

## ABSTRAK

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***“Asuhan Keperawatan Pada Acute Decompensated Heart Failure (ADHF)  
Di ruang Instalasi Gawat Darurat Rumah Sakit Kepresidenan  
RSPAD Gatot Soebroto”***

ADHF merupakan suatu kondisi fisiologi ketika jantung tidak mampu memompa darah yang cukup untuk memenuhi kebutuhan metabolik tubuh. Masalah kesehatan yang sering dijumpai adalah sesak nafas saat beristirahat. Pemberian posisi semi fowler bertujuan untuk meningkatkan ekspansi paru secara maksimal dan mengatasi kerusakan pertukaran gas sehingga pasien dapat beristirahat dengan nyaman. Untuk mengetahui pengaruh pemberian posisi semi fowler untuk mengatasi Dispnea pada pasien ADHF. Dari hasil pengkajian ditemukan seluruh pasien datang ke IGD dengan keluhan sesak nafas dan memiliki riwayat penyakit gagal jantung dan hipertensi. Diagnosa keperawatan prioritas adalah ketidakefektifan pola nafas dan setelah dilakukan intervensi 1x24jam pemberian posisi semi fowler pada seluruh pasien, hasilnya seluruh pasien mengatakan sesak berkurang, adanya rasa nyaman. Dari hasil Asuhan keperawatan didapatkan ada pengaruh pemberian posisi semi fowler dengan pasien mengatakan sesak berkurang, adanya rasa nyaman. Data objektif menunjukkan bahwa seluruh klien terlihat nyaman dengan posisi semi fowler dan ekspresi wajah tampak lebih rileks.

***Kata kunci : ADHF, Posisi Semi Fowler, Dispnea.  
Kepustakaan : 29 (2005-2019)***

## ABSTRACT

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*"Nursing Care for Acute Decompensated Heart Failure (ADHF) in the Emergency Room in the Emergency Room of the Presidential Hospital Gatot Soebroto Hospital"*

ADHF is a physiological condition when the heart is unable to pump enough blood to meet the body's metabolic needs. Health problems that are often encountered are shortness of breath when resting. Provision of a semi-Fowler position aims to increase lung expansion maximally and overcome impaired gas exchange so that the patient can rest comfortably. This study was to determine the effect of semi-Fowler's position to treat dyspnea in ADHF patients. From the results of the study, it was found that all patients came to the ER with complaints of shortness of breath and had a history of heart failure and hypertension. Priority nursing diagnosis is ineffective breathing pattern and after 1x24 hour intervention was given to give semi-Fowler position to all patients, the result was that all patients said that shortness of breath was reduced, there was a sense of comfort. From the results of nursing care was that there was an effect of giving the semi-fowler position with the patient saying that the tightness was reduced, there was a sense of comfort. Objective data shows that all clients look comfortable in a semi-Fowler's position and facial expressions appear more relaxed.

**Keywords:** *ADHF, Position Semi Fowler, Dyspnea.*

**Bibliography:** *29 (2005-2019)*