional	No	COMPLETE LIST
- T		egrees up or down	Additional	Wrist is bent from midline or twisted	
opper / tim	20 to 45 degree		Additional	No No	BACK
20110174111	60 to 100 degre		Coupling	Good	
/ totality		dy parts are held for longer than 1 minut			
riotinity 2		range actions (more than 4x per minute)		
Activity 3					
Result:	12	H	13 of 29	H	
		R	EBA - DATA	ABASE	_ 🗆 X
Export		R	EBA - DATA	ABASE	_
	worker	Fauzi	EBA - DATA	ABASE	×
Export	worker		EBA - DATA	ABASE	
Export Name of the w	worker	Fauzi	EBA - DATA	ABASE	PRINT
Export Name of the w Company	worker U n	Fauzi PT.Varley Indonesia	EBA - DATA	ABASE	
Export Name of the w Company Department		Fauzi PT.Varley Indonesia Assembling Area		ABASE	
Export Name of the w Company Department Function Description of	f the task	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki		PRINT
Export Name of the water Company Department Function Description of	f the task More than 20 de	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki Additional	Neck is twisted or side bending	PRINT
Export Name of the water of th	f the task More than 20 de 20 to 60 degree	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki Additional Additional	Neck is twisted or side bending	PRINT DELETE
Export Name of the water of th	f the task More than 20 de 20 to 60 degree Support in the tw	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki Additional Additional	Neck is twisted or side bending No More than 60 degrees	PRINT DELETE
Export Name of the ward Company Department Function Description of Neck Trunk Legs S Load 5	f the task More than 20 de 20 to 60 degree Support in the tw	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force	PRINT DELETE
Export Name of the way Company Department Function Description of Neck Trunk Legs S Load S Wrist	f the task More than 20 de 20 to 60 degree Support in the tw 5 to 10 kg (11) More than 15 de	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah dip grees s vo legs, walking or seated to 22 lb)	perbaiki Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the ward Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm	of the task for than 20 degree Support in the two for 10 kg (11) fore than 15 degree	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted No No No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the ward of th	f the task More than 20 de 20 to 60 degree Support in the tw 5 to 10 kg (11) More than 15 de 20 to 20 degree 0 to 60 degrees	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah dip egrees s vo legs, walking or seated to 22 lb) egrees up or down	perbaiki Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the ward of th	f the task More than 20 de 20 to 60 degree Support in the tw 5 to 10 kg (11) More than 15 de 20 to 20 degree 0 to 60 degrees	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted No No No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the ward of th	f the task More than 20 de 20 to 60 degree Support in the tw 5 to 10 kg (11) More than 15 de 20 to 20 degree 0 to 60 degrees	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di egrees s vo legs, walking or seated to 22 lb) egrees up or down es or more than 100 degrees	perbaiki Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted No No No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the ward of th	f the task More than 20 de 20 to 60 degree Support in the tw 5 to 10 kg (11) More than 15 de 20 to 20 degree 0 to 60 degrees	Fauzi PT.Varley Indonesia Assembling Area Teknisi Memasang Valve yg sudah di	perbaiki Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending No More than 60 degrees Shock or rapid build up of force Wrist is bent from midline or twisted No No No	PRINT DELETE SEARCH COMPLETE LIST

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Export					
Name of the w	vorker	Worker 7			3=
Company		PT.Varley Indonesia			PRINT
Department		Workshop			
Function		Teknisi			
Description of	the task	Machining			DELETE
	fore than 20 d	ograda		No	AA
I Week	20 to 60 degree		Additional	Trunk is twisted or side bending	SEARCH
			Additional		
Logo		wo legs, walking or seated	Additional	No	
	i to 10 kg (11		Additional	No	COMPLETE LIST
		egrees up or down	Additional	Wrist is bent from midline or twisted	4
Орроги Т	15 to 90 degree		Additional	No Raised shoulder Supported arm	BACK
Lower	60 to 100 degre	ees	Coupling	Fair	
Activity	40				
Activity 2	40				
Activity 3	40				
Result:	8	H I	18 of 29	N	
Result:	8		18 of 29 • REBA - DATA		×
	8				- 0 X
<u> </u>					×
Export					- C ×
Export Name of the w		Worker 7			
Export Name of the w		Worker 7 PT.Varley Indonesia	REBA - DATA		
Export Name of the w Company Department	vorker U r	Worker 7 PT.Varley Indonesia Workshop	REBA - DATA		
Export Name of the w Company Department Function Description of	vorker I the task	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining	REBA - DATA	ABASE	PRINT DELETE
Export Name of the w Company Department Function Description of	vorker The task Hore than 20 do	Worker 7 PT.Varley Indonesia Workshop Teknisi Machining	REBA - DATA	ABASE No	PRINT
