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**The Effect Of Smoking Health Education In Changing Smoking Hazard  
Knowledge In Adolescents SMA Wijaya In Jakarta**

**ABSTRACT**

Adolescence is a period of change that includes attitudes and behavior. The high smoking behavior in adolescents makes it necessary to do efforts by increasing adolescent knowledge of the dangers of smoking, one of which is health education. The purpose of this study was to identify the effect of smoking health education on the level of knowledge of the dangers of smoking in adolescents at SMA Wijaya Jakarta. This research is a Pre-experimental research with one group pre-test and post-test design using 96 respondents. Provision of health education using education, animated videos, and leaflets. This study uses the Paired T-Test. Test results obtained at a significance level of 95% ( $\alpha = 0.05$ ) indicate that the  $p\text{-value} = 0,000$   $P\text{-value} < \alpha$ , ie  $0,000 < 0.05$  means that  $H_0$  is rejected and  $H_a$  is accepted which indicates that there is an influence of health education smoking to the level of knowing the dangers of smoking in adolescents. Based on the results of the study, Jakarta high school students were mostly male, and there were differences in the level of knowledge of Jakarta high school students before and after being given health education.

**Keywords** : Health education, knowledge, smoking behavior  
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