

Daftar Pustaka

- Adib,M. 2011. ” *Pengetahuan Praktis Ragam Penyakit Mematikan Yang Paling Sering Menyerang Kita*”. Yogyakarta : Penerbit Buku Biru
- Afoakwah,et.al. 2011. “ *The Relationship Between Dietary Intake, Body Composition and Blood Pressure in Male Adult Miners in Ghana*”. Asian Journal of Clinical Nutrition, Vol. 3 No.1-13.
- Almatsier, Sunita.2004 “*Penuntun Diet Edisi Terbaru*” Jakarta
- Astawan, Made. 2008 ” *Cegah Hipertensi Dengan Pola Makan*”www.depkes.org. diakses 7 juli 2008
- Basuki, Endang. 2009. “*Teknik Penyuluhan Diabetes Mellitus*”. Dalam *Penatalaksanaan Diabetes Mellitus Terpadu Edisi Ke 7* Jakarta : Balai Penerbit FKUI
- Bays,et.al. 2009. ”*Perceived body image in men and women with type 2 diabetes mellitus: correlation of body mass index with the figure rating scale*” Nutrition Journal, Vol. 8, No 57.
- Blog sehat Alami “ *Nasi Putih Terkait dengan Diabetes*”. Di kutip dari Jurnal Nutrition Of Environmental Medicine , 2012 <http://arumsekartaji.blogspot.com>, diakses Kamis 26 April 2012
- Boedisantoso,AR. 2009.”*Komplikasi Akut Diabetes Mellitus “Dalam Penatalaksanaan Diabetes Mellitus Terpadu Edisi Ke 7* Jakarta : Balai Penerbit FKUI
- Campbell, Amy. 2007 ” *The Power Of Potassium*” American Journal Of Clinical Nutrition
- Chatterjee,et.al. 1996. ”*Kalium Serum and Rasial Risk Diabetes In Arterosklerosis Community*” American Journal Of Clinical Nutrition, Vol. 34, 367-372.

- Colditz,et.al.1992. "*Diet and risk of clinical diabetes in women*" Jurnal American Society For Clinical Nutrition. Am J C / 1992; 55:1018-1023
- Darmon,et.al. 2004. "*Does Social Class predict Diet Quality?*" American Journal of Clinical Nutrition, Vol. 80, No 2, 348-356, Agustus 2004.
- Depkes RI. 2003. "*Peran Diit Dalam Penanggulangan Diabetes*". Jakarta
- Farida, et. al. 2010. " Buletin Penelitian Kesehatan Vol. 38, No. 1.
- Gross,et.al. 2011, "*Increased consumption of refined carbohydrates and the epidemic of type 2 diabetes in the United States*" Department of Family Medicine, University Hospitals of Cleveland, American Journal Of Clinical Nutrition, Vol.3 No. 25-32
- Hsin-Yeh,et.al. 2011. "*Kadar Kalium Rendah Dapat Membantu Menjelaskan Perbedaan Rasial Pada DM Tipe II*" Departemen Of Medicine John Hopkins Amerika. Amerika Jurnal Clinical Nutrition
- Huffman,et.al. 2011. "*Coronary Heart Diseas Risk in Cuban American With and Without Type 2 Diabetes*" The Inetrnet Journal Of Health, 2011 Vol. 12, Nomor 1.
- Ibrahim,et.al. 2010. "*Current clinical status and complications among type 2 diabetic in University Sains malaysia Hospital*" International Jurnal of Diabetes Mellitus.
- Ichwanudin. 2008. "*Buku Ajar Analisis Data Modul 2*". Jurusan Gizi Poltekkes Bandung :Bandung
- Informasi Seputar Kesehatan. 7 Agustus 2009. "*Empat Nutrisi Penting Bantu Atasi Diabetes*", Andrias Design.
- Jenkins,et.al. 2012, "*Vegetarian And Type 2 Diabetes*" Clinical Nutrition & Risk Factor Modification Center and The Departemen of Medicine, Division of Endocrinology and Metabolism, St Michael's Hospital Toronto, American Journal Of Clinical Nutrition

Jurnal Gizi Klinik tentang “*Penelitian Obesitas dan Pola Makan sebagai Faktor Resiko Diabetes Mellitus Tipe II di Rumah Sakit Sanglah Denpasar*”.