Export Name of the w Company Department Function Description of Neck M Trunk	worker f the task fore than 20 do	Worker 7 PT.Varley Indonesia Workshop Teknisi Machining egrees	REBA - DATA Additional Additional	No Trunk is twisted or side bending	PRINT DELETE
Export Name of the w Company Department Function Description of Neck Trunk [2] Legs [5]	vorker The task More than 20 do	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining egrees ss wo legs, walking or seated	Additional Additional Additional	No Trunk is twisted or side bending No	PRINT DELETE
Export Name of the w Company Department Function Description of Neck Trunk Legs S Load 5	vorker The task More than 20 do 20 to 60 degree Support in the to	Worker 7 PT.Varley Indonesia Workshop Teknisi Machining egrees es wo legs, walking or seated to 22 lb)	Additional Additional Additional Additional	No Trunk is twisted or side bending No No	PRINT DELETE
Export Name of the w Company Department Function Description of Neck Trunk Legs Solution Wrist M	vorker If the task More than 20 do 10 to 60 degree Support in the to 5 to 10 kg (11	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining egrees ss wo legs, walking or seated to 22 lb) egrees up or down	Additional Additional Additional Additional Additional	No Trunk is twisted or side bending No No Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the w Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm 4	vorker The task More than 20 do Support in the tr To 10 kg (11) More than 15 do	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining egrees ses wo legs, walking or seated to 22 lb) egrees up or down	Additional Additional Additional Additional Additional Additional Additional	No Trunk is twisted or side bending No Wrist is bent from midline or twisted No Raised shoulder Supported arm	PRINT DELETE SEARCH
Export Name of the w Company Department Function Description of Neck Trunk Legs Load Wrist Upper Arm 44 Lower Arm 66	worker If the task More than 20 degree Support in the tr To 10 kg (11 More than 15 degree To 50 degree To 50 to 100 degree	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining egrees ses wo legs, walking or seated to 22 lb) egrees up or down	Additional Additional Additional Additional Additional	No Trunk is twisted or side bending No No Wrist is bent from midline or twisted	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the w Company Department Function Description of Neck Trunk Legs Load 5 Wrist Upper Arm 4: Lower Arm Activity 1	vorker The task fore than 20 degree Support in the tr for 10 kg (11 More than 15 degree Support in 15 degree Support in 15 degree Support in 15 degree	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining egrees ses wo legs, walking or seated to 22 lb) egrees up or down	Additional Additional Additional Additional Additional Additional Additional	No Trunk is twisted or side bending No Wrist is bent from midline or twisted No Raised shoulder Supported arm	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the w Company Department Function Description of Neck Trunk Legs Load 5 Wrist Upper Arm 44 Lower Arm 61 Activity 1 N Activity 2	worker If the task More than 20 degree Support in the tr To 10 kg (11 More than 15 degree To 50 degree To 50 to 100 degree	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining egrees ses wo legs, walking or seated to 22 lb) egrees up or down	Additional Additional Additional Additional Additional Additional Additional	No Trunk is twisted or side bending No Wrist is bent from midline or twisted No Raised shoulder Supported arm	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the w Company Department Function Description of Neck Trunk Legs Si Load 5 Wrist Wist Upper Arm Activity 1 Activity 2	vorker If the task More than 20 do Support in the tr To to 10 kg (11) More than 15 do To 90 degree To 100 degree To 100 degree	Worker 7 PT. Varley Indonesia Workshop Teknisi Machining egrees ses wo legs, walking or seated to 22 lb) egrees up or down	Additional Additional Additional Additional Additional Additional Additional	No Trunk is twisted or side bending No Wrist is bent from midline or twisted No Raised shoulder Supported arm	PRINT DELETE SEARCH COMPLETE LIST

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Export				
Name of the worker	Worker 8			
Company	PT. Varley Indonesia			PRINT
Department	Workshop			PRINT
Function	Teknisi			
Description of the task	Assembling			DELETE
				44
Neck 0 to 20 degrees		Additional	No	SEARCH
Trunk 0 to 20 degrees		Additional	No	SEARCH
		Additional	More than 60 degrees	
Load < 5 kg (< 11 lb		Additional	No	COMPLETE LIST
VVIISC		Additional	No	
Upper Arm 45 to 90 degree		Additional	No Raised shoulder No	BACK
		Coupling	Fair	BACK
, totality i	ody parts are held for longer than 1 minute	(static)		
Activity 2 No				
Activity 3 No				
Result: 8	H 19	9 of 29	H	
<u>"</u>	RE	BA - DATA	ABASE	_ 🗆 X
	RE	BA - DATA	ABASE	_ 🗆 ×
Export	Worker 9	BA - DATA	ABASE	
