

Lampiran 1

PERNYATAAN KESEDIAAN MENJADI RESPONDEN

“HUBUNGAN ASUPAN ENERGI, PROTEIN, CAIRAN DAN STATUS GIZI TERHADAP KADAR UREUM DAN KREATININ PASIEN CKD DI SHLV”

Setelah mendapatkan penjelasan yang detail mengenai pentingnya penelitian ini, maka dengan ini saya nyatakan bersedia/tidak bersedia menjadi responden dalam penelitian yang telah disebutkan diatas. Saya mengerti bahwa saya dapat menolak untuk ikut dalam penelitian. Saya sadar bahwa saya dapat mengundurkan diri dari penelitian ini kapan sajasaya mau

Saya yang bertanda tangan dibawah ini :

Nama :

Tempat/Tgl.lahir : Umur : tahun

No.Telp/HP :

Dengan demikian pernyataan ini saya mengikuti penelitian ini tanpa adanya paksaan dari pihak manapun dan agar dapat digunakan sebagaimana mestinya.

Tangerang,20....

Peneliti,

Responden

(.....)

(.....)

Saksi

(.....)

Lampiran 2

FORMULIR DATA KARAKTERISTIK RESPONDEN

No. MR* :
Ruang Perawatan :
Nama :
Usia :
Jenis Kelamin :
BB : Kg TB : cm IMT : kg/m^2
LILA : cm TL : cm
Pendidikan :
Pekerjaan :
Kadar Ureum** : mg/dL
Kadar Kreatinin** : mg/dL
eGFR : mL/min/1.73 m^2

*lihat di MR pasien

**diperoleh setelah pasien rencana pulang

Lampiran 4

FORM FOOD RECALL 24 JAM

Nama Responden : Kode Responden:

Jenis Kelamin :

BB/TB : kg/ cm

Observer :

Hari/Tanggal :

Waktu	Menu	Bahan Makanan	Jumlah		Keterangan
			URT	Gram	
Pagi					
Snack					
Siang					
Snack					
Malam					
Snack					

Sumber : (Kemenkes, 2018)

Lampiran 5

FORM BALANCE CAIRAN

Jam	01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	Jumlah	
Input																										
Jumlah Input																										
Output																										
Jumlah output																										
Balance Cairan																										

Lampiran 6
Uji normalitas

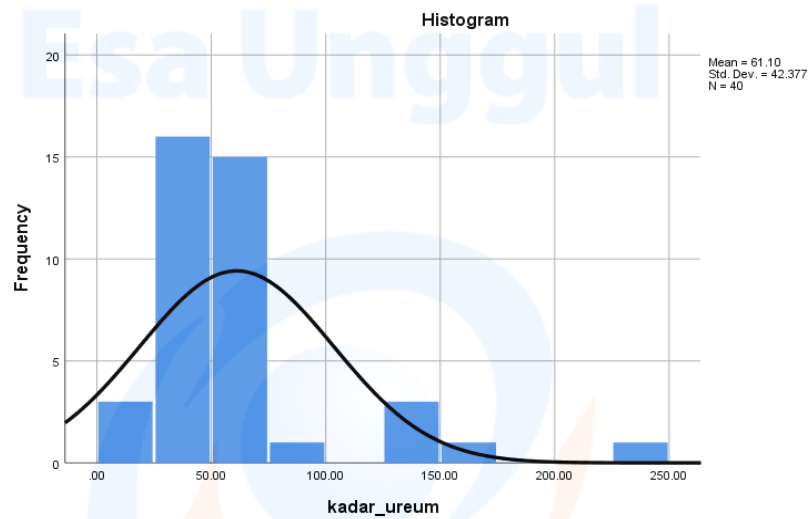
Descriptives

		Statistic	Std. Error	
kadar_ureum	Mean	61.1000	6.70034	
	95% Confidence Interval for Mean	Lower Bound	47.5473	
		Upper Bound	74.6527	
	5% Trimmed Mean		56.0833	
	Median		50.0000	
	Variance		1795.785	
	Std. Deviation		42.37670	
	Minimum		19.00	
	Maximum		231.00	
	Range		212.00	
	Interquartile Range		28.75	
	Skewness		2.345	.374
	Kurtosis		6.270	.733