Jus’at, Idrus. 2011. “*Modul Analisis Regresi Pengolahan Data Gizi dan Kesehatan*”. Universitas Esa Unggul Fakultas Ilmu Kesehatan Masyarakat: Jakarta

Karjadidjaja, Idawati. 2004. “*Terapi Nutrisi Medik pada Orang Dengan DM*”. Dipresentasikan di Seminar Kesehatan, Jakarta : UNTAR

Larsson,et.al. 2001. “*Potassium per kilogram fat-free mass and total body potassium: predictions from sex, age, and anthropometry*” Department of Body Composition and Metabolism, The Sahlgrenska Academy at Göteborg University, Sweden

Lemeshow, Stanley & Stephen KL Wang. 1997. *Besar Sampel dalam penelitian Kesehatan*. Yogyakarta : Gajah mada Press

Lutfiah,et.al. 2012. “*Tingkat Konsumsi Permanen Zat Gizi Sebelum dan Sesudah Kunjungan Konseling Gizi Pada pasien DM Type 2 di Rawat Jalan RSU Prov. NTB*” Jurnal Gizi Prima, Vol. 2, No 1, Februari, 2012.

Magee Elaine MPH.RD. 2005 “*Hidup Lebih Baik Bersama Diabetes*”, Jakarta

Mazumdar,et.al. 2012. “*Effect of metformin and Pioglitazone on insulin dose reduction in type 2 diabetes mellitus patients*” Jurnal Of Nutrition and Environmental Medicine, PP.114-117 DOI: 10.4236/jdm.2012.21018

Muchtadi, Deddy, MS. 2009. “*Pengantar Ilmu Gizi*”, Penerbit Alfabeta , Bandung

Murti, Bhisma. 1997. *Prinsip dan Metode Riset Epedermiologi*. Yogyakarta : Gajah Mada University Press

Oetoro, Samuel. 2008 “*Kalium Atur Keseimbangan Elektrolit Tubuh*”. www.Kompas.com. diakses 7 Juli 2008

- Pranadji, Diah K. 1996. "*Perencanaan Menu Untuk Penderita Diabetes Mellitus*". Jakarta : Penebar Swadaya
- Purnomo, Heru. 2009 "*Pencegahan & Pengobatan Penyakit Yang Paling Mematikan*" Jakarta : PT. Buana Pustaka
- Santoso, P Yudistira. "*Hipokalemi sebabkan otot tubuh lemas*" Femina Edisi 2276, Agustus 2010
- Schulze, et.al. 2011. "*Glycemic Index, Glycemic Load and Dietary Fiber Intake and Incidence Of Type 2 Diabetes In Younger and Middle Aged women*" Diabetologia, Vol. 54, No 4, 776-782, April 2011.
- Smith, Melissa, Diane. 2005 "*Preventing & Reversing Diabetes naturally*". Jakarta : PT Bhuana Ilmu Populer
- Soegondo, dkk. 2007 "*Penatalaksanaan Diabetes Mellitus Terpadu*". Edisi Ke 6 Jakarta : Balai Penerbit FKUI
- Soegondo, dkk. 2009 "*Penatalaksanaan Diabetes Mellitus Terpadu*". Edisi Ke 7 Jakarta : Balai Penerbit FKUI
- Stanford, et.al. 2009. "*The Effect Of Weight Loss on Fasting Blood Sugars and HbA1c in Overweight and Obese Diabetics and Non Diabetic*" Journal Of Nutritional and Environmental Medicine, PP.126-130 DOI: 10.4236/jdm.2012.21021
- Sukarji, Kartini. 2009. "*Penatalaksanaan Gizi pada Diabetes Mellitus*" Dalam *Penatalaksanaan Diabetes Mellitus Terpadu* Edisi Ke 7 Jakarta : Balai Penerbit FKUI
- Sutedjo, AY. 2007 "*Mengenal Penyakit Melalui Hasil Pemeriksaan Laboratorium*". Jakarta: Amara Books
- Tjekyan, Suryadi. R.M. 2007 "*Risiko Penyakit DM Tipe 2 Dikalangan Peminum Kopi Di Kotamadya Palembang*" Makara, Kesehatan, VOL. 11, NO. 2, DESEMBER 2007: 54-6054

Tjokroprawiro, Askandar. 2003. *DM: Klasifikasi, Diagnosis, dan Terapi*. Jakarta : PT. Gramedia Pustaka Utama

Umesawa, et.al. 2008. "*Relations between dietary sodium and potassium intakes and mortality from cardiovascular disease: the Japan Collaborative Cohort Study for Evaluation of Cancer Risks*" *American Journal Of Cincial Nutrition* Vol. 88 No. 88. Am J clin Nutr 1 195-202 1 195-202

Wall, et al. 2001. "*Hyperglykemic Crises In Patient With Diabetes Mellitus*", *Clinical Diabetetes*, Spring

Veghari,et.al. 2010. "*Association Between Socio-demographic Factor and Diabetes Mellitus In The North Iran*" *International Jurnal of Diabetes Mellitus*.

Winarno, FG. 2008. "*Kimia Pangan Dan Gizi Edisi Terbaru*". Jakarta