Export Name of the worker		BA - DATA	ABASE	PRINT
Export Name of the worker Company	Worker 9	BA - DATA	ABASE	
Export Name of the worker Company Department	Worker 9 PT.Varley Indonesia	BA - DATA	ABASE	PRINT
Name of the worker Company Department Function	Worker 9 PT.Varley Indonesia Workshop	BA - DATA	ABASE	PRINT
Export Name of the worker Company Department Function Description of the task	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding			PRINT
Export Name of the worker Company Department Function Description of the task Neck More than 20 d	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding	Additional		PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees	Additional Additional	No	PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree Legs Support in the task	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees es two legs, walking or seated	Additional Additional Additional	No No	PRINT DELETE SEARCH
Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree Legs Support in the task Load <5 kg (<11 lb	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees es two legs, walking or seated	Additional Additional Additional	No No More than 60 degrees	PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree Legs Support in the te Load <5 kg (<11 lb Wrist More than 15 d	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees es two legs, walking or seated b) degrees up or down	Additional Additional Additional Additional	No No More than 60 degrees No Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree Legs Support in the task Load <5 kg (<11 lb Wrist Wore than 15 d Upper Arm -20 to 20 degree -20 to 20 degree	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees es two legs, walking or seated b) degrees up or down ees	Additional Additional Additional Additional Additional	No No More than 60 degrees No Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree Legs Support in the task Wrist More than 15 d Wrist Virist Virist Virist Lower Arm 60 to 100 degree 60 to 100 degree	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees es two legs, walking or seated b) degrees up or down ees	Additional Additional Additional Additional	No No More than 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree Legs Support in the t Load <5 kg (<11 lb Wrist More than 15 d Upper Arm -20 to 20 degree Lower Arm 60 to 100 degree Activity 1	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees es two legs, walking or seated b) degrees up or down ees	Additional Additional Additional Additional Additional	No No More than 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Name of the worker Company Department Function Description of the task Neck More than 20 d Trunk 20 to 60 degree Legs Support in the t Load <5 kg (<11 lb Wrist More than 15 d - 20 to 20 degree Lower Arm 60 to 100 degree	Worker 9 PT.Varley Indonesia Workshop Teknisi Welding degrees es two legs, walking or seated b) degrees up or down ees	Additional Additional Additional Additional Additional	No No More than 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST

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Export					
Name of the worke	er V	Worker 10			3
Company	F	PT.Varley Ind <mark>onesia</mark>			PRINT
Department	V	Vorkshop			113141
Function	II p	Teknisi			
Description of the t	task	Festing Festing			DELETE
	than 20 deg	rees	Additional	No	SEARCH
	60 degrees		Additional	Trunk is twisted or side bending	<u> </u>
Logo		legs, walking or seated	Additional	More than 60 degrees	
	; (<11 lb)		Additional	No	COMPLETE LIST
***************************************		ees up and 15 degrees down	Additional	Wrist is bent from midline or twisted	
Оррог / инг	90 degrees		Additional	Abducted Raised shoulder No	BACK
201101711111		r more than 100 degrees	Coupling	Good	BACK
/ totality	r more body	parts are held for longer than 1 min	nute (static)		
Activity 2 No					
Activity 3 No					
Activity 3 No Result: 11		H	21 of 29	<u> H</u>	
Result: 11		И	21 of 29 • REBA - DATA		>
Result: 11		H			>
Result: 11	er V	₩ ₩			
Result: 11 Export Name of the worke					
Result: 11 Export Name of the worke Company	F	Worker 11			
Result: 11 Export Name of the worke Company	 E	Vorker 11 PT.Varley Indonesia			
Result: 11 Export Name of the worke Company Department Function	Ur	Worker 11 PT. Varley Indonesia Workshop			
Result: 11 Export Name of the worke Company Department Function Description of the t	F V task	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	REBA - DATA	ABASE	PRINT
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th	V T task T	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	REBA - DATA	Neck is twisted or side bending	PRINT DELETE
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk O to 20	task Than 20 degrees	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	REBA - DATA	Neck is twisted or side bending Trunk is twisted or side bending	PRINT
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk 0 to 20 Legs Suppor	F V T task T than 20 degrees of degrees of tin one leg	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	REBA - DATA	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees	PRINT DELETE