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	Df	Sig.	Statistic	df	Sig.
kadar_ureum	.260	40	.000	.729	40	.000

a. L



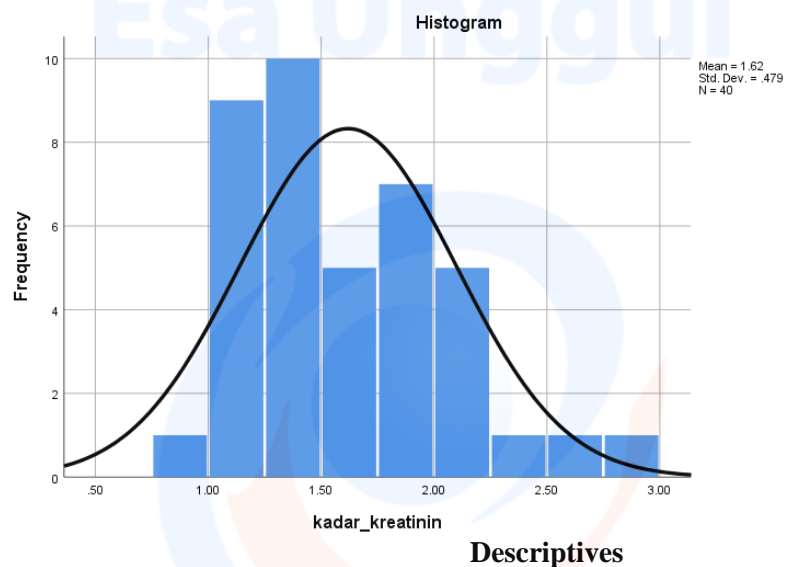
Descriptives

		Statistic	Std. Error	
kadar_kreatinin	Mean	1.6190	.07576	
	95% Confidence Interval for Mean	Lower Bound	1.4658	
		Upper Bound	1.7722	
	5% Trimmed Mean	1.5942		
	Median	1.4850		
	Variance	.230		
	Std. Deviation	.47917		
	Minimum	.75		
	Maximum	2.90		
	Range	2.15		
	Interquartile Range	.71		
	Skewness	.683	.374	
	Kurtosis	.292	.733	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	Df	Sig.	Statistic	Df	Sig.
kadar_kreatinin	.123	40	.129	.959	40	.150

a. Lilliefors Significance Correction



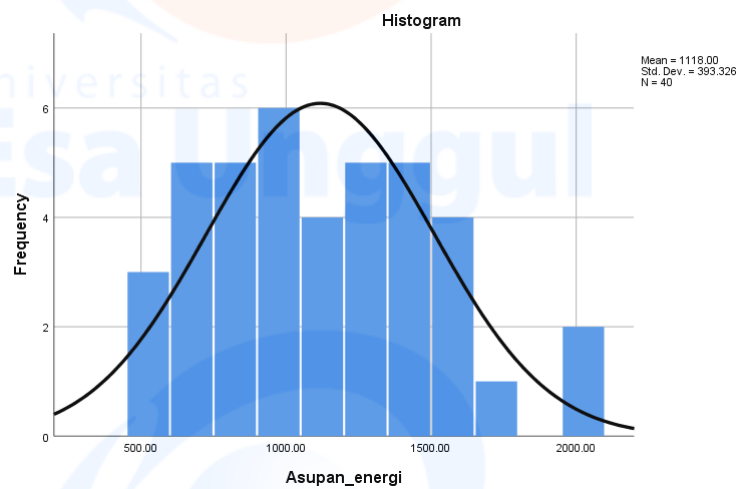
		Statistic	Std. Error	
Asupan_energi	Mean	1117.9974	62.19037	
	95% Confidence Interval for Mean	Lower Bound	992.2055	
		Upper Bound	1243.7892	
	5% Trimmed Mean	1103.8374		
	Median	1081.1750		
	Variance	154705.661		
	Std. Deviation	393.32640		
	Minimum	450.60		
	Maximum	2002.77		
	Range	1552.17		
	Interquartile Range	585.34		
	Skewness	.356	.374	
	Kurtosis	-.402	.733	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	Df	Sig.	Statistic	df	Sig.
Asupan_energi	.064	40	.200*	.975	40	.499

