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## ANALYSIS OF NURSING CARE CONGESTIVE HEART FAILURE (CHF) PATIENTS WITH THE PROBLEMS OF DECREASED CARDIAC OUTPUT IN EMERGENCY DEPARTMENTS OF RSUD TARAKAN, JAKARTA 2020 ABSTRAC

Congestive Heart Failure (CHF) patients have clinical manifestations of dyspnea, due to lack of oxygen supply because of accumulation of fluids. This causes the heart cannot optimally to pump blood. Another impact that arises is the changes that occur in the respiratory muscles. This scientific paper aims to identify the benefits of therapy slow deep breathing in patient Congestive Heart Failure (CHF) to teach you how to breathe properly so you can reduce dyspnea in emergency departments RSUD Tarakan in 2020. The method in this study is to use a case study on three patient, in the form of comprehensive emergency nursing care. Nurses are expected to be able to provide therapy slow deep breathing appropriate nursing processes and provide health education for parents regarding discharge planning before the patient is returned home.

Keywords : Nursing Care, Congestive Heart Failure (CHF), Therapy Slow Deep Breathing

ix

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