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk 0 to 20 Legs Support Load <5 kg	task T athan 20 degrees ont in one leg	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	REBA - DATA Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No	PRINT DELETE
Result: 11 Export Name of the worke Company Department Function Description of the t Trunk O to 20 Legs Support Load <5 kg Wrist Between	F V T T task T degrees degrees ort in one leg (<11 lb)	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No	PRINT DELETE SEARCH COMPLETE LIST
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk 0 to 20 Legs Support Load <5 kg Wrist Between	task T athan 20 degrees ont in one leg	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk 0 to 20 Legs Suppor Load < 5 kg Wrist Betwee Upper Arm 45 to 9	F V Task T task T degrees of tin one leg (< 11 lb) een 15 degrees degrees degrees	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing	Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No	PRINT DELETE SEARCH COMPLETE LIST
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk 0 to 20 Legs Suppor Load < 5 kg Wrist Betwee Upper Arm 45 to 9	F V Task T task T degrees of tin one leg (< 11 lb) een 15 degrees degrees degrees	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing rees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk 0 to 20 Legs Support Load <5 kg Wrist Betweet Upper Arm 45 to 9 Lower Arm 0 to 60	F V Task T task T degrees of tin one leg (< 11 lb) een 15 degrees degrees degrees	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing rees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Result: 11 Export Name of the worke Company Department Function Description of the t Neck More th Trunk 0 to 20 Legs Support Load <5 kg Wrist Between Upper Arm 45 to 9 Lower Arm 0 to 60 Activity 1 No	F V Task T task T degrees of tin one leg (< 11 lb) een 15 degrees degrees degrees	Vorker 11 PT. Varley Indonesia Vorkshop Feknisi Festing rees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST

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Export				
Name of the worker	Worker 13			
Company	PT.Varley Indonesia			
Department	Workshop			PRINT
Function	Teknisi			
Description of the task	Sand Blasting			DELETE
Description of the task				
Neck More than 20	degrees	Additional	Neck is twisted or side bending	
Trunk 20 to 60 degr	ees	Additional	Trunk is twisted or side bending	SEARCH
Legs Support in on	e leg	Additional	More than 60 degrees	
Load 5 to 10 kg (1	1 to 22 lb)	Additional	No	COMPLETE LIST
Wrist More than 15	degrees up or down	Additional	Wrist is bent from midline or twisted	
Upper Arm 20 to 45 degre	ees	Additional	No Raised shoulder No	
	es or more than 100 degrees	Coupling	Good	BACK
Activity 1 No				
Activity 2 No				
Activity 3 No				
		22 - (20 1	NI NI	
Result: 11	H	23 of 29	N	
Result:		23 of 29 N REBA - DATA		_
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Export				
Export Name of the worker	Worker 12			PRINT
Export Name of the worker Company	Worker 12 PT.Varley Indonesia			1
Export Name of the worker Company Department	Worker 12 PT.Varley Indonesia Workshop			
Export Name of the worker Company Department Function Description of the task	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining		ABASE	PRINT
Export Name of the worker Company Department Function	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining			PRINT DELETE
Export Name of the worker Company Department Function Description of the task	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining	REBA - DATA	ABASE	PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 20	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining degrees	REBA - DATA	Neck is twisted or side bending	PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degree	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining degrees es	REBA - DATA Additional Additional	Neck is twisted or side bending No	PRINT DELETE
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degree Legs Support in on Load <5 kg (<11	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining degrees es	REBA - DATA Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees	PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degree Legs Support in on Load < 5 kg (< 11	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining degrees es e leg lb) degrees up or down	REBA - DATA Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees	PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degree Legs Support in on Load <5 kg (<11 Wrist More than 15 Upper Arm 20 to 45 degree	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining degrees es e leg lb) degrees up or down	Additional Additional Additional Additional Additional	Neck is twisted or side bending No 30 to 60 degrees No Wrist is bent from midline or twisted	PRINT DELETE SEARCH