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction



Descriptives

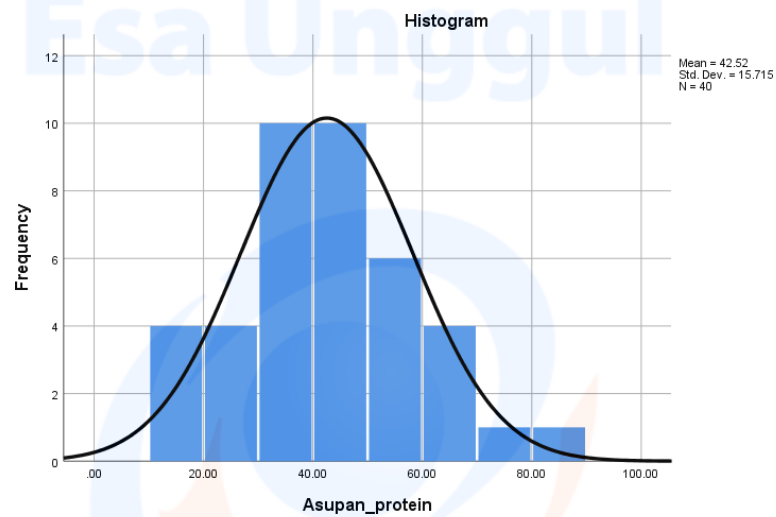
		Statistic	Std. Error	
Asupan_protein	Mean	42.5220	2.48477	
	95% Confidence Interval for Mean	Lower Bound	37.4961	
		Upper Bound	47.5480	
	5% Trimmed Mean	42.2739		
	Median	42.6350		
	Variance	246.963		
	Std. Deviation	15.71507		
	Minimum	11.20		
	Maximum	81.00		
	Range	69.80		
	Interquartile Range	21.05		
	Skewness	.116	.374	
	Kurtosis	-.029	.733	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	Df	Sig.	Statistic	df	Sig.
Asupan_protein	.068	40	.200*	.989	40	.964

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction



Descriptives

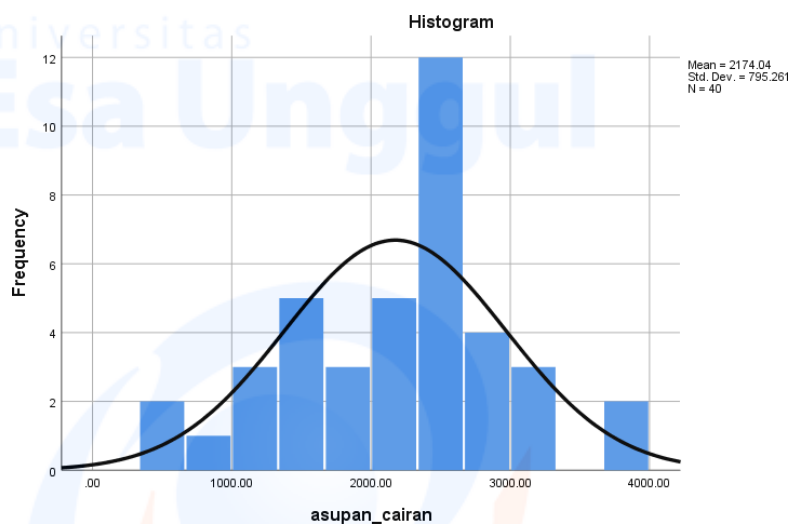
		Statistic	Std. Error	
asupan_cairan	Mean	2174.0375	125.74188	
	95% Confidence Interval for Mean	Lower Bound	1919.7005	
		Upper Bound	2428.3745	
	5% Trimmed Mean	2178.9167		
	Median	2362.5000		
	Variance	632440.800		
	Std. Deviation	795.26147		
	Minimum	477.00		
	Maximum	3768.00		
	Range	3291.00		
	Interquartile Range	1056.25		
	Skewness	-.251	.374	
	Kurtosis	-.107	.733	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	Df	Sig.	Statistic	df	Sig.
asupan_cairan	.113	40	.200 [*]	.976	40	.552

