

**ANALISIS PENYEBAB TENAGA KESEHATAN TERPAPAR *CORONAVIRUS DISEASE 19*
(COVID 19)
DI RS.X TAHUN 2020**

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ABSTRAK

Abstrak: Tenaga kesehatan merupakan setiap orang yang mengabdikan diri dalam bidang kesehatan yang memiliki pengetahuan dan/atau ketrampilan melalui pendidikan di bidang kesehatan. Peran dan kerja nyata tenaga kesehatan dari berbagai jenis profesi sebagai garda terdepan dalam upaya penanganan *Coronavirus Disease 2019* (COVID-19) sangat krusial dan dibutuhkan untuk mempercepat penanganan pandemik ini. Memberikan pelayanan kepada pasien terutama kepada pasien *Coronavirus Disease 2019* (COVID-19) menyebabkan tenaga kesehatan rentan untuk terpapar *Coronavirus Disease 2019* (COVID-19). **Tujuan:** Penelitian ini untuk Mengetahui Gambaran Umum Penyebab Tenaga Kesehatan Terpapar *Coronavirus Disease 2019* (COVID-19) Di RS X.

Metode: Penelitian ini bersifat deskriptif dengan pendekatan kualitatif. Metode ini digunakan untuk dapat menggambarkan dan menjabarkan uraian penjelasan tentang Analisis Penyebab Tenaga Kesehatan Terpapar *Coronavirus Disease 2019* (COVID-19) Di RS X Tahun 2020.

Hasil: Gambaran Fasilitas Alat Pelindung Diri (APD) di RS X bahwa ketersediaan Alat Pelindung Diri (APD) lengkap sesuai dengan peraturan yang berlaku namun ditemukan penggunaan masker N95 dengan sistem UV.

Gambaran regulasi penerapan kebijakan terkait jam kerja bahwa tenaga kesehatan bekerja melebihi jam kerjanya dan hal ini tidak sesuai dengan peraturan yang ada, tenaga kesehatan tidak juga dapat beristirahat diantara jam kerja dikarenakan penggunaan Alat Pelindung Diri (APD) yang tidak memungkinkan untuk tenaga kesehatan beristirahat seperti makan ataupun minum. Gambaran regulasi penerapan pelatihan/pendidikan di RS X bahwa pendidikan dan pelatihan sudah diberikan kepada tenaga kesehatan namun belum menyeluruh dikarenakan jam pelaksanaan dilakukan dijam kerja. Gambaran pengawasan penggunaan Alat Pelindung Diri (APD) di RS X bahwa pengawasan telah dilakukan sesuai dengan peraturan dengan dilaksanakannya kegiatan *round infection control*. Gambaran pemantauan proaktif deteksi dini di RS X sudah dilakukan sesuai dengan peraturan yang ada.

Kata Kunci : Tenaga Kesehatan, *Coronavirus Disease 2019* (COVID-19), Penyebab, Fasilitas APD, Regulasi, Pengawasan

ANALYSIS OF CAUSES OF HEALTH WORKERS EXPOSING TO CORONAVIRUS DISEASE 19 (COVID 19) AT RS.X YEAR 2020

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ABSTRACT

Abstract: Health workers are people who perpetuate themselves in the health sector who have knowledge and/or skills through education in the health sector. The real role and work of health workers from various types of professions as the front line in efforts to deal with Coronavirus Disease 2019 (COVID-19) is very crucial and needed to accelerate the handling of this pandemic. Providing services to patients, especially to patients with Coronavirus Disease 2019 (COVID-19) causes health workers to be vulnerable to being exposed to Coronavirus Disease 2019 (COVID-19).

Purpose: This study was to determine the general description of the causes of health workers being exposed to the coronavirus disease 2019 (COVID-19) in Hospital X.

Methods: This research is descriptive with a qualitative approach. This method is used to be able to describe and describe the explanation of the Cause Analysis of Health Workers Exposed to Coronavirus Disease 2019 (COVID-19) at Hospital X in 2020.

Result: An overview of Personal Protective Equipment (PPE) facilities at Hospital X that the availability of complete Personal Protective Equipment (PPE) is in accordance with applicable regulations but the use of N95 masks with a UV system is found. The description of the regulation of the application of policies related to working hours that health workers work beyond their working hours and this is not in accordance with existing regulations, health workers cannot also rest between working hours due to the use of Personal Protective Equipment (PPE) which makes it impossible for health workers to rest such as eating or drinking. An overview of the regulation on the implementation of training/education in Hospital X that education and training have been provided to health workers but not yet comprehensive because the implementation hours are carried out during working hours. An overview of the supervision of the use of Personal Protective Equipment (PPE) in Hospital X that supervision has been carried out in accordance with the regulations with the implementation of round infection control activities. proactive monitoring of early detection at X Hospital has been carried out in accordance with existing regulations.

Keywords : Health Workers, *Coronavirus Disease 2019 (COVID-19)*, Causes, PPE Facilities, Regulations, Supervision