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degree Legs Support in one Load <5 kg (<11 Wrist More than 15 Upper Arm 0 to 60 degree Lower Arm 0 to 60 degree	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining degrees es e leg lb) degrees up or down ees	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending No 30 to 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degree Legs Support in on Load <5 kg (<11 Wrist More than 15 Upper Arm 0 to 60 degree Lower Arm	Worker 12 PT.Varley Indonesia Workshop Teknisi Machining degrees es e leg lb) degrees up or down ees es or more than 100 degrees	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending No 30 to 60 degrees No Wrist is bent from midline or twisted No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST
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Export Name of the worker Company PT-Varies/Indonesia Department Worker Function Teknisi Description of the task Polinting Neck More than 20 degrees Additional No SEARCH Legs Support in the two legs, walking or seated Additional Load 5 to 10 kg 11 to 22 b 1 Additional No Additional No Result: 10 Repartment Repartm	<u> </u>		REBA - DATA	ABASE	_ 🗆 X			
Company PT Varley Indonesia Department Worker Function Teknisi Description of the task Pointing Neck More finan 20 degrees Additional No SEARCH Neck More finan 20 degrees Additional No SEARCH Legs Support in the two legs, walking or seated Additional No Wrist More than 15 degrees up or down Additional Wrist is bent from middine or twisted Upper Arm 00 to 80 degrees or more than 100 degrees Coupling Good Activity 1 No Result: 10 REBA - DATABASE Export Name of the worker Worker 15 Company PT Varley Indonesia Department Workshop Function Teknisi Description of the task Packing Neck 0 to 20 degrees Additional No SEARCH Additional No SEARCH Nor than 60 degrees or twisted Additional No Raised shoulder No BACK DELETE DELETE COMPANY Department Workshop Function Teknisi Description of the task Packing Neck 0 to 20 degrees Additional No SEARCH Nor than 60 degrees Department Function Teknisi DELETE DEL								
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Department Function Teknisi Description of the task Pointing Neck More than 20 degrees Additional No SEARCH Legs Support in the two legs, waking or seated Additional Load Sto 10 kg (111 to 22 b) Additional More than 60 degrees Additional Viriat is bent from midline or twisted Upper Arm Oto 60 degrees or more than 100 degrees Additional Additional No Result: 10 REBA - DATABASE Export Name of the worker Workshop Fort. Varley Indonesia Department Workshop Function Teknisi Description of the task Packing Additional No Result: No Result: Vorley hydronesia Department Workshop Function Teknisi Description of the task Packing Additional No Reck Un 20 degrees Additional No Reck is twisted or side bending SEARCH Name of the worker Additional No Reck is twisted or side bending SEARCH Neck On 20 degrees Additional No Reck is twisted or side bending SEARCH Neck On 20 degrees Additional No Reck is twisted or side bending SEARCH No SEARCH Repeated or side bending SEARCH Repeated	Company	PT.Varley Indonesia						
Description of the task Peinfing Description of the task Peinfing Neck More than 20 degrees Additional Legs Support in the two legs. walking or seated Additional Load Sto 10 kg (11 to 22 b) Additional No Wrist More than 15 degrees up or down Additional Lower Arm Tunk Tunk Tunk Tunk Tunk Tunk Tunk Tunk	Department	Worker			PRINT			
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Trunk	·							
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Load 5 to 10 kg (11 to 22 lb) Additional No Wrist More than 15 degrees up or down Additional Wrist is bent from midline or twisted Upper Arm 20 to 45 degrees Additional Lower Arm 0 to 60 degrees or more than 100 degrees Coupling Good Activity 1 No Activity 2 Repeated small range actions (more than 4x per minute) Activity 3 No Result: 10 REBA - DATABASE Export Name of the worker Worker 15 Company PT. Varley Indonesia Penntion Teknisi Description of the task Packing Neck 0 to 20 degrees Additional Neck is twisted or side bending Trunk 0 to 20 degrees Additional Load Support in the two legs, walking or seated Additional More than 60 degrees Load 5 to 10 kg (11 to 22 lb) Additional No Wrist Between 15 degrees up and 15 degrees down Additional No Raised shoulder No	Trunk 20 to 60	degrees	Additional	No	SEARCH			
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Activity 2 Repeated small range actions (more than 4x per minute) Activity 3 No Result: 10 REBA - DATABASE Export Name of the worker Worker 15 Company PT. Varley Indonesia PRINT Department Workshop Function Teknisi Description of the task Packing Neck 0 to 20 degrees Additional Neck is twisted or side bending SEARCH Trunk 0 to 20 degrees Additional Frunk is twisted or side bending SEARCH Legs Support in the two legs, walking or seated Additional More than 60 degrees Load 5 to 10 kg (11 to 22 lb) Additional No Upper Arm 20 to 45 degrees up and 15 degrees down Additional No Raised shoulder No RACK	Lower Arm 0 to 60 d	egrees or more than 100 degrees	Coupling	Good	BACK			