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction



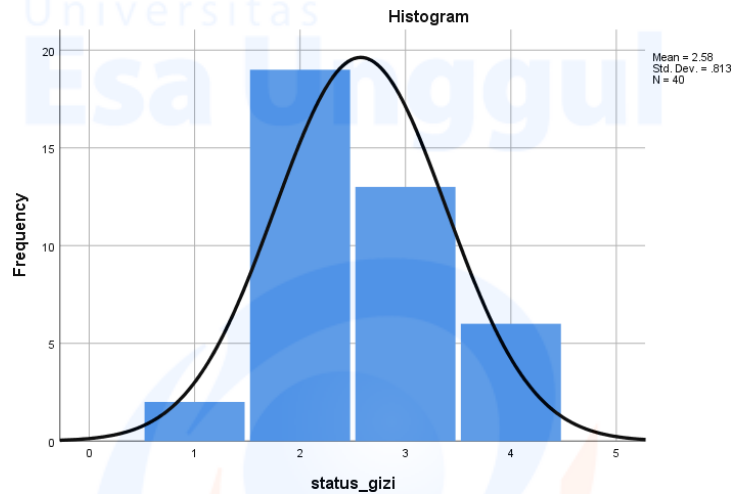
Descriptives

		Statistic	Std. Error	
status_gizi	Mean	2.58	.129	
	95% Confidence Interval for Mean	Lower Bound	2.32	
		Upper Bound	2.83	
	5% Trimmed Mean	2.58		
	Median	2.00		
	Variance	.661		
	Std. Deviation	.813		
	Minimum	1		
	Maximum	4		
	Range	3		
	Interquartile Range	1		
	Skewness	.348	.374	
	Kurtosis	-.537	.733	

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	Df	Sig.
status_gizi	.285	40	.000	.841	40	.000

a. Lilliefors Significance Correction



Lampiran 7
Uji univariat

		Statistics			
		IMT	Asupan_energi	asupan_protein	Asupan_cairan
N	Valid	40	40	40	40
	Missing	0	0	0	0
Mean		25.1586	1117.9973	42.5220	2174.0375
Median		24.2215	1081.1750	42.6350	2362.5000
Mode		24.22	450.60 ^a	11.20 ^a	2785.00 ^a
Std. Deviation		4.16932	393.32640	15.71507	795.26147
Variance		17.383	154705.661	246.963	632440.800
Skewness		.457	.356	.116	-.251
Std. Error of Skewness		.374	.374	.374	.374
Kurtosis		-.076	-.402	-.029	-.107
Std. Error of Kurtosis		.733	.733	.733	.733
Range		17.40	1552.17	69.80	3291.00
Minimum		16.65	450.60	11.20	477.00
Maximum		34.05	2002.77	81.00	3768.00
Sum		1006.34	44719.89	1700.88	86961.50

a. Multiple modes exist. The smallest value is shown

Lampiran 8
Uji korelasi

Correlations

			kadar_ureum	IMT	Asupan_energi	asupan_protein	Asupan_cairan
Spearman's rho	kadar_ureum	Correlation Coefficient	1.000	.035	.281	.082	-.034
		Sig. (2-tailed)	.	.829	.079	.613	.833
		N	40	40	40	40	40
IMT	IMT	Correlation Coefficient	.035	1.000	.003	.045	-.220
		Sig. (2-tailed)	.829	.	.983	.783	.172
		N	40	40	40	40	40
Asupan_energi	Asupan_energi	Correlation Coefficient	.281	.003	1.000	.643**	-.008
		Sig. (2-tailed)	.079	.983	.	.000	.959
		N	40	40	40	40	40
asupan_protein	asupan_protein	Correlation Coefficient	.082	.045	.643**	1.000	-.248
		Sig. (2-tailed)	.613	.783	.000	.	.123
		N	40	40	40	40	40
Asupan_cairan	Asupan_cairan	Correlation Coefficient	-.034	-.220	-.008	-.248	1.000
		Sig. (2-tailed)	.833	.172	.959	.123	.
		N	40	40	40	40	40

** . Correlation is significant at the 0.01 level (2-tailed).

Correlations

		kadar_kreatinin	IMT	Asupan_energi	asupan_proteiin	Asupan_cairan
kadar_kreatinin	Pearson Correlation	1	-.182	.461**	.261	.119
	Sig. (2-tailed)		.261	.003	.104	.464
	N	40	40	40	40	40
IMT	Pearson Correlation	-.182	1	.014	.067	-.252
	Sig. (2-tailed)	.261		.930	.683	.117
	N	40	40	40	40	40
Asupan_energi	Pearson Correlation	.461**	.014	1	.620**	.036
	Sig. (2-tailed)	.003	.930		.000	.827
	N	40	40	40	40	40
asupan_proteiin	Pearson Correlation	.261	.067	.620**	1	-.255
	Sig. (2-tailed)	.104	.683	.000		.113
	N	40	40	40	40	40
Asupan_cairan	Pearson Correlation	.119	-.252	.036	-.255	1
	Sig. (2-tailed)	.464	.117	.827	.113	
	N	40	40	40	40	40

** . Correlation is significant at the 0.01 level (2-tailed).

