

# ABSTRAK



UNIVERSITAS ESA UNGGUL  
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## **Hubungan Sikap dan Pengetahuan Siswi Tentang Anemia Terhadap Kepatuhan Konsumsi Tablet Tambah Darah Dalam Program Pencegahan dan Penanggulangan Anemia Gizi Besi di SMP Negeri 26 Kota Bekasi**

**Latar Belakang:** Anemia merupakan masalah kesehatan masyarakat secara global yang mempengaruhi 1,62 milyar penduduk dunia (WHO,2008). Data Riskesdas 2013 menunjukkan prevalensi anemia pada WUS sebesar 22,7%. Salah satu program pemerintah untuk pencegahan dan penanggulangan anemia pada remaja putri adalah melalui program PPAGB (Pencegahan Penanggulangan Anemia Gizi Besi) pada Rematri dengan frekuensi pemberian satu tablet per minggu sepanjang satu tahun. Namun demikian, belum semua remaja putri patuh mengonsumsi tablet tambah darah dalam program tersebut. Kepatuhan merupakan perilaku yang dipengaruhi oleh faktor dari dalam diri individu yaitu pengetahuan dan sikap.

**Tujuan:** Mengetahui hubungan sikap dan pengetahuan siswi tentang anemia dengan kepatuhan konsumsi tablet tambah darah dalam program PPAGB di SMPN 26 Kota Bekasi.

**Metode Penelitian:** Penelitian menggunakan metode survey melalui pendekatan *cross sectional* dan teknik pengambilan sampel dengan *systematic random sampling* sebanyak 100 responden dan menggunakan uji *Chi-Square*.

**Hasil:** Berdasarkan uji bivariat menunjukkan bahwa ada hubungan sikap dan pengetahuan anemia dengan kepatuhan konsumsi tablet tambah darah. Analisa data dengan uji *chi-square* hubungan sikap dan kepatuhan konsumsi tablet tambah darah didapatkan *p-value* 0,000; < 0,005. Sedangkan pengetahuan anemia dan konsumsi tablet tambah darah mendapatkan analisa data dengan uji *chi-square* didapat *p-value* 0,002; < 0,005.

**Kesimpulan:** Ada hubungan sikap dan pengetahuan anemia siswi dengan kepatuhan konsumsi tablet tambah darah dalam program PPAGB di SMPN 26 Kota Bekasi.

**Kata Kunci:** Sikap; pengetahuan; anemia; kepatuhan; tablet tambah darah

## ABSTRACT



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### **Relationship Between Attitude and Student Knowledge About Anemia Against Compliance with Consumption of Fe Tablets in The Iron Nutrition Anemia Prevention and Management Program at SMP Negeri 26 Bekasi City in 2020**

**Background:** Anemia is a global public health problem that affects 1.62 billion people worldwide (WHO,2008). Data taken from Rinkesdas 2013 shows the prevalence of anemia in WUS is 22.7%. One of the government's programs that intended to prevent and stop anemia on young women is PPAGB programs (Pencegahan Penanggulangan Anemia Gizi Besi lit Prevention Anemia from iron nutritions) for the young woman with the frequency of giving one tablet once a week for a year. But not all young women adhere to taking blood-booster or Fe Tablets given from the program. Compliance is behavior that is influenced by internal factors: knowledge and attitudes.

**Purpose:** To determine the correlation between knowledge and attitude from students especially young women about anemia with compliance to taking blood-booster or Fe Tablets on PPAGB Programs on National's Junior high school number 26 (SMPN 26) Bekasi City, West Java on 2020.

**Research Method:** The research design using a survey method through a cross-sectional approach and sampling technique with systematic random sampling as many as 100 respondents and using Chi-Square test.

**Research Result:** Base on the bivariate test results showed that there is a correlation between Attitudes and knowledge about anemia with compliance to taking and consume Fe Tablets. Data analysis using Chi-Square test, the relationship between attitude and compliance of blood-added tablet consumption obtained  $p$ -value  $0.000$ ;  $< 0.005$ . While knowledge of anemia and consumption of blood-added tablets (Fe Tablets) obtained data analysis with chi-square test obtained  $p$ -value  $0.002$ ;  $< 0.005$

**Conclusion:** there is a relationship between the attitude and knowledge of students, especially young women students, about anemia and the compliance of blood-added tablet consumption in the program PPAGB at National's Junior high school number 26 (SMPN 26) Bekasi City, West Java on 2020.

**Keywords:** Attitude; knowledge; anemia; compliance; Fe Tablet