Result: 10 REBA - DATABASE Export Name of the worker Company PT. Varley Indonesia Department Workshop Function Teknisi Description of the task Packing Neck 10 to 20 degrees Additional Additional Additional Legs Support in the two legs, walking or seated Load 5 to 10 kg (11 to 22 lb) Additional Wrist Between 15 degrees up and 15 degrees down Upper Arm 20 to 45 degrees Additional No Raised shoulder No Raised shoulder No RACK	Activity 1 No							
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Export Name of the worker Company PT. Varley Indonesia PRINT Department Workshop Function Teknisi Description of the task Packing Neck 0 to 20 degrees Additional Trunk 0 to 20 degrees Additional Legs Support in the two legs, walking or seated Load 5 to 10 kg (11 to 22 lb) Additional Workshop Trunk Nore than 60 degrees Additional No COMPLETE LIST Wrist Between 15 degrees up and 15 degrees down Additional No Raised shoulder No BACK								
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Company PT.Varley Indonesia PRINT Department Workshop Function Teknisi Description of the task Packing Neck 0 to 20 degrees Additional Neck is twisted or side bending Trunk 0 to 20 degrees Additional Trunk is twisted or side bending Legs Support in the two legs, walking or seated Additional More than 60 degrees Load 5 to 10 kg (11 to 22 lb) Additional No Wrist Between 15 degrees up and 15 degrees down Additional No Upper Arm 20 to 45 degrees Additional No Raised shoulder No BACK			REBA - DATA	ABASE	- 🗆 ×			
Department Workshop Function Description of the task Packing Neck O to 20 degrees Additional Trunk O to 20 degrees Additional Legs Support in the two legs, walking or seated Load 5 to 10 kg (11 to 22 lb) Additional Workshop DELETE DELETE DELETE DELETE DELETE O to 20 degrees Additional More than 60 degrees Load 5 to 10 kg (11 to 22 lb) Additional No COMPLETE LIST Upper Arm 20 to 45 degrees Additional No Raised shoulder No BACK	Export	Moder 15	REBA - DATA	ABASE	- • ×			
Function Description of the task Packing Neck O to 20 degrees Additional Trunk O to 20 degrees Additional Additional Trunk is twisted or side bending SEARCH SEARCH Legs Support in the two legs, walking or seated Load 5 to 10 kg (11 to 22 lb) Additional Wrist Between 15 degrees up and 15 degrees down Upper Arm 20 to 45 degrees Additional No Raised shoulder No BACK	Export Name of the worker		REBA - DATA	ABASE	×			
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Neck	Export Name of the worker Company Department	PT.Varley Indonesia Workshop	REBA - DATA	ABASE				
Trunk	Export Name of the worker Company Department Function	PT.Varley Indonesia Workshop Teknisi	REBA - DATA	ABASE	PRINT			
Trunk	Export Name of the worker Company Department Function	PT.Varley Indonesia Workshop Teknisi	REBA - DATA	ABASE	PRINT			
Load 5 to 10 kg (11 to 22 lb) Additional No Wrist Between 15 degrees up and 15 degrees down Additional No Upper Arm 20 to 45 degrees Additional No Raised shoulder No BACK	Export Name of the worker Company Department Function Description of the tas	PT.Varley Indonesia Workshop Teknisi Packing			PRINT			
Load 5 to 10 kg (11 to 22 lb) Additional No Wrist Between 15 degrees up and 15 degrees down Additional No Upper Arm 20 to 45 degrees Additional No Raised shoulder No BACK	Export Name of the worker Company Department Function Description of the tas Neck O to 20 de	PT.Varley Indonesia Workshop Teknisi Packing	Additional	Neck is twisted or side bending	PRINT			
Wrist Between 15 degrees up and 15 degrees down Additional No Raised shoulder No BACK	Export Name of the worker Company Department Function Description of the tas Neck 0 to 20 do Trunk 0 to 20 do	PT.Varley Indonesia Workshop Teknisi Packing egrees	Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending	PRINT			
Upper Arm 20 to 45 degrees Additional No Raised shoulder No BACK	Export Name of the worker Company Department Function Description of the tax Neck Trunk 0 to 20 do Legs Support in	PT.Varley Indonesia Workshop Teknisi Packing grees the two legs, walking or seated	Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees	PRINT DELETE SEARCH			
BACK	Export Name of the worker Company Department Function Description of the tax Neck O to 20 do Trunk Legs Support in Load 5 to 10 kg	PT.Varley Indonesia Workshop Teknisi Packing egrees egrees the two legs, walking or seated g (11 to 22 lb)	Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees	PRINT DELETE SEARCH			
	Export Name of the worker Company Department Function Description of the tas Neck O to 20 de Trunk Legs Support in Load 5 to 10 kg Wrist Between	PT.Varley Indonesia Workshop Teknisi Packing Packing egrees at the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down	Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No	PRINT DELETE SEARCH			
Activity 1 No	Export Name of the worker Company Department Function Description of the tax Neck Trunk 0 to 20 de Legs Support is Load 5 to 10 kg Wrist Between Upper Arm 20 to 45	PT.Varley Indonesia Workshop Teknisi Packing egrees egrees 1 the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down degrees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			
	Export Name of the worker Company Department Function Description of the tas Neck O to 20 de Trunk Legs Support is Load 5 to 10 kg Wrist Between Upper Arm O to 60 de	PT.Varley Indonesia Workshop Teknisi Packing egrees egrees 1 the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down degrees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			
Activity 2 No	Export Name of the worker Company Department Function Description of the tax Neck Trunk 0 to 20 do Legs Support in Load 5 to 10 kg Wrist Between Upper Arm 0 to 60 do Activity 1	PT.Varley Indonesia Workshop Teknisi Packing egrees egrees 1 the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down degrees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			
riding 2	Export Name of the worker Company Department Function Description of the tax Neck O to 20 do Legs Support in Load 5 to 10 kg Wrist Between Upper Arm 0 to 60 do Activity 1 No Activity 2	PT.Varley Indonesia Workshop Teknisi Packing egrees egrees 1 the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down degrees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			
Activity 1 No	Export Name of the worker Company Department Function Description of the tas Neck Trunk 0 to 20 de Legs Support in Load 5 to 10 kg	PT.Varley Indonesia Workshop Teknisi Packing Packing egrees at the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down	Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No	PRINT DELETE SEARCH			
Activity 2 No	Export Name of the worker Company Department Function Description of the tax Neck Trunk 0 to 20 do Legs Support in Load 5 to 10 kg Wrist Between Upper Arm 0 to 60 do Activity 1	PT.Varley Indonesia Workshop Teknisi Packing egrees egrees 1 the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down degrees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			
, comy 2	Export Name of the worker Company Department Function Description of the tax Neck O to 20 do Legs Support in Load 5 to 10 kg Wrist Between Upper Arm 0 to 60 do Activity 1 No Activity 2	PT.Varley Indonesia Workshop Teknisi Packing egrees egrees 1 the two legs, walking or seated g (11 to 22 lb) 15 degrees up and 15 degrees down degrees	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending More than 60 degrees No No Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			

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Export						
Name of the	worker	Worker 16				
Company		PT.Varley Ind <mark>onesia</mark>			PRINT	
Department		Workshop				
Function		Teknisi				
Description	of the task	Welding			DELETE	
Neck	More than 20 o	degrees	Additional	Neck is twisted or side bending	#4	
Trunk	20 to 60 degre	ees	Additional	Trunk is twisted or side bending	SEARCH	
Legs	Support in one	leg	Additional	More than 60 degrees		
Load	< 5 kg (< 11 l	b)	Additional	Shock or rapid build up of force	COMPLETE LIST	
Wrist	More than 15 o	degrees up or down	Additional	Wrist is bent from midline or twisted		
Upper Arm	More than 90 o	degrees	Additional	Abducted Raised shoulder No		
Lower Arm	0 to 60 degree	s or more than 100 degrees	Coupling	Good	BACK	
Activity 1	No					
Activity 2	No					
Activity 3	No					
Result:	12	H	27 of 29	H		

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Export					
Name of the worker	Worker 17				
Company	PT.Varley Indonesia] BB PRINT	
Department	Workshop				
Function	Teknisi				
Description of the task	Welding			DELETE	
Neck More than 20	dograpa	7	No	44	
THE CITY OF THE CI		Additional		SEARCH	
Trunk 20 to 60 degre	ees	Additional	Trunk is twisted or side bending	SEARCH	
Legs Support in the	Support in the two legs, walking or seated Additional More than 60 degrees				
Load < 5 kg (< 11 l	(5 kg (< 11 lb) Additional Shock or rapid build up of force			COMPLETE LIST	
Wrist More than 15	More than 15 degrees up or down		Wrist is bent from midline or twisted		
Upper Arm 20 to 45 degre	es	Additional	No Raised shoulder No		
Lower Arm 0 to 60 degree	es or more than 100 degrees	Coupling	Good	BACK	
Activity 1 One or more b	ody parts are held for longer than 1 minu	te (static)			
Activity 2 Repeated small	Repeated small range actions (more than 4x per minute)				
Activity 3 No					
Result: 12	H	28 of 29	H		

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Export							
Name of the worker	Worker 18						
Company	PT.Varley Indonesia			PRINT			
Department	Workshop						
Function	Teknisi						
Description of the task	Assembling			DELETE			
Neck More than 20	degrees	Additional	Neck is twisted or side bending	#4			
Trunk 20 to 60 degr	ees	Additional	Trunk is twisted or side bending	SEARCH			
Legs Support in on	e leg	Additional	More than 60 degrees				
Load < 5 kg (< 11	lb)	Additional	No	- L			
	degrees up or down	Additional	Wrist is bent from midline or twisted	COMPLETE LIST			
Upper Arm 20 to 45 degr	ees	Additional	No Raised shoulder No				
	es or more than 100 degrees	Coupling	Fair	BACK			
Activity 1 One or more b	body parts are held for longer than 1 minu	ute (static)					
Activity 2 Repeated sm	all range actions (more than 4x per minut	e)					
Activity 3 No							
Result: 12	reduity 5						
				_			
Export		REBA - DATA		_			
	Rio			- · ×			
Export							
Export Name of the worker	Rio			PRINT			
Export Name of the worker Company	Rio PT. Varley Indonesia						
Export Name of the worker Company Department	Rio PT. Varley Indonesia Dissmantle Area	REBA - DATA					
Export Name of the worker Company Department Function Description of the task	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val	REBA - DATA	ABASE	PRINT			
Export Name of the worker Company Department Function Description of the task Neck More than 20	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val	ve Additional	Neck is twisted or side bending	PRINT			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk O to 20 degre	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val	ve Additional	Neck is twisted or side bending Trunk is twisted or side bending	PRINT DELETE			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degre Legs Support in the	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val	ve Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending No	PRINT DELETE			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degre Legs Support in the Load < 5 kg (<11	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val degrees es two legs, walking or seated	ve Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending No	PRINT DELETE			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degree Legs Support in the Load < 5 kg (<11) Wrist More than 15	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val degrees es e two legs, walking or seated lb)	ve Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending No No Wrist is bent from midline or twisted	PRINT DELETE SEARCH			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degre Legs Support in the Load <5 kg (<11 Wrist More than 15 Upper Arm 20 to 45 degre	Rio PT. Varley Indonesia. Dissmantle Area Teknisi Membongkar bagian part Val degrees es two legs, walking or seated Ib) idegrees up or down	Additional Additional Additional Additional Additional Additional	Neck is twisted or side bending Trunk is twisted or side bending No	PRINT DELETE SEARCH			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degre Legs Support in the Load <5 kg (<11) Wrist More than 15 Upper Arm 60 to 100 degre Lower Arm	Rio PT. Varley Indonesia. Dissmantle Area Teknisi Membongkar bagian part Val degrees es two legs, walking or seated Ib) idegrees up or down	ve Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending Trunk is twisted or side bending No No Wrist is bent from midline or twisted Abducted Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degre Legs Support in the Load <5 kg (<111 Wrist More than 15 Upper Arm 20 to 45 degre Lower Arm 60 to 100 degre Activity 1 One or more to	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val degrees es e two legs, walking or seated lb) degrees up or down ees	ve Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending Trunk is twisted or side bending No No Wrist is bent from midline or twisted Abducted Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			
Export Name of the worker Company Department Function Description of the task Neck More than 20 Trunk 0 to 20 degre Legs Support in the Load <5 kg (<11 Wrist More than 15 Upper Arm 20 to 45 degre Lower Arm 60 to 100 degre Activity 1 One or more than 15 One or more than 15 One or more than 15	Rio PT. Varley Indonesia Dissmantle Area Teknisi Membongkar bagian part Val degrees es e two legs, walking or seated lb) degrees up or down ees	Additional Additional Additional Additional Additional Coupling	Neck is twisted or side bending Trunk is twisted or side bending No No Wrist is bent from midline or twisted Abducted Raised shoulder No	PRINT DELETE SEARCH COMPLETE LIST			

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Export					
Name of the worker	Worker 19				
Company	PT.Varley Indonesia			PRINT	
Department	Workshop				
Function	Teknisi				
Description of the task	Assembling			DELETE	
Neck 0 to 20 degre	ica II		Neck is twisted or side bending	44	
Neck 0 to 20 degre	es	Additional	Neck is twisted or side bending		
Trunk 0 to 20 degre	es	Additional	Trunk is twisted or side bending	SEARCH	
Legs Support in the	e two legs, walking or seated	Additional	More than 60 degrees		
Load < 5 kg (< 11	lb)	Additional	No	COMPLETE LIST	
Wrist More than 15	More than 15 degrees up or down		Wrist is bent from midline or twisted		
Upper Arm 20 to 45 degr	ees	Additional	No No No	↓	
Lower Arm 0 to 60 degre	es or more than 100 degrees	Coupling	Good	BACK	
Activity 1 No					
Activity 2 Repeated sm	2 Repeated small range actions (more than 4x per minute)				
Activity 3 No					
Result: 8	HAL	1 of 29	M		

Esa Unggul

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